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Town Crier

Wilmington edition
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Elementary school teachers, from left, Eileen Lemieux, Sandra Fraser, Karen Hebert and Eileen Willey were among the more than 150 Wilmington teachers who picketed Town Hall prior to the start of the school committee meeting last Wednesday. Teachers have been working without a contract and negotiations have been ongoing for the last 11 months. (photo by Jeff Nazzaro).

Neighbors: 'apartments forced down our throats'

by Jeff Nazzaro

The town might not want it, but it doesn't have a choice. Sometime this spring, Avalon Properties, Inc., a massive real estate investment trust company, will begin construction on a 12-building, 204-unit rental apartment complex on 25 acres of land in North Wilmington surrounded by Arlene Avenue and Salem and Ballardvale streets.

Monday night, in a voluntary effort, Avalon development director Anthony Ianuale and senior development director Bill McLaughlin introduced themselves to selectmen with an informal presentation on the proposed project.

More than 50 residents, mostly from the Arlene Avenue area, also packed into the meeting, peppering Ianuale and McLaughlin with questions on everything from traffic and wetlands, to lighting and parking. And in the end if not satisfied - they weren't - residents were not overly alarmed. Access will be from the less residential Ballardvale, and only Ballardvale, not Arlene, as many feared.

Still, the idea of an apartment complex in town - something officials here fought in court for nine years before the state appeals court gave the final word: issue a comprehensive permit - does not sit well with officials or residents.

"Since we've had this forced down our throats, we want to see what we can do to protect what we have left," Rooney told the developers, drawing applause from the residents.

And that's all that's left. The court has spoken. The decision cannot be appealed any further. All that remains is final approval

from the conservation commission, and a company like Avalon, which owns and manages 16,000 apartment units from here to Virginia, would not likely be involved in a project in danger of being snuffed by the conservation commission.

But Avalon pointed to its experience, its long term investment - they say they've never sold a complex and have never converted units from rentals to single-family dwellings or condominiums - as assurances that their "community" as they call it, will blend nicely with existing neighborhoods.

Some residents did seem to like the preponderance of green space shown on a preliminary development drawing. A large tract of land in the middle of the development is wet. Buildings will stretch primarily north and along Arlene Avenue, in places as close as 10 feet to houses there. Developers said they will try to configure the buildings along Arlene as close to the middle of the property as the existing wetlands will allow, and that they want to keep as much of the green as possible.

"Our objective is to keep it as green as possible," Ianuale said. "Quite frankly, it helps our marketing efforts."

As far as marketing, the complex will contain 56 one-bedroom, 24 three-bedroom and 124 two-bedroom apartments for an approximate total of 400 occupants. Rents will range from \$900-\$1,450 at market rate. Twenty percent of the units will be rented as low-income and carry rents estimated at \$450-\$900. Those units will be distributed evenly throughout the community.

Low-income units will be rented through an advertising process, with eligible candidates screened and chosen by Avalon. In other affordable developments in Wilmington, the town has retained control - and designated affordable units for Wilmington residents through a lottery - by approving the project at some stage. The town fought this project all the way and thus lost its ability to influence who the units will be rented to.

But McLaughlin said Wilmington residents, if they choose, would likely be well represented as tenants.

"The reality is generally we get a lot of local residents," he said.

Of course, after they move in, they'll all be Wilmington residents, which evoked more concerns from current residents about schools and buses and particularly traffic. Developers have not yet done a traffic study, a revelation that drew snickers from the crowd. Avalon said they will get to all that stuff, but that for now they are learning along with residents and the town.

But it's a lot of lessons residents in this neck of the North Wilmington woods don't want to learn, whether they are expressing complex concerns over wetlands and flooding or the simple fact that a major apartment complex will be built without a single approval from the town.

One resident, near the end of the meeting when the development was referred to as "a project," summed up at least the underlying mood perfectly: "Please don't call it a project," she said. "I came to Wilmington to leave the project. I don't want one in my backyard."

Teacher negotiations going in circles

by Jeff Nazzaro

More than 150 Wilmington teachers converged on Town Hall for last Wednesday's school committee meeting in a show of solidarity in negotiations for a new contract, which have been ongoing for nearly a year.

Carrying signs bearing messages such as "S.O.S." (standing in this case for "Support our Staff"), "If you think education is important prove it" and "WTA" ("We're Together Always"), teachers marched prior to the meeting's start in a large circle in the Town Hall parking lot.

But the most telling signs were the many reading to the effect of "Zero is a failing grade" and simply "Contract?"

Though there is a gag order on the mediated negotiations - particulars cannot be breached - it seemed from the signs that teachers were not being offered a raise as part of a new contract. School Committee Chairman Paul Palizzolo, who also chairs the negotiations subcommittee, said that assumption is "not totally accurate," but would offer no more. Teachers would not explain the "zero" message on their signs.

Inside Room 9, school committee members and Superintendent of Schools Dr. Geraldine O'Donnell - all of whom had to walk past the demonstration - tried in vain to act as if nothing out of the ordinary was happening. But a steady stream of teachers slowly crammed into the room, crumpling up printed leaflets and demonstrably tossing them into a wastebasket adorned with a sign reading "School Committee contract proposals" and signed "Teachers." More stood in the hallway.

After a few minutes, Palizzolo finally and cordially asked for quiet. That didn't stop the stream. After a few more minutes,

Wilmington Teachers Association Crisis Committee Co-Chairperson Beverly Shea, seated in the front row of chairs, got Palizzolo's attention: "Excuse me, Mr. Palizzolo," she said. "Wait a minute," he countered.

They didn't wait. Sensing the committee would not recognize them, the teachers filed out of Room 9 and into the auditorium, where Shea read the statement she prepared for the meeting.

The statement told of a pair of petitions "signed by more than 80 percent of the Wilmington teachers" and asking "only two things: fairness and respect."

"WTA members are committed to settling this crisis at the bargaining table," Shea read. "Therefore, we have thus far resisted withdrawing any services or engaging in any job actions. We continue to participate in mediation, but you must realize that with every week that passes, this crisis deepens."

When she finished - with "The lack of [a settled contract] has diverted teachers from being able to devote their full energies to the job we love the most - providing educational services to our students. We ask only for a fair and equitable contract that will end this crisis. We ask only for a contract that recognizes the professional needs of Wilmington teachers and our value to this school system" - the teachers burst into applause, which escalated to whoops and yells.

Referring back to the meeting itself, Shea told reporters "You now have a taste of what we have been dealing with for the last 11 months."

But Palizzolo holds up the demonstration as evidence of what his side has been dealing with.

"The teachers say we have been divisive," Palizzolo said. "If people look at their actions, I think

they'll see them as divisive."

He cited a lack of respect shown by teachers, even for a colleague. Music teacher Barbara Mette was before the board, trying to gain approval for a band trip to Walt Disney World - she did - while most of the in-room demonstration was going on.

Palizzolo called the teachers "disruptive." School committee member Judson Miller, also a member of the negotiating team, used stronger language: "totally ignorant," he called the teachers.

Palizzolo said he did not recognize the teachers at the meeting because they did not follow any reasonable protocol. Agendas are set in advance. But those not on the agenda are often allowed to speak, provided they at least contact the chairman before the meeting begins and ask to be recognized. Such was the case a few months ago when WTA President Carol Hayes was recognized by then Chairman Bob Surran. Palizzolo said he wouldn't recognize Shea Wednesday because the group came in during the middle of the meeting, with no prior notice.

Through it all, at least publicly, Palizzolo has remained positive. He said that Wednesday's display did not affect his stance on negotiations, one way or the other. A meeting was held the next night, in fact, though no agreement was reached.

"We believe very strongly in what we're negotiating for and nothing's going to deter us," Palizzolo said.

The two sides were scheduled to meet Wednesday (Oct. 16).

"I feel that [a contract] should be solved by then," Palizzolo said. "If it's not, I don't know what their reasoning is going to be. ... They say they want to get a contract solved and all they have to do is say yes."

Town Center Committee complete

by Jeff Nazzaro

Three weeks ago, when the Wilmington Board of Selectmen appointed five members to the Town Center Committee, the appointments did not come easy. At that time, Selectman Bob Cain and Chairman Jim Rooney clashed over procedure and Cain eventually walked out.

Monday night, the board added the final two names to the center committee list, those names coming from its own roster, the appointments coming a whole lot easier than the last time.

By a 4-1 vote, Cain opposed, Rooney and Selectman Michael Newhouse gained appointments. One motion, one second, one vote.

But Cain did take the opportunity to register his displeasure with the process used to appoint the previous five members.

Three weeks ago it was eventually decided that each member would nominate a candidate, to be voted on individually for appointment.

That process began with Cain, who nominated Ken Mastrullo, who in turn was appointed. Newhouse went next and his appointee, Diane Allan, also was nominated. Selectman Michael McCoy nominated Skip Moynihan, but he was not elected. Rooney's choice, Rocco DePasquale, was, but, by that time, Cain had left the room.

With four members appointed, Newhouse's turn came up again. He gave a nod to Noel Baratta, appointed as the fifth member.

Monday night, Cain pointed out that McCoy, in effect, had not appointed anyone to the committee, while Newhouse appointed two members. "I just wanted to make a comment on the procedure," Cain said.

But Rooney wasn't biting. He asked McCoy how he felt about having his only nominee not voted in. McCoy appeared not to have a problem with it. "The majority wins, so ... I'm just going to go along with it," McCoy said. "The appointments have been made."

As it stands, the members of the

Wilmington Town Center Committee are: Ray Forest, Michael Matt, and Dick Longo (town manager appointees); Carole Hamilton and Jim Diorio (planning board appointees); Patricia Duggan and Charles Gilbert (redevelopment authority appointees); Town Manager Michael Cairra and Planning/Conservation Director Lynn Duncan; Rooney and Newhouse; and Mastrullo, Allan, Joe Langone, DePasquale, and Baratta.

Now that the committee is in place, it is charged with trying to figure out the quandry that is the town center. The committee will hold its first meeting Thursday, Oct. 17 at 4:00 p.m. in Town Hall Room 9.

Senior tax work off program flourishing

by Jeff Nazzaro

The Senior Citizen Property Tax Work Off Program, proposed by former Selectman Diane Allan and approved by Town Meeting voters two years ago was so successful that last year Town

Meeting voted to expand it. The total expenditure for the program, which allows senior residents to work for the town in exchange for a maximum \$500 Senior Tax Program (continued on page 16)

Rotary auction coming soon

by Capt. Larz Neilson

The Rotary Club of Wilmington, now over half a century old, has done more than its share in providing for the people of Wilmington.

Many high school graduates every year are rewarded with college scholarships. One cannot walk toward Wilmington Square without seeing a spacious playground made of an old cranberry bog.

The money for these efforts is raised in the annual Rotary Auctions. The auctions, this year, will start at 7:30 p.m. on Friday, November 30 at the Wilmington K of C Hall on School Street Extension.

There is to be a preview of the auction on the Wilmington TV station, WCTV Ch. 30, from 6:30 to 10:30 p.m. Donations to the Auction are tax deductible.

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Wilmington special town meeting warrant features changes

by Jeff Nazzaro
With less than two weeks to go before the Oct. 28 Special Town Meeting (WHS Barrows Auditorium, 7:30 p.m.), Wilmington voters have one less article and one more NESWC option to choose from.

Here then is a final preview of the meeting's warrant, which now numbers seven articles, three by way of petition.

• Article 1: NESWC. North East Solid Waste Committee. The town has 10 years left on a bad deal and needs to direct the board of selectmen/town manager as to what to do about it.

Town Manager Michael Cairra will make the motion and will give a presentation as to why he feels the town should extend the current agreement, at level tipping fees, 20 years to 2015. A yes vote will allow him to do that. "I believe from a financial point of view, that is in the best interest of the town," Cairra said at Monday's selectmen meeting. A no vote means the town sticks with the current deal, over in 2005.

The finance committee voted to let the town manager make the recommendation on this one.

• Article 2: Chapter 90. Standard housekeeping article that says yes, we'll accept state funds. A yes vote moves \$96,190 from available funds into the Chapter 90 Construction Fund Account. FinCom recommends approval.

• Article 3: A quarter used to be a nickel. Housekeeping measure that allows the town to sell surplus equipment valued at more than \$500. FinCom says do it.

Certainly, voters wouldn't want the town selling off old dump trucks without a say-so, which is the thinking behind the law which forces the town to get voter permission to sell property valued over \$500. Cairra wants the ante on this one raised - look for it on the 1997 Annual Town Meeting warrant.

"Five hundred dollars in 1950 is not what \$500 is in 1996," Cairra said.

• Article 4: Busing. The school department put forth this one, seeking \$54,000 to add four buses to the fleet. Now, they have withdrawn it. No more Article 4.

• Article 5: Sex. Here the planning board seeks to establish an "adult use district" that would limit where an "adult entertainment" business could locate in town - namely to the northern

most point in the town, on Ballardvale Street. Without a district, there could be porno theaters on Main Street. With it, there could be porno theaters on Ballardvale Street, though the prospects would not be likely. Still, those residents close to the proposed district are not pleased.

Approval recommended by FinCom.

• Article 6: For sale sign. The town will put up for sale a 4,000 square foot parcel of land, with a deed restriction saying the prop-

erty can not be built upon.

A petition article originally without the restriction, the FinCom likes it, but only with the no-build contingency.

• Article 7: Easement. A petition bid for an easement to construct a sewer main.

The finance committee recommends disapproval.

• Article 8: Civility. Paul L. Boudreau's petition to be allowed to take the firefighter's civil service exam, despite the fact he exceeds the age limit of 32.

FinCom says: approve it.

McGrath a semi-finalist for Merit Scholarship

It was announced September 11 that Michelle McGrath, a senior at Tewksbury Memorial High School, is a semifinalist in the 1997 Merit Scholarship competition. Semifinalists named are among more than 1.1 million students in some 20,000 U.S. high schools who entered the 1997 Merit Program as juniors by taking the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

Using this qualifying test as an initial screen of program entrants, the highest scorers in each state were designated Semifinalists, in numbers representing about one half of one percent of the state's high school graduating class.

Michelle McGrath is a young lady who is gifted in many areas. An excellent student, she has consistently done well in the most challenging courses. Her sense of maturity, her common sense, superior intelligence and kindness

have endeared her to all with whom she comes in contact.

As a junior, Michelle achieved a verbal score of 80 and a math score of 66 on the PSAT Exam. She also did well on the SAT I which she wrote in January of 1996 scoring a verbal of 720 (97 percent) and a math 710 (96 percent).

Michelle is also very involved in the school's extra curricular program. She is a dedicated and dependable member of the Student Council of which she has been a member for two years and to which she has given unselfishly of her time and talents. Michelle is also a member of the Junior Classical League, the Junior Prom Committee and the International Club. She has taken part in the Spring Musical for the last two years and works part time.

Michelle hopes to attend a good college which will prepare her for graduate school in a Doctorate Program for Psychology.

Trash refusals start Monday in Tewksbury

All Tewksbury residents are expected to participate in the curbside recycling program. It is clear that some residents are not doing their part in recycling.

One of the more obvious offenses is in weekly paper collection. Clean paper (including newspapers, magazines, catalogs, junk mail excluding window envelopes, collapsed cereal boxes without liners and white paper) should appear in recycling bins each week. Everyone has paper that could and should be recycled each week, from the categories listed above.

Measures will now be taken to enforce the town's recycling regulations. Be advised that people who do not recycle will be issued a warning sticker by the Canelas

Company. After the second warning sticker, their garbage collection will be suspended. The warning system begins immediately. Suspensions of garbage collection will begin the week of October 21, 1996.

Offenders will need to contact the Canelas Company or the Town Manager's Office to discuss reinstatement, after they have demonstrated that they have sorted their recyclable items from their garbage.

Every household has been provided with a blue recycling bin. New residents are entitled to a recycling bin. These are available at the DPW. If you wish to purchase additional recycling bins, you may do so at the DPW.

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BY JOYCE BRISBOIS
Certified Public Accountant

WHAT'S A SEP?

As a tax-advantaged retirement savings plan, the SEP (Simplified Employee Pension) plan offers some real advantages over its cousins, the IRA and the Keogh. It's more deductible than an IRA in some cases, and more money can be contributed; and the plan is much easier to open and to administer than a Keogh.

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Editorial

Nona D. Above for President

by Bill Conlon

"I never vote for anyone. I only vote against." --W.C. Fields

Any reason to vote is good enough, even if it's a "vengeance" issue. Any motivation to visit the polls on Election Day is worth pursuing.

She doesn't like Senator Kerry's chin. Fine and dandy. Bounce him. His replacement can be trained quickly and easily enough.

He thinks Peter Blute has lousy taste in neckties. What more reason do you need? Fire when ready!

On Election Day, I try vote for the candidate of my choice, if I can find one. I really do. But on Primary Day, I always vote against. As a solid "unenrolled" voter, I get to select the ballot of my choice for the Primary, and I always pick the ballot with the person I would LEAST like to see in November, then vote for anyone else on the page. Anyone.

Does that mean I'm throwing my vote away? Not at all! I'm trying to throw people out of office, is all. My biggest power as an American citizen is my right to vote, and I use it. Whether to support a cause or to throw out the garbage, I don't care. If every politician gets thrown out of office at every election, that's just fine with me. Job turnover brings new ideas.

I've heard that some states are experimenting with "None Of The Above" as an option on Election Day. If you don't like any of the candidates, you get to choose None Of The Above and they have to redo the election with new candidates.

Too bad we couldn't vote None Of The Above for President, isn't it? We don't have much of anyone worth voting for this year. So vote against!

10 years ago

Wilmington

Matthew Grund of Pine Street, was among the 1,126 freshmen enrolled at Carnegie Mellon University.

Dan Morris grew a 102 pound watermelon and won a \$100 gift certificate from Mahoney's Too, sponsor of the contest.

Second place in the contest went to Fran Bowers and her 101 pound squash. She received a \$75 dollar gift certificate.

Beth Torre took third place and a \$50 gift certificate with her 93 pound pumpkin. Beth was the only non-Tewksbury grower to place in

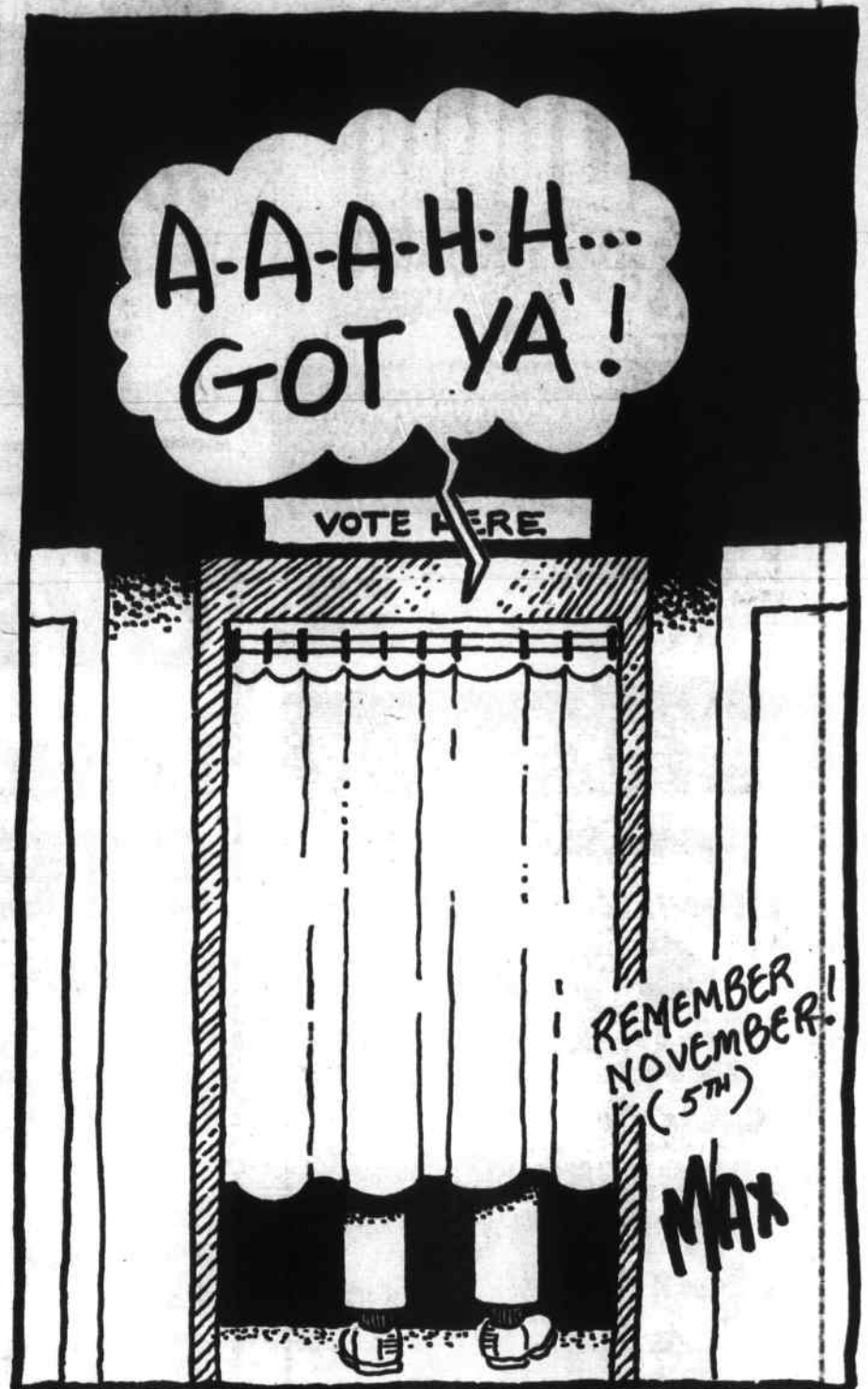
the event.

Fourth and final spot went to Mark Roper for a 74 pound squash that earned him a \$25 gift certificate.

Senior Ed Sipowicz gave the Redmen a 2-0 lead in the first eight minutes of the Tewksbury/Haverhill soccer game.

In the Tewksbury-Billerica contest, backs Ricky LeDuc, Tim McCaffery, Marc Paglia, Bob Field and Dave Bufano played superbly while goalkeeper Dan Fiore recorded his second shutout of the season.

A COOL ~~Cruet~~ Trap... THE VOTING BOOTH



Letters to the editor

Some more arguments levied in favor of Question 1 ... and, below, against Question 1

Letters to the editor

Invaluable training

Dear Larz:

On behalf of the Tewksbury Fire Department I would like to publicly thank Tewksbury Industries, Inc. and Tewksbury Transit, Inc. for their assistance in developing and sponsoring a specialized course designed to better prepare our firefighter/EMTs and firefighters in the event of a school bus emergency within the town of Tewksbury.

John French of Tewksbury Transit provided the members of our department with a school bus walk through of a Tewksbury School Department-approved bus. John pointed out the safety features built into their fleet of buses and provided needed information as to their internal structural design.

This information was incorporated into the hands-on extrication training which took place at Tewksbury Industries on East Street. Gary Anderson of Tewksbury Industries provided a safe

training area in which our members worked to systematically dismantle a school bus provided by his company.

This type of training is invaluable due to the rare occurrence of school bus accidents within our community. A school bus emergency can not be treated in the same manner as a motor vehicle accident. The entrapment of a large number of frightened children is a serious challenge to even the best equipped and trained departments.

Through on going training in the latest extrication techniques available, we hope to continually be on the cutting edge to better serve our community now, and in the future.

Thanks once again to these companies for donating their services to help make Tewksbury a safer place to live and commute in.

Sincerely,

Michael A. Hazel
Tewksbury Fire Department

A voice for seniors

Dear Larz:

Wilmington voters will have an opportunity on election day when they can cast a vote for Charles A. Murphy for state representative.

Running to fill Marianne Brenton's seat, Murphy is the Democratic candidate for state representative who has the honest desire to serve the people, not politics in our community. I am proud to be a long time resident for many years in town and I am impressed with Murphy as an area activist since well before this state representative race.

I hope the senior citizens will join me in supporting him. We are all concerned with the drastic proposal regarding Medicare and Medicaid in Washington, D.C. The outcome of those discussions is not yet clear. However, changes will be made and it is clear that more of the financial respon-

sibility for these senior-sensitive programs will fall on individual state legislatures.

Murphy, as a lifelong resident [of Burlington], with family, friends and a business in the district, he shares the concerns and mounting impact they have on you. As a state representative, he will provide a thorough and thoughtful approach to these challenges.

The 23rd Middlesex District is in need of a strong leader who will resist the temptation to choose shortsighted extreme government responses to the perception that government provides too many resources to our senior citizens.

Please join me to vote for an advocate and a friend on Nov. 5.

Pat Duggan

Treasurer
Wilmington Democratic Town Committee

Dear Larz:

Question #1 on the Massachusetts ballot (the Wildlife Protection Act) asks citizens to consider banning two cruel and inhumane practices - the use of steel-jawed leg-hold traps and hounding bears and bobcats with dogs - and broadening representation on the Fisheries and Wildlife Board to reflect the wildlife interests of all citizens in Massachusetts.

Most Massachusetts residents are probably not aware that all aspects of wildlife protection and management in the state are carried out at the discretion of the seven-member Fisheries and Wildlife Board.

They control fish hatcheries and the stocking of our ponds and streams. They determine what kinds of weapons, traps, and other gear can be used in recreational harvest of wildlife. They set hunting seasons. They oversee management of the state's open space.

Given the immense power of this group over all the Commonwealth's wildlife, let us play governor for a moment and ask ourselves who we ideally would appoint to represent the citizenry on such a board.

I would suggest three basic criteria for the membership as a whole: (1) the broadest possible

expertise in matters relating to wildlife; (2) the broadest possible representation of citizens with specific interests in the state's wildlife; (3) demographic representation reflecting the different wildlife interests of rural, suburban, and urban residents, and other relevant constituencies.

Given these criteria, the board membership could include a population biologist; a doctor of veterinary medicine; a representative of a conservation organization; a freshwater fisherman; a hunter; a member of a non-consumptive wildlife interest group such as a bird club or wildflower society; a member of the humane community.

Currently, the regional representation of this membership is pretty good because it is based on the Division's wildlife management regions. But as to the breadth and depth of knowledge and representation of wildlife constituencies (six hunters and one biologist), the board is, to put it gently, lopsided. This is not the governor's fault.

The present statute mandates that five out of the seven board members hold sporting licenses for five consecutive years and that four members must represent hunting, trapping, and sport fishing interests. Forty-three states

have no quotas for their wildlife boards.

All Question #1 asks is that this consumptive use bias be removed, allowing the governor to appoint whomever he or she so chooses. It does not mandate the kind of diversity I have suggested above, it just lets citizens lobby for a place at the table.

I have read three arguments in various letters to the editor columns for maintaining the status quo on the fisheries and wildlife board.

The first argument is that the change would open the board up to amateurs who would replace experienced wildlife experts. In fact, the reverse is true. With all due respect, the expertise of the present board is excessively narrow and not very deep. The present law virtually ensures that this is so.

The second argument is this: The system has worked well so far, don't mess with it. This is the kind of "working well" that tends to prevail when the roost is ruled by birds of a feather. I hope that game management in the state is working well and it should continue to do so.

But it is only a tiny fraction of wildlife interests in the state (only three percent of our citizens hunt). What we have now is a hunter's board making decisions

about the state's biological resources. It may be "working well" for consumptive users of wildlife. For the rest of us, it's not working at all.

The last argument relates to taxation and representation. Essentially it says that sportspeople pay the bills at the Division through license fees, so they own

the board and get to call the shots. This is nonsense.

License fees are levied for two reasons: (1) To pay for the services rendered specifically to the licensees. Who should pay for pheasant stocking if not pheasant hunters? (2) To compensate the state (i.e. the majority of taxpayers) for native wildlife consumed by a minority. A \$27.50 license allows a hunter to take a deer that belongs to all of us. By right such funds should go where they are most needed to protect Massachusetts wildlife whether game or non-game. Instead, they now go mainly to support the deer hunting infrastructure.

This is an outdated system that most states fixed years ago. Let's repair ours in November.

Sincerely,

Christopher W. Leahy

Director

Center for Biological

Conservation

Massachusetts Audubon Society

Against 1

Dear Larz:

I would like to tell you about an episode in our town's history and its impact on our water supply and public health. It is an example of the kinds of problems other cities and towns are likely to experience if the voters allow Question 1 to pass on the November ballot.

I am the superintendent of the Chelmsford Water District, which pumps more than three million gallons of water daily for the consumers in Chelmsford.

From 1988 to 1992, the town of Chelmsford banned trapping as was mandated for the state by this new law. The forces behind that ban were the "animal rights" activists in town and their supporters from across the state and country.

Within a very short period the uncontrolled beaver populations exploded and increased damming on the town's waterways. The result was harmful to the town's water supply and public health, and costly to alleviate.

Testing completed and reported to the state Department of Environmental Protection forced the

closing of one well and the intense chlorination of another. The one well remained closed throughout the winter and was only opened after intense pumping and chlorination of the water later that year.

The effort to eliminate this contamination was very costly to the district's consumers, and was a waste of precious water resources. It has also forced the town to continue to chlorinate its water and is likely to do so into the future, adding other costs to our town's water supply bills.

In 1992 the town public health and water district officials urged a repeal of the ban on trapping. At a special town meeting the voters overwhelmingly rescinded the ban. Unfortunately, that did not end the damage that had been done.

Question 1 would place excessive restrictions on wildlife management in this state. I urge voters not to risk endangering the health and safety of the residents of Massachusetts. On Nov. 5 please vote no on Question 1.

Robert E. Doak

Town Crier

Tewksbury - Wilmington

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Wilmington police news

Arrests

Thursday, October 10

Cynthia Dunnett, 36, of 77 Middlesex Ave., Wilmington, arrested on Main Street by Officer David Bradbury and charged with operating a motor vehicle after suspension of license. Also arrested on the basis of two warrants issued by Concord District Court.

Friday, October 11

Charles Paulo, of 23 Olney St., Billerica, arrested on Main Street by Officer John Bessi and charged with shoplifting over \$200.

Saturday, October 12

Richard J. Silva, 32, of 4 Country Rd., Hingham, arrested on Salem Street by Officer Bradbury and charged with a second offense of operating a motor vehicle under the influence of alcohol.

Miccal T. Camic, 24, of 501 Cardinal Ct., Wilmington, arrested on Richmond Street by Officer Louis Martignetti and charged with operating a motor vehicle after suspension of license and revocation of registration.

John Holmes, 54, of 13 Benson Rd., Wilmington, arrested on Benson Road by Officer Harold Hubby and charged with domestic assault and battery and violation of a 209A restraining order.

Sunday, October 13

George A. Silva, 37, of 6 Fairfield Rd., Wilmington, arrested on

the basis of a felony default warrant and charged with operating a motor vehicle under the influence of alcohol and giving a false name to a police officer.

Larcenies

Tuesday, October 8

A \$225 larceny by check was reported at a Lowell Street restaurant.

A motor vehicle was stolen from the parking lot of a business located on Fordham Road.

Thursday, October 10

A Bostich roofing air gun, a Bostich framing gun and a 100-foot air hose, total value \$900, were reported stolen from a shed at an Andover Street business broken into last week.

Friday, October 11

A shoplifting of more than \$200 at TJ Maxx at the Wilmington Plaza resulted in an arrest.

Saturday, October 12

A chrome Mongoose bicycle valued at \$300 was reported stolen.

Sunday, October 13

A \$450 shoplifting was reported at a Main Street retail establishment.

A larceny of less than \$50 occurred when a motorist left a Main Street gas station without paying.

Disturbances/Vandalism

Tuesday, October 8

A resident reported speeding cars and motorcycles on Faulkner Avenue.

A report of two males smashing up a car in the parking lot of a Main Street Dunkin' Donuts was unfounded.

Wednesday, October 9

A large tree limb obstructing Burlington Avenue was moved. Harassing phone calls were received at a Main Street business.

Police received several reports of fireworks being lit on Grant Street.

Thursday, October 10

A man reported being bitten by a cat in his shed on Nickerson Avenue.

Friday, October 11

The red light on Route 38 northbound at Church Street was reportedly out.

A man whose car windshield was smashed on Woburn Street, complained that youths throwing apples were responsible.

Harassing phone calls were received at a Swain Road home.

Reports of illegally dumped trash were received from a West Street business.

A Harnden Street resident reported four flat tires to a vehicle.

Saturday, October 12

A motorist reported that thrown apples struck his windshield. The apples came from the railroad tracks at the end of Westdale Avenue.

A cracked windshield at a Jon-spin Road business was reported.

Sunday, October 13

The attempted breaking and entering of a Castle Drive residence was reported. A front porch screen had apparently been attempted to be pried open.

Barking dog, Mystic Avenue.

Monday, October 14

A dumpster fire was reported at a Main Street Dunkin' Donuts.

A dead fox was reported in the back yard of an Avon Street home.

A chipmunk in a house on Tomahawk Drive was scooped up with a barrel and let out into the wild.

Loud music was complained against on Church Street.

A tree limb fell on wires near a Marion Street home, causing occasional sparks. Reading light was notified.

Traffic Accidents

Tuesday, October 8

A tree company truck working on Salem Street knocked over a fire hydrant.

A two-car accident involving property damage on Middlesex Avenue was reported.

Wednesday, October 9

A car struck and damaged a mailbox on Hopkins Street and then went off the road; no injuries were reported.

A pair of two-car accidents involving property damage, one on

Lowell Street, the other on Church Street, was reported.

Two 911 calls were received after a 9-year-old girl ran into traffic and was apparently struck by a car. No injuries were reported.

Thursday, October 10

An accident involving property damage was reported on Ballardvale Street.

A three-car accident involving property damage only was responded to on Ballardvale Street.

A two-car accident involving personal injury was responded to on Lowell Street. Two Wilmington residents were transported via ambulance to Lahey-Hitchcock Clinic in Burlington.

A two-car accident on Aldrich Road left considerable damage to

at least one vehicle and resulted in the transport to Lahey of one operator.

Friday, October 11

A minor accident was reported on Lowell Street.

An accident on Main Street involved possible injuries.

A two-car accident involving personal injury was reported on Lowell Street.

A three-car accident on Lowell Street resulted in personal injury.

Saturday, October 12

A two-car accident involving personal injury was responded to on Concord Street.

Sunday, October 13

A very minor two-car accident on Main Street was reported.

Tewksbury senior topics

The annual crafts fair at the Tewksbury Senior Center, 175 Chandler Street, will be held Saturday, October 19 from 9 a.m. to 3 p.m. The public is welcome to drop in and browse among the many craft tables. Other features of the fair will be a bake table, a country store and luncheon specials from the kitchen crew. All are welcome.

The Council on Aging will hold its regular monthly meeting Thursday, October 17 beginning at 3 p.m. in the main hall.

Softball cheerleaders are reminded that their final practice for Sunday's exhibit will be Thursday, Oct. 17 at the Senior Center beginning at 6:30 p.m.

The Tewksbury Piecemakers will conduct a "pumpkin centerpiece project" for our seniors Tuesday, October 22, in the main hall of the Senior center beginning at 9:30 a.m. Any senior interested in participating should make special note that he/she must sign up by this Friday. To sign up please drop by the Senior Center or call 640-4482. There is no charge for this project.

Due to the popularity and payment due dates of the following day trips, seniors should take note of the payment deadlines: Payments due this Friday, Oct. 18, for "Definitely Doris" trip of Oct. 30; Riverdance play in Boston on January 26 (the theater is flooded with bookings and will not hold any tickets after this date!); and, lastly, those wishing to attend the Senior Center Halloween party should obtain their tickets by this Friday. Payments for the Bobby Mercer Thanksgiving Day trip of Nov. 8 are due by Oct. 25 and payments for the Glen Anthony Show of Dec. 11 are due by Oct. 31.

Lists of day trips and special events are located on the front desk at the Senior Center. One may also call 640-4480 or 640-4482 for information on all events.

The Diabetes Support Group will

hold a meeting Tuesday, Oct. 22 at the Senior Center beginning at 7 p.m. Nutritionist RN Hayes, will continue her lecture series at this meeting. All are welcome.

Those interested in the embroidery classes conducted by Eleanor Corey on Thursday mornings should note that a new project will begin Thurs., Oct. 24. The project will be a "hardanger" embroidery stitch. For more information on supplies and class cost, one may contact Linda or Carol at the Senior Center. A diagram of the piece will also be on display in their offices.

The next Cootie party scheduled at the Senior Center will be held Monday, Nov. 4 beginning at 1:15 p.m.

As previously noted, the Tewksbury Board of Health will hold its flu clinics on the following dates: Tues., Nov. 5 at the Senior Center from 9 to 11 a.m.; Tues., Nov. 12, at the elderly housing halls 9 a.m. at Carnation Drive; 10 a.m. at Saunders Circle; 10:30 a.m. at Delaney Drive; and at the Recreation Center on Livingston Street from 7 to 8 p.m.

The Council on Aging will co-sponsor a podiatry clinic by Dr. Smith on Tues., Nov. 12 beginning at 8:30 a.m. Appointments are made upon signing up and making a copayment of \$10. Due to a time factor, the clinic is limited to the first 20 seniors who sign up.

Other events coming up are: the Share D-Day and registration for the November food package on Sat., Oct. 26; the Home Town Buffet and Christmas Tree Shop trip of Wed., Nov. 13; the Sweet Adeline's performance trip of Sun., Nov. 17; and the day trip to Angelica's for lunch and a show on Tues., Nov. 19.

Have a pleasant week and hope to see you at the Craft Fair on Saturday!

Krystal Rose crowned

Krystal Rose Robarge, a 6-year-old first grader at the Shaw-sheen Elementary School in Wilmington, won first place recently in the Miss Winnisquam Beach Pageant.

The Robarge's have had a trailer at a campground for the past five years at Lake Winnisquam in N.H.

Krystal Rose was one of six finalists ranging in age from 4-16. For the show, entrants could choose either a patriotic or a camping theme. Krystal Rose wore her "stars and stripes" and performed vocally one of her uncle's songs.

Her uncle is Bruce Bennett of the Wilmington band Star Collector. The singing of one of Bruce's songs is actually a form of return tribute - Bruce named his music publishing company, Krystal Rose Music, Inc., after his niece.

The pageant ended with a fashion segment and then a question and answer period.

Asked what she would choose if

she could do anything to make the campground a better place, Krystal Rose replied "I would bring all the people from the lake and the campground together as friends."



Krystal Rose Robarge

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Tewksbury golden age

On October 8 the Golden Age Club conducted a fashion show to a sellout crowd. The clothes, were courtesy of Marshall's Department Store of Tewksbury. Thanks to all the models. The women were absolutely gorgeous. The men were extremely handsome. Thanks to all the entertainers, our accompanists, our commentator, everyone who helped in anyway whatsoever.

Our favorite baker John Costa baked 500 cookies for this affair. Stacey Sepowicz offered her performance in modern jazz, which was partially funded by the Tewksbury Arts Lottery Council.

A big thanks to Betty Welch, chairperson for making this another Golden Age Club success. The door prize of a \$25 gift certificate to Marshall's was won by Lillian Cefalo.

Trips: The New York Trip for November has been canceled due to lack of interest. Several new trips have been posted on the GAC bulletin board for next year. One is a seven night trip to Bermuda out of Boston on the Royal Majesty. Those interested are urged to attend a Cruise Night at Tewksbury Senior Center, Tues. night, Oct. 22 at seven.

Sympathy is extended to Golden Age Club member Pauline Cote on the loss of her daughter.

Happy birthday/anniversary to all those celebrating in October.

The next Golden Age Club meeting will be held Tues., Nov. 12; 1:30 p.m. with bingo following.

Rose McKenna, President
Golden Age Club

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What's fall without a pile of leaves and a bunch of kids? For years Hank Halas (now with his trusty leaf blower) has provided the leaf pile and the Brattle Street neighborhood where he lives has provided the kids. In the pile are some Cushing's - Peter, 5, Tommy, 4, and Lauren, 10 - and some Zarella's - Samantha, 6, Robbie, 5, and Valerie, 10 (photo by Jeff Nazzaro).

Low cost public flu clinics

As a public service to the community, the Visiting Nurse Association of Middlesex-East and Visiting Nurse Hospice have scheduled many low cost public flu clinics throughout their service areas. Contract agreements with CVS Pharmacy and Stop & Shop have expanded the VNA's ability to provide shots at convenient locations during October, November and December. It is expected that clinics conducted by the group will deliver flu vaccinations to over 3,000

consumers.

Almost everyone 65 and older should get a flu shot. It's also important for those with a long term illness, and for those who spend a lot of time around sick or elderly people to also be protected against this year's virus. It is however, recommended that people of all ages receive a flu shot.

Medicare Part B pays for the cost of the flu immunizations. Persons covered by Medicare B should take their card to the clinic for proof of eligibility. Medicare will be billed directly. Others will be charged a minimal fee for the vaccination.

Public flu clinics include: North Reading, CVS, 22 Main Street, Thurs., Oct. 17 9 a.m. to noon; Woburn Stop & Shop, 3 Elm St., Friday, Oct. 18 from 4 to 7 p.m.; No. Reading St. Athanasius Church, 400 Haverhill St., Mon., Nov. 4, 9:30 to 11:30 a.m.; Tewksbury CVS Stadium Plaza, 10 Main St., Tues., Nov. 5, 8 to 10 a.m. and 2 to 4 p.m.; Woburn Stop & Shop, 3 Elm St., Fri., Nov. 15, 4 to 7 p.m.; Woburn Stop & Shop, Mon., Nov. 18 from 9 a.m. to noon; Tewks. Oakdale Mall, 1900 Main St., Thurs., Nov. 7, 10 a.m. to 1 p.m.

Wilmington library notes

WHS yearbooks needed

The library has a collection of Wilmington High School yearbooks which date back to 1945. The yearbooks which are missing from this collection are 1980 and 1989. We would like to fill in those years and add earlier years to complete and broaden the collection. Please contact the library if you have copies of these WHS yearbooks and would like to donate them.

New reference/adult services

Laura Hodgson, formerly circulation librarian at Wilmington Memorial Library, has become the new reference and adult services librarian. Ms. Hodgson is a graduate of Simmons College Graduate School of Library and Information Science. As the circulation librarian for three years, she is well known to the many library patrons she has helped. Congratulations Lori!

A reference librarian is one of the library's most valuable resources. If you can not find the information you want or the computer is not being "user friendly," ask the reference librarian for help. Another staff librarian who frequently covers the reference desk is Laurel Toole, technical services librarian. Whoever is working at the reference desk is trained to help you on your information quest. Please keep in mind that the library is a busy place, especially during after school hours. We ask for your patience during these busy periods.

October book display

Laurel Toole, technical services librarian, has put together a book display highlighting "October is the Month for." Campaign for Healthier Babies, Oktoberfest, Consumer Information Month, National Dessert Month, National Clock Month, and National Breast Cancer Awareness Month. The books on display can be checked out or we can help locate other books on these subjects.

Welcome back

We would like to welcome Dorothy Wiberg back to work. She has returned after an extended illness. Library patrons who know Dorothy will be pleased to see her in the library again.

Children's librarian reviews

Children's Librarian Sharon Ruefenik recommends a new book this week for middle school readers who are interested in dolphins. The Music of Dolphins by Karen Hesse is about a dolphin girl named Mila (Miracle in Spanish) who is rescued from her sea home and family. Dr. Beck brings Mila to a center for scientific study to learn language and socialization for human beings.

Mila quickly surpasses the learning ability of the other feral children at the center and exhibits a talent for music. But as Mila's thoughts become more sophisticated, her perception of human beings becomes more dismal. Homesick, Mila rapidly regresses and Dr. Beck agrees to send the dolphin girl home. Mila is not portrayed as a beautiful mermaid but as a creature physically scarred by the elements. This highly original work will be enjoyed by thoughtful readers in grades six through eight.

For preschoolers and children in the early grades, Ms. Ruefenik recommends The Bear by Raymond Briggs, the author of the popular book The Snowman. A polar bear visits Tilly one late night and remains until the next night's moon calls him home. Tilly cares for him while her kind but preoccupied parents are unaware of his presence. "You do cause a lot of work," she scolds like an overworked mother. Although the book begins as wordless picture frames, dialogue is quickly introduced. Children will envy and applaud Tilly's real live bear friend.

Story hour tree

As you enter the Children's Room, you will see the Story Hour Tree where all the "owls" who attend story hour are perched. Help your child find his or her name on this

display designed by Susan MacDonald, assistant children's librarian.

New books at the library

Adult nonfiction: The Secret War for the Union, the Untold Story of Military Intelligence in the Civil War by Edwin C. Fisher; Gilda's Disease, Sharing Personal Experiences and a Medical Perspective on Ovarian Cancer by M. Steven Piver; Desert Queen, the Extraordinary Life of Gertrude Bell by Janet Wallach.

Pocket Billiards, Fundamentals of Technique and Play by Bogdan Pejic and Rolf Meyer; Born to Rebel, Birth Order, Family Dynamics, and Creative Lives by Frank J. Sulloway; Travel Alone and Love It, a Flight Attendant's Guide to Solo Travel by Sharon B. Winkler.

The Doll Sourcebook, a Complete Directory of Supplies and Services for Making, Selling and Collecting Dolls by Argie Manolis; Easy to Build Shelving and Storage, Practical Projects for the Home Workshop by Tim Snyder.

Children's picture books: The Ghost of Nicholas Greebe by Tony Johnston; The Tale of Hilda Louise by Olivier Dunrea; Boo! by Colon McNaughton; The Language of Doves by Rosemary Wells; The Blushful Hippopotamus by Chris Raschka.

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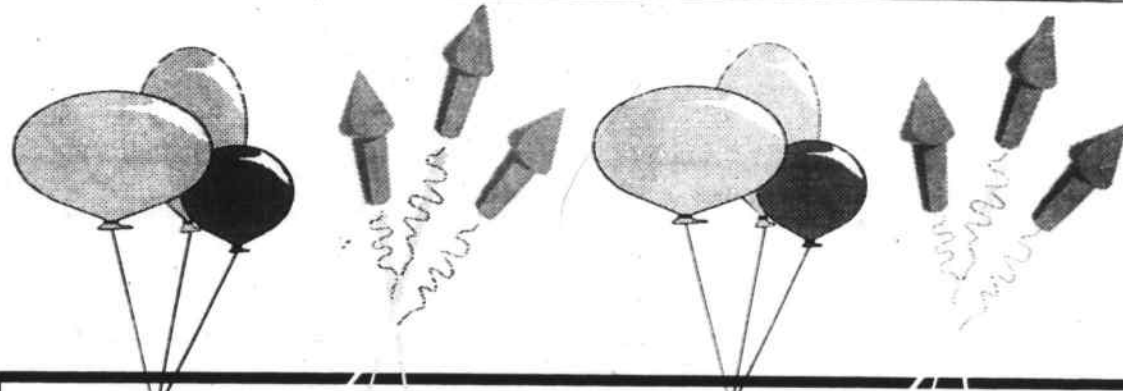
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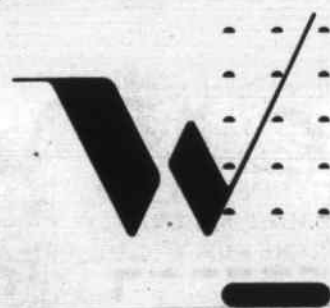
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Wilbur still keeps the church perfect

by Darlene Berry

He's 82 and younger than ever. In good spirits, and great physical shape, Wilbur Spanks defies the meaning of old age.

A resident of Wilmington for half a century, Spanks can often be seen riding his bike through town. Winter, summer, it's all the same to him. "I'm never cold," Spanks said, adding that he even rides his bike during blizzards.

Spanks describes his bike as "old fashioned with a back brake."

Everyday presents a new adventure, as he rides through town, never knowing his destination. Though, Spanks admits that he never strays from the perimeters of town - "I wouldn't know how to come back, if I left Wilmington," he says.

Besides riding his bike, Spanks enjoys a rather rich life. A retired school custodian, Spanks continues to work for the Congregational Church in Wilmington.

"I keep the church perfect," he said, when asked to describe his position.

Spanks currently works three days a week, in a job that he has held for 46 years. Spanks feels a special connection to the church, one that he couldn't quite articulate, except that it makes him feel "at peace."

Born in Malden, Spanks lived in Nova Scotia, Canada, for a year, before permanently settling in Wilmington. Following World War II, Spanks tried his luck as a fisherman. He worked on a fishing boat, catching tuna and her- ring.

"It was beautiful," Spanks recalled. "I lived on a peninsula in a small village." Despite its beauty, it was a village, where people spoke French. "I didn't talk too much," said Spanks. He left because the industry wasn't very profitable.

After deciding to return to the United States, Spanks settled in Wilmington, attaining a job as a custodian in the school system. He rattled off a long list of schools he worked in, including the White-



field School, Walker School, Abundant Life School, and Wilmington High School - to name a few. He loved the children, and they loved him!

If he caught a student acting inappropriately, he would inform the child's mother, but not the principal.

"I always protected the children," he said, adding that he looked for the "good in every child."

Spanks reminisced about the time when he was a clown in a school play. He tripped walking up the stairs because of his big shoes. Meanwhile, his two baskets of candy went flying everywhere. "I couldn't turn red because I was all made up," he said with an enormous smile on his face.

A meticulous man, Spanks has fallen into a remarkable routine. Every morning, he awakes at 5:00 a.m. to cook himself a hearty breakfast. "I love to cook," he said.

Mid-morning, he'll usually go

on his daily bike ride, stopping to talk to many of the familiar faces around town. Although he doesn't work everyday, one routine he'll never miss is dinner, which comes off a menu pre-planned for the week.

Spanks spoke very fondly of his late wife, Mamie, a woman he was married to for a "long time."

"She was the best wife in the whole world," he said, his face lighting up with every memory. "We never fought," he said, adding that she always had a smile on her face.

Her memory was still very much alive, in his neat, orderly home. The home was brimming with her handmade vases, jars, pillows, and ceramic statues.

"She could do everything," he said, eager to recall her vibrance.

But he was quick to add that he didn't want to brag, making other men jealous.

What's Spanks secret to living a rich and fulfilling life? "Don't worry," he said.

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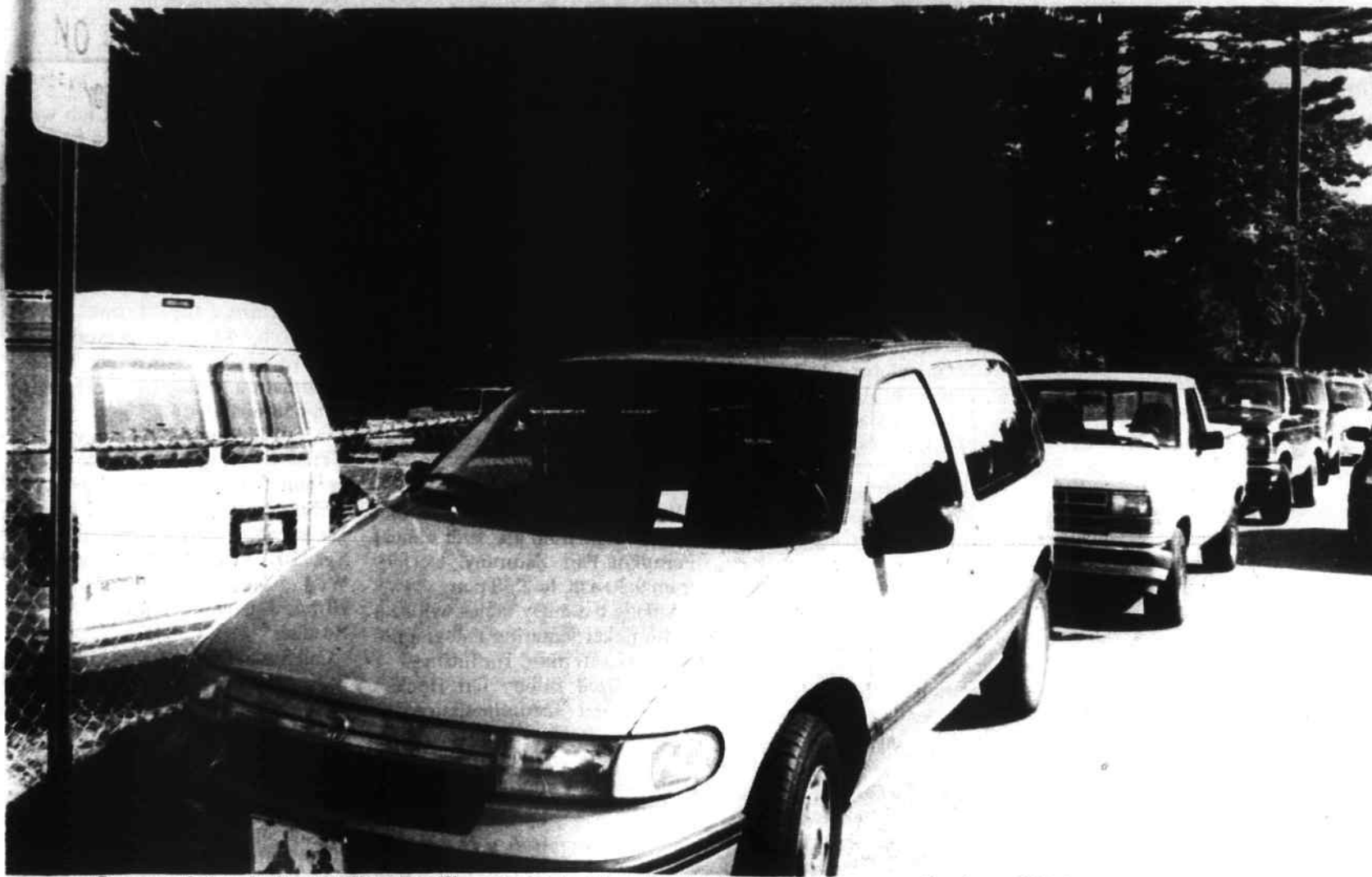
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Some people just don't get it. These Pop Warner parents returned to \$10 tickets after the game on Sunday at Wilmington High School. They were warned over the P.A. system. They parked next to "No Parking" signs. And, predicted one Wilmington Police Officer, "They'll do it again next week."

The real problem is one of access for emergency vehicles. When "Junior" gets hurt at football these cars will be in the way for the ambulance to get to the field.

Obituaries

Annabell G. Hastings retired librarian at Taylor Library

Annabell G. (Gourley) Hastings, 71, formerly of 23 Lane Rd., Derry, N.H. died Wednesday, October 9, 1996 at the Rockingham County Nursing Home, Brentwood after a brief illness. She was born in Medford, the daughter of James L. and Viola (Douglas) Gourley. Prior to entering the nursing home in 1992, she had lived in Derry since 1966, formerly of Wilmington. She worked as a librarian at Taylor Library in E. Derry until retirement in 1989. She was a member of the First Parish Congregational Church, E. Derry and a life member of the Order of the Eastern Star, Ransford Chapter of Derry for 39 years and was Past Mother Advisor of Derry Assembly Order of Rainbow for Girls. She was predeceased by her husband Robert F. Hastings, Sr. who died in 1991.

She is survived by three sons, Robert F. Hastings Jr., of Tewksbury, David Hastings of Germany, James Hastings of Derry; five daughters, Ann Antinarelli and

Carol Walden, both of Wilmington, Nancy Keister and Christine Dougherty both of San Angelo, Texas, Evelyn Ann Wright of Allenstown, N.H.; her sister Barbara Turner of Silver Springs, Md.; 15 grandchildren and nine great grandchildren.

Mrs. Hastings was also the sister of the late Evelyn Collicutt of Lexington and the late David Gourley of Medford.

Funeral services were scheduled to be held Saturday at 1:30 p.m. in the First Parish Congregational Church, E. Derry. Burial will be in Forest Hill Cemetery, E. Derry. The Order of the Eastern Star, Ransford Chapter held a service Friday evening during calling hours.

The family requests memorial contributions be made to the American Heart Association, NH Affiliate, 20 Merrimack St., Suite 1, Manchester, NH 03101-2244.

Arrangements were under the direction of Peabody Funeral Homes, Inc., of Derry, N.H.

John Poloian night supervisor with HP Hood

John S. Poloian, a resident of Wilmington for over 45 years, died at the Lahey Hitchcock Medical Center in Burlington, on October 10, 1996.

Born in Charlestown, MA, 77 years ago, Mr. Poloian was a U.S. Marine Corps Veteran of World War II, and served as a sergeant and squad leader in the Asiatic Pacific Theater of Operations with combat on Guam. Mr. Poloian was a night supervisor with the H.P. Hood Milk Co. in Charlestown.

Mr. Poloian was the widower of Edith L. (Gillette), and the father of Ralph and Lynda of Townsend, John and Barbara of Tewksbury, Richard Poloian and Marcia Stanton of Tewksbury, Patricia and Lloyd Park of Wilmington; 11

grandchildren and six great-grandchildren also survive.

He was the brother of James Poloian of Atkinson, N.H., Mildred Dargan of No. Andover; the brother-in-law of Barbara Christmas of Florida, brother of the late Ralph Poloian and Rosalie White.

A funeral service was held from the Nichols Funeral Home, 187 Middlesex Avenue, Wilmington Saturday, October 12, with the Rev. Herb Taylor officiating. Burial followed in Wildwood Cemetery.

Contributions in his memory may be made to the American Heart Association, 20 Speen St., Framingham 01701, or Visiting Nurse Hospice, 12 Beacon St., Stoneham 02180.

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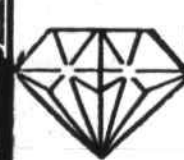
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Bits & pieces

Birthdays

John Foresteire of Elwood Road, Wilmington and Mike Fournier of Crescent Street will share birthday greetings October 20.

At least three area residents will be observing birthdays October 21 - LeRoy Kinzler of Anthony Road, Tewksbury, Alyssa Georgelis of Washington Avenue, Wilmington and Kristy Snow of Concord Street.

Kathleen Betts of Forest Street, Wilmington, Anna Latta of Lawn Street and Sean Joyce of Meredith Road, Tewksbury will be listening to the strains of "Happy Birthday" on October 22.

October 23 will mark the special day of Ed Conrad of Lawrence Street, Wilmington, Kay Scanlon and Jean Foley both of Birchwood Road and Diane Smith of High Street.

Michael Barry of West Street, Wilmington, Grace Noonan of

Williams Avenue and Ernest Hamilton of Euclid Road, Tewksbury, will share their special day on October 24.

Colleen Marie West of Birchwood Road, Wilmington will face a birthday cake glowing with a single candle on October 25 and will share greetings with Jennie Arbo of Westdale Avenue, Jennifer Splaine of Kelley Road, and Joan Foresteire of Elwood Road.

Kevin Cooper, Starr Avenue, Tewksbury seems to have his October 26 birthday all to himself.

Anniversaries

George and Donna Smith of Crest Avenue, Wilmington, couldn't quite slip their wedding anniversary by unnoticed - somebody snitched. The Smith's observed their 24th on October 14.

Warren and Linda Layne of James Street, Tewksbury, observed their 20th wedding anniversary October 15.

Debbie and Tony Vibert of Oxbow Drive, Wilmington, will dance the Anniversary Waltz for the eighth time October 16 and will share greetings with Robert and Doris Semmler of Birchwood Road, Wilmington who will be celebrating for the 48th time on the same day.

Lawrence and Dorothea Donnelly of Sprucewood Road, Wilmington will observe their 49th wedding anniversary, October 19.

Carol and John Honan of Oxford Road, Tewksbury will mark their 24th wedding anniversary October 20.

October 21 will mark the eighth wedding anniversary of Ed and Cheryl Reynolds of Swain Road, Wilmington.

Carolyn and John Donahue of Franklin Avenue, Wilmington will observe their 38th wedding anniversary October 25 and will share greetings with Ruth and Paul Lyman of Meadow Lane who will mark their 44th on the same day.

Northeastern University

The following area students enrolled at Northeastern University have been named to the dean's list for the summer quarter, 1996:

David Hesketh of Pinedale Avenue, Tewksbury and Steven Previte of Lancaster Drive.

Michael Beauregard of Winston Avenue, Wilmington, Nicole Hirshfeld of Grace Drive, Ryan Kane of Marcus Road, Kate Nepveu of Marie Drive, Jeffrey Niestepski of Boutwell Street and Patricia Savage of Burlington Avenue.

Pumpkin fair

Wilmington's Woburn Street School will hold its 19th annual Pumpkin Fair Saturday, Oct. 19 from 9:30 a.m. to 2:30 p.m.

Among the many tables will be a raffle ticket featuring autographed Bruins items including a personalized Bobby Orr Hockey Stick, hotel accommodations at Foxwoods Resort Casino and other local hotels, gift certificates for dinner, videos and hair salons and more!!

TMHS P.A.C.

Tewksbury Memorial High School P.A.C., "The Friends of Tewksbury High" will meet in the school library at 7:30 p.m. Monday, October 28. Officer Bob Westaway of the D.A.R.E. Program will be a guest speaker. All parents welcome. For more information call 508-851-6784.

WHS Class of '76

The Class of 1976, WHS is planning its 25th reunion and needs assistance with part of this year's features - the raffle table. Anyone who can help, professionals, tradespeople, crafts people, season ticket holders, anyone who can donate items, tickets or services to be raffled at the reunion is asked to contact Janice Miller Rugeiro at 508-658-6960, as soon as possible.

Lions Club dance

The Wilmington Lions Club will sponsor a Halloween Dance from 8 p.m. to midnight Friday, November 1 at Hillview Country Club in North Reading.

Costumes are required and prizes will be awarded for the best among them.

Donations for Lions Eye Research, \$11 per person. To reserve tables of 10 or for ticket information call Tom Pazyra at 508-658-6640.

Wilmington 911 story

The Wilmington 911 story, a presentation of the 911 system in Wilmington "getting started and getting things up and running by Sgt. Bill Gable, will be offered Wed., Nov. 20, 6:30 p.m. at Hillview Country Club in North Reading.

Call Susan Durante 508-658-9734 for reservations or more information.

Royal American Singles

Royal American Singles' Dance parties begin Sat., Nov. 2 from 8 p.m. to midnight in K of C Hall, 2068 Main St., Tewksbury. Top dj's, free snacks, plenty of free parking, door prize. Couples welcome.

Proper dress is required and all singles 21 and over are invited. Call 617-325-0591.

Holiday craft fair

Saturday, Nov. 2, a Holiday Craft Fair will be held from 10 a.m. to 4 p.m. at Tewksbury's Trahan School.

Sponsored by the school's PAC, many and varied tables are planned and those wishing to take part are invited to call 508-694-9077 for information about the vendor spaces still available.

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Juanita Daley, Debra Terranova

Juanita Daley of Strout Avenue, Wilmington and Debra Terranova, of Towpath Drive have been selected to participate in Crafts '96 sponsored by the Wakefield YMCA Auxiliary on Saturday, Oct. 26.

Juanita returns to the show with her colorful silk flower sweatshirts while Debra is new to the show this year and will display a wide range of hair accessories and jewelry.

The group's 18th show and sale will be held in the Congregational Church at the head of the lake in Wakefield from 10 a.m. to 3 p.m. Proceeds will benefit youth programs through the YMCA.

1996 Worksite Survey

The Wilmington Tobacco Control Program is a grant program under the direction of the Wilmington Board of Health. As part of a comprehensive approach to tobacco, we are currently surveying all businesses in town as to their current smoking policies. Results of the survey will be used to update our files and enable us to provide information and services to interested businesses.

Surveys have been mailed to over 600 businesses. While an effort was made to include all businesses in this year's survey, any business that did not receive a copy and would like to participate in the survey, may call 658-7228.

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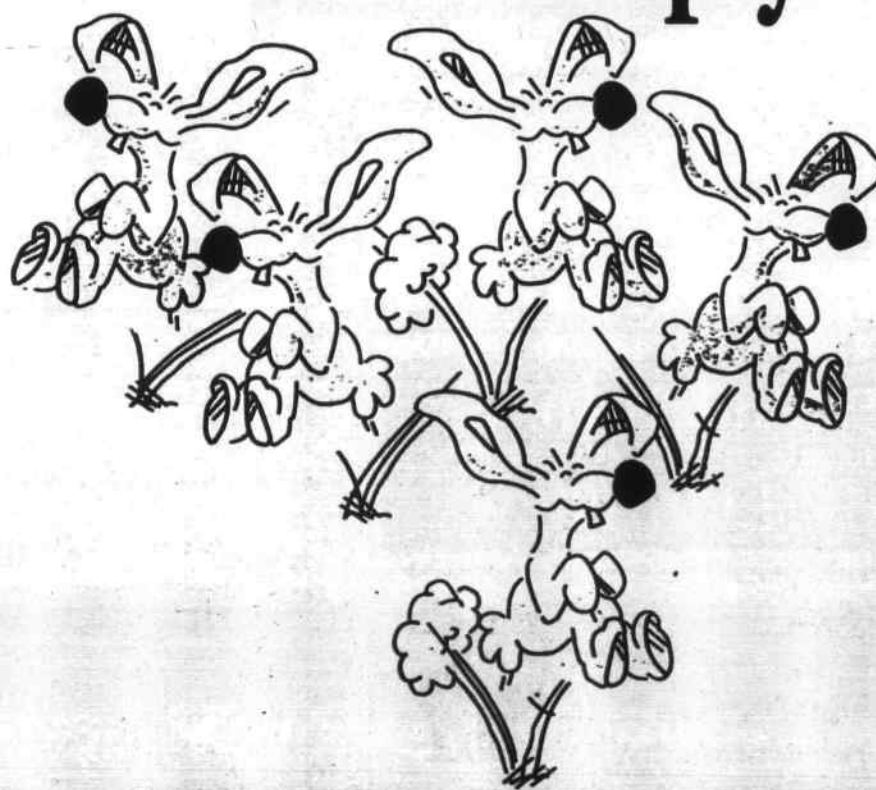
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Shawsheen school news

by Joanne Waterhouse
This week there were two winners of the Pumpkin Growth contest. At the end of last year when they were fourth graders they were given seeds. Over the summer they grew pumpkins. The two winners who will have their pumpkins in the Topsfield Fair are Christina Roux and Stephen Johnson.

The Grade One classes of Miss Sadowski, Miss LaBossiere and Miss Birmingham had a wonderful, wacky Wednesday decorating real pumpkins. Then Thursday they carved them and counted how many seeds were inside. Miss Hart put up the Halloween decorations. They painted paper bag pumpkins too. The three classes got new journals. Mrs. Latham and Mrs. Bakke's class had an interesting science activity. They went outside and paced off the distance between each of the planets, using a scale of one pace equals 3.6 million miles. Using this scale they walked from the Hopkins Street sidewalk across the soccer field around its perimeter

and back to the hot top before reaching from the Sun to Pluto. It was an amazing distance!!

Mrs. Bakke's class started a unit on the Presidential election. We're learning a lot of facts about the candidates. In November the class will have a mock election. Keep tuned for the results.

Miss O'Keefe's class just completed a math unit all about measurement. We have collected data in many ways and learned lots of statistical information. One of the best projects was comparing the size of their feet with the size of the first graders' feet and created a large graph.

Mrs. Penttinen's fourth grade class is busy tasting and smelling many foods in the science unit on the control system. We also tried eating some foods while blindfolded to see whether it made a difference about telling what food we were eating. Do you think you could tell a raw potato from an apple???

See you next time!

Woburn Street School 19th annual Pumpkin Fair

A tradition for 19 years, this year's Pumpkin Fair at Wilmington's Woburn Street School will be bigger and better than ever! The fair has been expanded into the school gym. Twice the space means twice the fun! This year's fair features a raffle table that can't be beaten! Autographed Bruins items including a personalized Bobby Orr hockey stick, hotel accommodations at Foxwoods Resort Casino and other local hotels, gift certificates for dinner, videos and hair salons just to mention a few.

For the children, and the young at heart, there will be lots of fun activities. Children's crafts this year include sand art, spider webs and Halloween ornaments! The day's

entertainment also includes a giant inflatable maze and a nine foot high game tower. Halloween tattoos, cookie decorating, all for a dollar table and animal balloons are great fun for all.

Coffee and donuts in the morning, pizza and hotdogs at 11 and cotton candy, popcorn and slush all day. Don't forget the famous baked goods table. Better get their early. It's always a sellout.

At 11:30 the Academy of Traditional Karate Black Belt Club will be demonstrating martial arts techniques and at 12:30 D&S Reptiles will display some slithering guests!

All proceeds from the fair help to support teacher mini grants and activities at the Woburn Street School.



On October 3, a group of students from Tewksbury Memorial High School accompanied the TMHS Playschool children on a field trip to Anderson Farm in Westford. The purpose of this field trip was to teach the high school Child Development students responsibility and provide hands on experience with the children: L-r: Nicole Erwin, Tammy Martel, Alana Regan.

Shawsheen Tech Homecoming

Homecoming activities have already begun at Shawsheen Tech, with students casting ballots now for the young man and woman who will serve as Homecoming king and queen on October 18 and 19.

Festivities begin Friday, October 18 with an afternoon rally on the football field. Fall sports teams will be introduced and the finalists for Homecoming Court will be announced.

At 6 p.m. members of the Class of 1996 will meet for a "Yearbook Bash" in the cafeteria, meeting old friends and pursuing their yearbooks. "General Sound" will provide music for the dance that follows in the gym from 7-10 p.m. The Homecoming Court will be presented, with the king and queen announced.

Five sports events mark Saturday,

October 19. Alumni have been invited to take part in two of them, a cross country meet at 11 a.m. and a football game at 11:30. Shawsheen teams will also meet other schools in three contests on Saturday, with varsity soccer with Tyngsboro at 9:30 a.m., varsity volleyball with Greater Lowell at 10 a.m. and varsity football with Greater Lawrence at 1:30 p.m. The Homecoming Parade takes place during halftime of the varsity football game.

We are looking forward to an activity filled weekend and seeing a lot of alumni for our special events," said Ron Fusco, senior class advisor. The Homecoming Committee is headed by Fusco and the other class advisors: Donna Young, Shannon O'Donnell, Don Meskie and Barbara Ahern.

School lunch menus

Wilmington schools

Week of October 21 Elementary

Monday: Steak/cheese torpedo, oven French fries, carrot and celery sticks, chilled fruit, brownie, milk/juice.

Tuesday: Tacos, fluffy rice, seasoned carrots, chilled fruit, nutty bars, milk/juice.

Wednesday: Rotini with meat sauce, tossed green salad, French bread, chilled fruit, cherry or blueberry pop tart, milk/juice.

Thursday: Turkey tenders, rice vegetable casserole, seasoned green beans, corn bread, chilled fruit, snack cake, milk/juice.

Friday: Wedge shaped Italian pizza, tossed garden salad, bread stick, ice cream, milk/juice.

Middle schools

Monday: Baconburger on a roll, oven potato rounds, corn on the cob, chilled fruit, cherry or blueberry fruit popsicle, milk/juice.

Tuesday: Soft or hard taco, fluffy rice, seasoned carrots, chilled fruit, nutty bars, milk/juice.

Wednesday: Spaghetti and meat sauce, tossed garden salad, French bread, chilled fruit, brownie, milk/juice.

Thursday: Turkey tenders, rice vegetable casserole, seasoned green beans, cornbread, chilled fruit, snack cake, milk/juice.

Friday: Italian style pizza, pepperoni optional, tossed garden salad, breadstick, chilled fruit, ice cream.

High school

Monday: Hot dog bar, frank and roll with choice of chili, baked beans, onion, mustard, relish, slice tomato, shredded lettuce, grated cheese, ketchup, chilled fruit, milk/juice, ice cream.

Tuesday: Meatloaf with gravy, creamy whipped potato, seasoned carrots, wheat bread, chilled fruit, snack cake, milk/juice.

Wednesday: School made lasagna, tossed garden salad, French bread and butter, chilled fruit, dessert, milk/juice.

Thursday: American cold cut sub, potato rounds, home made vegetable barley soup, chilled fruit, dessert, milk/juice. Superline, \$1.50, baked potato bar, self serve.

Friday: Teriyaki beef nuggets, macaroni salad, seasoned vegetable, chilled fruit, ice cream, milk/juice.

Alternate: Lunch is available daily.

Shawsheen Tech

Week of October 21 Line III

Monday: Rotini with meat sauce, green vegetable, hot roll, fresh fruit, milk.

Tuesday: Large baked stuffed potato with broccoli, cheese sauce, bacon bits and jalapinos, toasted garlic bread, fresh fruit and milk.

Wednesday: Barbecued chicken, mashed potatoes, peas, hot roll, fresh fruit, baked dessert, milk.

Thursday: Salisbury steak with onion gravy, mashed potato, blended vegetables, hot roll, fresh fruit, milk.

Friday: Italian style pizza, tossed salad, fresh fruit, ice cream treat, milk.

Two alternate lunches are available daily.

Tewksbury schools

Week of October 21

Monday: Baconburger on roll with lettuce and tomato slices, vegetable choices, milk, fruit cup of pears.

Tuesday: Chicken noodle soup, special super beef on bulkie with catsup, corn on the cob, milk, chocolate cake.

Wednesday: Stuffed shells with marinara sauce, crispy lettuce and tomato, salad, buttered garlic bread, ice cream, milk.

Thursday: Chicken parmesan with rotini pasta, green beans, pudding or Jello, milk.

Friday: Chilled juice, tomato and cheese pizza wedge, crisp garden salad, dessert, milk.

Alternate lunch is offered daily.

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- Voted to return to all taxpayers the surplus in the state's Rainy Day Stabilization Fund in the form of a tax rebate... as promised.
- Helped establish a Fiscal Policy which will attract and keep companies in Massachusetts and for the first time obligates them to create jobs in this state.

He shares our concern about education and the need to give our children the skills and training they need to succeed.

- Worked to secure Education Reform funding for initiatives in our local schools and increased funding for our state's higher education institutions.
- Fought to get Tuition Tax Credits and to enhance funding for scholarships and no-interest loan assistance for working families faced with high college costs.
- Supported increased funding for early childhood education, adult basic education, job training initiatives and adult literacy programs.
- Helped create the Education Technology Board which will assist our communities in funding computerization and technology advances in our schools.

He understands our worry about health care and public safety... and he is doing something about it.

- Worked hard for Non-Group Insurance Reform to protect people from losing coverage because of job change, age or pre-existing conditions.
- Supported strengthening Domestic Violence Prevention programs.
- Helped secure increased funding for Community Policing initiatives and additional resources targeted at juvenile offenders, gun, gang and drug criminals.



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The Tewksbury Funeral Home was founded in 1956 by Walter J. Deputat and his wife Gloria A. (Roux) Deputat. Together, they transformed this Victorian style single family residence, dating from 1895 to its current form. The name was given for the Town, rather than for the family name, primarily to indicate the desire to serve the entire population, rather than a particular ethnic or religious segment of the community.

Walter and Gloria entered into semi-retirement in 1984, when they passed ownership to their youngest son, Joel. Since that time Walter and Gloria have divided the year between Tewksbury, Florida and New Hampshire. Joel has continued in the tradition established by his father of personal service within the community, while continuing to upgrade the facilities.

The focus of the funeral home is to provide a complete range of funeral service. "The focus of our service is the bereaved, rather than the deceased," says Joel. This explains the warm, home like appearance within the funeral home. Contrast this with a typical funeral parlor with its rows of chairs arranged to face toward the deceased. "Our arrangement is much more conducive to the healing process, which is, before all else, our primary concern."

In response to a growing demand by today's population, the funeral services offered have expanded into pre-



planning of funeral service. With the ability to "customize" a package to fit a particular need, and the addition of membership into the "Fore-thought" Group, the Tewksbury Funeral Home continues to offer the best value available to today's consumer.

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Community Events

Wilmington date book

Now-Oct. 31: Fitness after Fifty at Win. Hosp.-Fam. Med. Cntr., 500 Salem St., Tues. and Thurs 8:30, 9:30 or 10:30 a.m. Call 617-756-4700.

Now-Oct. 31: 5:30 to 6:30 p.m., at Win. Hosp. Fam. Med. Cntr., 500 Salem St., Wil. low impact aerobics and strength training. Call 617-756-4700.

Now-Nov. 4: 5 to 6 p.m. beginners; 6-7 p.m., advanced. Tai Chi, Chinese exercise at Win. Hosp. Fam. Med. Cntr., 500 Salem St. Call 617-756-4700.

Thurs., Oct. 17: Last day to register for Wil. Family Counseling sponsored Men's Group meeting Mondays from 7 to 8:30 p.m. Call 508-658-9889.

Thurs., Oct. 17: 7:30 to 9:30 a.m., Chamber of Commerce Breakfast sponsored by C.J. McCarthy, 229 Andover St. Speaker will address new sexual harassment law. Call 508-657-7211.

Thurs., Oct. 17: 7 to 8:30 p.m. at West Intermediate School: "Life Skills for Building Self Esteem and Positive Relationships." Part III of Parenting Survival Strategies Workshop offered by Wil. Fam. Counseling Ser. Public Schools.

Sat., Oct. 19: Pumpkin Fair at the Woburn Street School. Public invited. Call 657-4842, 657-7470, 658-6594 or 658-2321, for more information.

Sat., Oct. 19: 8 p.m. to midnight, K of C presents "Cruisin' in the 50's" at K of C Hall, School Street, Ext., Wilmington. Call 658-3466.

Oct. 19-28: Shriners' Haunted House at the Auditorium, 99 Fordham Road. Note \$1 off coupon in TC advertisement. Call 657-4202.

Sun., Oct. 20: 2 p.m., Poetry Reading spon. by Wil. Arts Council. Call 694-9456.

Mon., Oct. 21: WHS Pac meets in the school library at 7 p.m.

Mon., Oct. 21: 9:30 to 11 a.m. and 7:30 to 9 p.m., Rep. Miceli office hours at 4A Colonial Park Mall, Wil.

Tues., Oct. 22: 8 to 9 a.m., at 2 Burr Road, Genetics Inst. will host a Ballardvale Area Traffic Management Organization meeting. Call 617-498-8654.

Area date book

Second and fourth Monday: 7 to 9 p.m., Toastmasters Merrimacks Club 508 meets from 7 to 9 p.m. at Prescott House, No. Andover. Call 603-893-1162.

Every Friday: Red Hot Squares lessons, 7 to 8:30 p.m. at Burlington Human Services Center, Center St., Burlington. Call 508-667-1339 for more information.

Thursdays: 6:30 to 8 p.m., "The Stupid Things Smart Women do in Relationships Group." Those interested urged to call 508-256-9958.

Now-Nov. 19: 7 to 9 p.m., Reflections, exhibition of images, thoughts and craftsmanship showcasing work of Bob Pare, Lisa Robert and Rick Robert at 24 Market St., Lowell. Call 508-937.

Oct. 2-Nov. 6: (Thursdays), 7 to 8:30 p.m., Toddler Triumphs, parenting workshop at Boston Reg. Med. Cntr., 5 Woodland Rd., Stoneham. Call 617-979-7057.

Oct. 4-31: "Ding Dong, the Witch is Dead!" Mystery Cafe at Chase House, Pickering Wharf, Salem. Call 800-697-2583. Dinner and show, Comedy Reunion murder mystery.

Wed., Oct. 16: 7:30 p.m., Florence Crittenden League at 119 Hall St., Lowell. Peg Beck of Resolve of the Bay State will speak. Call 508-452-9671.

Wed., Oct. 16, 23: Land Use Bylaws Seminar spon. by UMass Extension at Middlesex Comm. College, Bedford. Call 617-246-4681.

Thurs., Oct. 17: 2 p.m., "Emily Dickinson: Vesuvius at Home" a film will be presented for No. Essex Comm. Col. Life Long Learners. Call 508-374-3688.

Wed., Oct. 23: 1:30 to 3:30 p.m., senior citizens flu clinic at the Buzzell Senior Center. Call 657-7595.

Thurs., Oct. 24: Bob Lobel of WBZ-TV will be guest on WCTV's Sports Forum beginning at 8:30 p.m.; Paul Cardello hosting.

Fri., Oct. 25: WHS Class of '56 40th reunion at Casa di Fior. Call 658-3088 or 658-9700.

Fri., Oct. 25: 7:30 p.m. at Villanova Hall, honest, open discussion of life in the Catholic Community., Call 508-658-4665.

Sat., Oct. 26: 9 a.m. to 3 p.m., rain or shine; Harvest and Holly Fair at U. Methodist Church. Call 508-658-4519.

Sat., Oct. 26: 7:30 p.m., Am. Leg. Post 136 Aux. Halloween Party at the hall on Bay Street. All ghosts and goblins welcome.

Sun., Oct. 27: 1:30 p.m. at Villanova Hall, an honest, open discussion about life in the Catholic community. Public invited. Call 508-658-4665.

Oct. 29, Nov. 5, 12, 19: 7 to 9 p.m., Making a floor cloth with instructor Betsy Greco; four classes. Call 640-6857.

Wed., Oct. 30: 7 p.m., DPW sponsored public hearing at Lowell City Hall, 375 Merrimac St. Reading Light involved. Call 617-944-1340 x 233.

Fri., Nov. 1: 8 p.m. to midnight, Halloween Dance sponsored by Wil. Lions Club; Hillview Country Club. No. Reading. Call Tom Pazyra at 508-658-6640.

Sat., Nov. 2: 4 to 7 p.m. a spaghetti supper at St. William's Hall, Main Street. Tewks. will benefit Make-a-Wish Foundation. Call 851-0795.

Sat., Nov. 2: 10 a.m. to 2 p.m., Santas' Workshop and Fall Fair, St. Elizabeth's Chapel, Forest St. and Aldrich Rd.

Sat., Nov. 9: 10 a.m. to 4 p.m., Shawshen Elementary School Harvest Craft Fair. Call 508-694-1580.

Sat., Nov. 9: 9 a.m. to 4 p.m., Applefest Craft Fair at TMHS; over 120 crafters. Public invited. Call 851-6784.

Tewksbury date book

Now-Oct. 31: Tewks. water division town wide fall flushing program. Call 508-640-4448.

Wed., Oct. 16: 7 p.m., Tewks. School Comm. meets in the library at TMHS.

Wed., Oct. 16: 8:30 a.m. to 8 p.m., voter registration session at Town Clerk's office, Town Hall. Final day to register for Nov. Election. Call 640-4355.

Thurs., Oct. 17: 7 p.m., TMHS grade eight parent orientation in TMHS auditorium. Curriculum overview, academic displays, restructuring plans, refreshments.

Thurs., Oct. 17: 7 to 8:30 p.m., Trahan PAC meets at the school. Call 508-657-7339.

Fri., Oct. 18: 8 p.m., Singles Dance sponsored by Reading Chapter of The Single Life, at K of C Hall, R. 38, Tewks. Call 617-891-3750.

Sat., Oct. 19: 9 a.m. to 2 p.m., Annual Crafts Fair at Tewks. Senior Center, 175 Chandler Street. Call 640-4480.

Sat., Oct. 19: 6 p.m., Harvest Supper at Tewks. Congregational Church, East Street. Call 508-667-6095.

Mons., Oct. 21, 28, Nov. 4: Stress management program from 7 to 9 p.m. at Keating Conf. Room, Baldwin Park 1, 12 Alfred St., Woburn. Call 617-756-4700.

Tues., Oct. 22: 9:30 to 11 a.m. and 7:30 to 9 p.m., Sen. Miceli office hours at Tewksbury Town Hall.

Fri., Oct. 25: Halloween Dance with costume contest at the Senior Center. Call 640-4480.

Sat., Oct. 26: Mass Net Day; TMHS needs volunteers to help wire the school for video, sound and data. Call 640-8929 or 851-6796.

Mon., Oct. 28: 7:30 p.m., TMHS Pac, The Friends of Tewksbury High meet in the school library; Officer Westaway will speak on DARE program. Call 508-858-0002.

Tues., Oct. 29: 6 to 7 p.m., Sen. John O'Brien office hours at the Town Hall, Main Street. Call 508-453-4477.

Wed., Oct. 30: 7 p.m., DPW sponsored public hearing at Lowell City Hall, 375 Merrimac St. Reading Light involved. Call 617-944-1340 x 233.

Wed., Oct. 30: 6 p.m., TMHS Drama Club organizational meeting, for fall and spring productions.. Call 851-2011.

Sat., Nov. 2: Royal American Singles dance at K of C Hall, 2068 Main St. Call 617-325-0591.

Sat., Nov. 2: 10 a.m. to 4 p.m., Holiday Craft Fair at Tewksbury's Trahan School. Public invited. Call 508-694-9077.

Sat., Nov. 2: 4 to 7 p.m., Spaghetti supper at St. William's School Hall, Main Street., Tewks. Tickets available at the door or call Jeannie (Purtell) Hayden at 851-0795. Proceeds to benefit Make-a-Wish Foundation.

Sun., Nov. 3: 3 to 5 p.m. Tewks. Little Theatre auditions and meeting at UMethodist Church, Main St. Call 657-7042; nor the church!

Tues., Nov. 5: 9 to 11 a.m. Board of Health Flu/Pneumonia Clinic at the Senior Center, 175 Chandler Street; 7 to 9 p.m. at the Recreation Center, Livingston Street.

Tues., Nov. 5: 8 to 10 a.m. and 2 to 4 p.m., VNA flu shot at Tewks. CVS, Stadium Plaza, 10 Main St.

Thurs., Nov. 7: 10 a.m. to 1 p.m., VNA flu shot at Tewks. Oakdale Mall, 1900 Main Street/Shawshen Street.

Sat., Nov. 9: 9 a.m. to 4 p.m., Applefest Craft Fair at TMHS; over 120 crafters. Public invited. Call 851-6784.



Singer/guitarist Chris Heard will be in concert at the First Baptist Church, 1500 Andover St., Tewksbury on October 19 at 7:30 p.m. Chris Heard offers a live acoustic concert and shares a wide range of Christian music through the art of fingerstyle guitar.

Walk for Sherri and S.A.D.D.

October 26, there will be a fund raiser walk in Wakefield. The event, including people from Tewksbury, Wilmington, Reading and other surrounding communities are urged to take part and enjoy fall foliage as they walk leisurely around Wakefield's Lake Quannapowitt.

Walk with family and friends to raise funds for S.A.D.D. and to help

youngsters become more aware of the dangers of drinking and driving. The walk will also raise funds for the Reading Scholarship Fund in the name of Sherri Ann Blamire who was killed August 4, 1996; a result of drink driving.

Everyone is invited to take part. Registration will be held from 9:30 to 10 a.m. at the band stand, with opening ceremonies from 10 to 10:30.

Walkers will receive a t-shirt for raising \$200 or more. Everyone who walks will receive a "I walked for Sherri and S.A.D.D." button.

Saturday, October 19

Royal American Singles

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495 TO EXIT 34 TOWARDS CHELMSFORD
THEN 110 WEST, 2 MILES ON LEFT

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Admission \$5 - Proper Dress Appreciated
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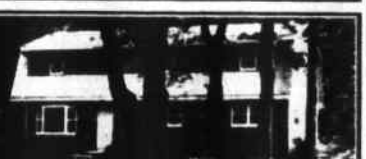
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Tewksbury

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• Senior Tax Program

(continued from page 1)

property tax credit, was doubled to \$10,000 for this year. As such, 20 seniors will be chosen for the program. Chosen seniors can work 100 hours at \$5 per hour to earn the \$500 credit.

Work done through the program last year included the painting of all the town's fire hydrants.

To be eligible, an applicant must be a Wilmington resident 60 years of age or older, own a home in town or be the current spouse of a homeowner, occupy the property for which taxes are paid, and have limited financial resources.

Upon referral, qualified applicants will be interviewed by the appropriate department head.

Positions for this fiscal year (which ends June 30, 1997) are available at Wilmington High School, the North and West intermediate schools, the DPW, Town Hall, the fire department, the library and the public buildings department. Positions range in description from clerk to car-penter's helper. Positions beyond the 20 currently available may arise.

Eligible applicants not selected will be considered for future positions. In fact, according to Town Manager Michael Cairra, those who have not yet participated in the program will be given priority.

"Preference will be given to those who did not work last year," Cairra said. "The point of the program is to try to spread it around."

Applications for the program

are available at the Senior Citizen Center and the town manager's office. The deadline is Oct. 25, 1996 and applications may be mailed to: Senior Citizen Tax Program, Senior Citizen's Center, 15 School St., Wilmington, 01887.



Wilmington Teachers Association President Carol Hayes shows what she thinks of recent contract proposals by the school committee. Hayes and over 150 other teachers picketed the committee's meeting last Wednesday at Town Hall (photo by Jeff Nazzaro).

Wilmington senior topics

Programs and classes

Exercise class Monday, Oct. 21 from 10 to 11 under the instruction of Al Lavallo. The art class from 1 to 3 p.m. instructed by George Webster. Tuesday, October 22 shop class instructed by Joe Filipowicz, 9 a.m. to noon. Joe returning to Wilmington after several months in his Vermont summer home, was faced with many unfinished fair articles. Two of his students were unable to finish them due to illness. To get the project completed for the Fair, he will need some helping hands. You don't have to be a professional like Joe. He will show you what to do.

Marilyn still has some chance books left and hopes to sell them all before the Fair. Those who have not returned money for a chance book, please do so as soon as possible. Many articles will have to be purchased for the fair and money from the chance books will be paying for them.

Also on Tuesday, October 22, the very popular nutrition class will be held. Starting with weigh-ins at 9:30, with the class beginning promptly at 10. This class is for men and women no matter what your medical health conditions. Retired nurse Jean Webster spends many hours researching foods and how to prepare them to keep us healthy. Remember what we eat and how we prepare it, can be good or bad for our health. Jean will instruct the class on what foods are good to keep us healthy and those foods that can destroy one's health. She will always

make room in her class for any senior who needs help keeping on a diet. All you have to do is drop by the center and attend the class.

Nurse Ann will be at the center Tuesday morning, October 22 beginning at 9:30 to give cholesterol screenings. Now that summer is gone, it is time to check the cholesterol or fat level in our blood. It is only a simple blood test. Ann will charge \$5. This stipend is used for the supplies needed to complete the test. To take a cholesterol test at a hospital or clinic, the cost could be \$150 and over. As was mentioned before, we have all professionals come to the center for the convenience of our seniors. It is easier to come to the Center for a cholesterol screening, blood pressure check, diabetes test, podiatrist treatment and hearing test than to drive to their offices.

Wednesday, Oct. 23, exercise will be held from 10 to 11, the craft class from 9 a.m. to noon. Thursday, October 24, the ceramics class from 9 a.m. to noon; dance class from 1 to 2:30 p.m. and blood pressures will be checked from 1 to 3 p.m. Friday, Oct. 25, exercise class from 10 to 11 a.m. and bingo from 1 to 3 p.m.

The Senior Citizen Tax Word Off Program will be held again this year. Due to the success of the program last year, Town Manager Mike Cairra was able to increase the funding for the 1997 program to accommodate 20 seniors doubling the number helped last year. We

not a difficult application. All that is required is that you are 60 years or older, live in Wilmington, own the house you are living in, feel you are in need of help and write a few lines on your experience for the job listed. This program is strictly confidential. If interested see the director of the Senior Center. Applications will be available until Friday, Oct. 25.

The fuel program will begin November 1. Applications will be filed at the Senior Center, 15 School Street for senior citizens only on Tuesdays by appointments, starting Tues., Oct. 29. Proof of income will be required to complete the application. That is, a copy of your Social Security, pension (if receiving SSI) checks, interest on bank accounts or bonds over \$200. If your check is directly deposited a copy of your bank statement or a letter from the bank will be needed. I will need your account number on your light and telephone bills. The reason for these numbers is, if you qualify for the Federal part of the program that would be Level 1-2-3, you will also qualify for 33 percent reduction on your light bill and \$7 off your telephone bill. You will also qualify for home insulation, oil burner repairs and if the burner is unrepairable a new burner. Seniors who qualified last year will receive their applications in the mail.

Review the application, make sure it has not changed in any way from last year's. If the name of the person who has completed the application last year and is not able to do it this year, a new application would have to be filed by another person. After reviewing the application, and found to be right, sign and mail it back to Community Teamwork. To qualify for assistance your income to receive \$360, or subsidized housing \$120 can not be more than \$7,740 for a household of one; \$10,360 for a household of two; \$12,980 household of three. Level two to receive \$325 subsidized \$110 income for household of one no more than \$9,675; household of two, \$12,950; household of three, \$16,225. Level three to receive \$195 subsidized housing \$65, household of one, \$11,610; household of two, \$15,540; household of three, \$19,470; level four to receive \$120, subsidized \$40 household of one \$13,545, household of two \$18,130.

On Wednesday, Oct. 30, starting at 1:30 all candidates seeking federal or state offices have been invited to speak to the seniors at the Senior Center. They will answer questions on how the elderly will be treated by them if elected. This meeting will be televised and light refreshments will be served.

Eddie Cunningham

Wilmington seniors

Week of October 21

Monday: Grilled chicken patty, seasoned egg noodles, seasoned butternut squash, oatmeal bread, fresh apple, milk.

Tuesday: Roast beef dinner, gravy on the side, whipped potato, seasoned broccoli, dinner roll and butter, fresh orange, milk.

Wednesday: Hamburg and gravy over creamy mashed potato, seasoned zucchini, lite rye bread and butter, Toll House squares, milk.

Thursday: Oven baked chicken, whipped sweet potato, seasoned green beans, chilled applesauce, cornbread and butter, Jello with topping, milk.

Friday: Baked fish dinner, tartar sauce on the side, oven baked potato, seasoned peas, wheat roll and butter, ice cream, milk.

Minuteman Menu

Week of October 21

Served at Burlington Senior Citizens Friendship Center, 45 Center St., where nutrition aide is Kay Cavanaugh. Call 270-1951 for reservations.

North Woburn/Wilmington at Veterans Senior Center, 144 School St., No. Woburn where Sue Trousil is site manager. Call 935-2239 for reservations.

Monday Egg omelette with creole sauce, O'Brien potato, bran muffin, apple raisin compote, fresh fruit/milk. Alt. veal patty, sauce.

Tuesday: Cream of broccoli soup, chicken a la orange, lyonnaise potato, cranberry sauce, pumpernickel bread, chilled fruit milk.

Wednesday: Cranberry juice, ziti with meatballs, green beans, sourdough bread, cookie, milk.

Thursday: Split pea soup baked ham, raisin sauce, sweet potato, rye bread, pudding, milk.

Friday: Meatloaf, onion gravy, mashed potato, peas and carrots, oatmeal bread, chilled fruit, milk.



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Patsy Chinchillo, GRI & Gary Chinchillo



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Patti Parker



Donna Wayman, CRS



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WILMINGTON LAST LOT AT MILL ROAD ESTATES. Custom 7-room, 3-bedroom, 1-1/2 bath Colonial. Attached 1-car garage with fireplaced familyroom in rear. Farmer's porch, cedar siding, and 3/4-acre lot. Call Linda to customize before framing begins! \$249,900 Call Linda Covino at (508) 988-5800	TEWKSBURY LARGE 4-BR GARRISON located in executive neighborhood on cul-de-sac street with more expensive homes. Spacious rms, 2-1/2 baths, huge attached famrm w/cathedral and fireplace, screened porch, 2-car garage, private yard, and much more! \$219,900 Call Donna Sullivan today at (508) 988-5800!	TEWKSBURY ATTENTION BUYERS! Large home with spacious rooms. This home features 3 bedrooms, newer roof, finished walk-up attic, large level lot, eat-in kitchen, and diningroom. Located conveniently to highways. Don't miss out! \$119,900 Call Donna Sullivan today at (508) 988-5800!
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WILMINGTON JUST LISTED! Total brick 2-bedroom Ranch. Hardwood floors, full dry basement, great corner lot on quiet side street. Only 1 mile to Rt. 93. \$117,000 Call Patsy or Gary Chinchillo at (508) 988-5800	TEWKSBURY JUST REDUCED is this 4-bedroom Garrison featuring front-to-back fireplaced livingroom, formal diningroom, familyroom with wood stove, 1-1/2 baths, and hardwood floors. Level fenced yard on quiet street. \$159,900 Call Joan Unger at (508) 988-5800	NORTH READING JUST REDUCED! This lovely Garrison has approximately 1600sf of living space. Features include 4 bedrooms, 2 baths, modern kitchen, 2-zone heating, and a 1-car detached garage. Only minutes to Rts. 28 & 93. Only \$169,900 Call Tony Vassell at (508) 988-5800



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Wilmington Town Crier

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Soccer teams struggle to make the cut

by Jamie Pote

As the last month in a baseball season is about to end, one of the best things about it is counting down the first place team's magic numbers. As if this year's Wilmington High School boys soccer team was a baseball team, there magic number would be two, with four games left.

After playing two fantastic games consecutively this past week, the mission of getting into the state tournament does not seem far off. True they have to face North Andover who beat them 5-1 last time; Hamilton-Wenham, a very physical team who beat them handily 6-2 and then two games against Tewksbury to end the regular season.

"We do have a tough schedule the rest of the way, but we are a much different team now then we were when we faced North Andover and Hamilton-Wenham," said head coach Dick Scanlon.

With their 3-1 loss to North Reading and their 2-1 loss to Masconomet, Wilmington is now 7-7 overall. A team needs a .500 record to go in - so two ties and a split would do so. There game on Tuesday was switched to this Saturday under the lights at North

Andover and that will be the team's first game in eight days.

"That could hurt us or it could help us. We have some nagging injuries so in that sense it could help us - but we are playing really well and having a lay-off could hurt us," Scanlon said.

Against North Reading, the Hornets scored within the first three minutes of the game on a painful goal. The Cats defense was anticipating the play well, but a little confusion allowed a Horner player to nudge a slow roller past T.J. Flynn for the first goal.

North Reading added another as a Wilmington defender slipped in mud which allowed a 2-on-1 break and Flynn having no chance whatsoever. But four minutes into the second half, sophomore John Betts scored for Wilmington to cut the lead in half. North Reading scored a late goal to win it outright 3-1.

"They were a good team, but they didn't win the game - we gave them the win. I was happy with the effort, but we made three mistakes which cost us the three goals. We had several breakdowns in the middle of the field which hurt. But we played a good soccer game,

we just didn't catch the breaks," Scanlon said.

And on Friday, Wilmington played what Scanlon called, "there best game of the season," as they lost to a terrific Masco squad, 2-1. Justin Vallas scored the lone goal for Wilmington on a 30-yarder that went into the far corner.

"I was very pleased with that game. There second goal was a fluke. They had yellow lines on the field and their grass was turning

color so it was very difficult to see the lines. Timmy apparently came out of his penalty box an extra three feet because he couldn't see the line and that gave Masco a free kick - they scored and that was the game," Scanlon explained.

Scanlon said after Masco went up 2-1, he thought his team dominated the last 20 minutes of the game, missing out on several scoring chances.

Girls need wins in last three

by Jamie Pote

With their 3-1 loss to North Andover on Tuesday afternoon, the Wilmington High School girls soccer team is now in the driver's seat, so to speak. True, their backs are against the wall, but they have nothing to lose, huh? They have three games left and they have to win all three in order to slip into the state tournament. Tough task?

"It will be hard, but I really think we can do it," said head coach Sue Hendee. "These girls have never quit and I know they won't in these last three games."

By saying they are in the driver's seat is said because they don't have anything to lose. They are a young and talented squad who will be losing four seniors - four solid seniors in Melissa Palermo, Jill Lojek, Lindsey Bickford and Nicole Ciaramaglia. At the start of the season the quest for

the tourney was thought about, but improving from last year's three win season was the biggest accomplishment. And they have done that - in fact they have taken several big strides.

"It should be fun and interesting in the next few years. We do have a lot of young talent. But we are going to miss the four seniors," Hendee said.

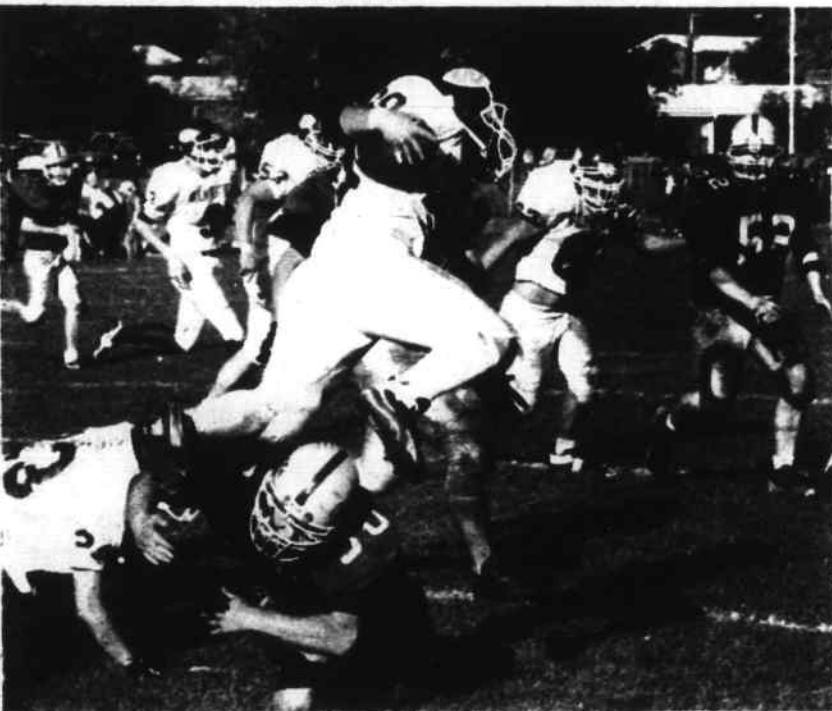
The 5-8-2 squad now has eight days off and they don't play until Wednesday Oct. 23 at Hamilton-Wenham. They finish off the season with road games against Methuen and Chelmsford in two non-league games.

"I'm happy with the way we are playing and hopefully we can find a way to get into the tourney. We faced a real tough North Andover team today, but I thought we played well," Hendee said.

Frosh Lindsay Bruno scored the lone goal for Wilmington.



Debbie Hancock steps it up for Wilmington during a recent cross country meet (photo by Steve Picano).



Mike Gennetti is tripped up by a North Reading tackler in Wilmington's 28-7 win Saturday (photo by Steve Picano).

Field hockey CAL champs

by Jamie Pote

After already clinching a spot for the state tournament two weeks ago, the Wilmington High School field hockey team wrapped up the Cape Ann League Large Division title with a win against Masconomet and a tie against North Andover this past week.

Christina Peters scored the lone goal against Masco as netminder Patrice Mendoza recorded another shutout. And on Tuesday night, the team traveled to North Andover for a game under the lights. It was the Scarlet Knights last home game of the season and they desperately wanted to win it because they would give them a spot in the state tourney, also.

Anyway, Wilmington played the spoiler as both teams couldn't put the ball in the net as they settled for a scoreless tie. North Andover now has two away non-league games to get into the tourney. Wilmington, on the other hand, has just one game remaining and that will come next Wednesday afternoon against Hamilton-Wenham.

Head coach Maureen Noone said although Wilmington couldn't break open the dam on Tuesday night, they still played well.

"I was pleased with the effort. We had our chances but we just couldn't put the ball in the net. They are a good team and they had

some good chances too. Patrice made some great, great saves - she continues to get more confident and better each game.

"I thought Julie Gillis played real well. I thought Paula DeCourcy had an outstanding defensive game - every game she says 'give me their best player' and she does a tremendous job defending them. I also thought Catherine Townsend and Jodi MacKenzie played real well, too," Noone said.

The team is now 8-1-5 overall and even though the team has already qualified for the tourney, the last game is still critical.

"It's a very important game for us. I really want to win because we would have a higher seed. Last year 9-out-of-13 teams in our league qualified and we had the same record as Tyngsboro and we ended up playing them. I want to get a high seed, so this game is important," Noone said.

Golf team drives into tourney

by Jamie Pote

For the second straight season, the Wilmington High School golf team has qualified for the state tournament as they finished their strong season at 10-4. That record was good for second place in the Cape Ann League.

Wilmington will play for their state tournament in an 18-hole tourney so to speak, with the four best schools going at it at the course in Lynn on Thursday, Oct. 24.

Rob Torrani and Mike Wolley are team's first two golfers, will represent the team in the four-corners match being held this Thursday. That match is having the two best golfers from each team go at it.

Anyway, Torrani and Wolley finished the season with respective records of 8-4-2 and 8-5-1. Peter

Grasso and Dave Senarian were also impressive record wise finishing the season out at 8-2-2 and 9-1-2, respectively. Kurt Anderson, Shawn Haubner, Dennis Torpey, Chris DeCaro, Shawn Neville and Dan Torcio also had winning records. Ryan Haubner (5-6-1) and Kevin Considine (0-1) also chipped in.

Torrani and Wolley led the team with 68 and 63 pars throughout the 14 game schedule. Senarian and Grasso led the team in bogeys with 63 and 61 respectively and Torrani and Wolley led the team with 206 and 204 medal points, respectively, also.

Head coach Al Fessenden said he was very pleased with what he witnessed this season and he is looking forward to the state tournament match.

Lobel coming to Wilmington

On Thursday, October 24, head sports anchor Bob Lobel of WBZ-TV Channel 4 will travel to Wilmington to be the special guest of WCTV's sports program Sports Forum. The show will be broadcast live on WCTV Channel 30 beginning at 8:30 p.m. Sports Forum host Paul Cardello will be talking sports with the veteran Boston sports anchor as part of the one hour show.

During the live program, WCTV

viewers will have the opportunity to call in to the show and ask questions or talk sports with Bob Lobel.

Sports Forum is a one hour sports talk show filmed at WCTV in Wilmington. Past guests have included WCVB-TV sports editor Ed Harding and Mike Dowling, WEEI-AM sports talk show host Ted Sarandis, and WBPS-AM talk show host Russ Whinnem.

Wilmington Youth Soccer Assoc. Annual Meeting

November 4, 1996

7 p.m. Shawsheen School Cafeteria

Annual Election for board of Directors

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Elliot Kanter at
658-8777

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Heffernan shines in debut

by Jamie Pote

It was pretty obvious before and during the season, that the biggest weakness of the Wilmington High School football team was their lack of depth.

That certainly wasn't the case on Saturday afternoon as P.J. Heffernan (83 yards on 3 carries), Adam Vogel, John Shirley, Jamie Campbell (on P.A.T.s) and Mike Gennetti all subbed in as the Cats did a little stinging of their own, with a 28-7 win over North Reading.

Two of the team's better defenders including linebacker Sean Kerrigan as well as Adam Mazza, both didn't plan a single down on Saturday as Kerrigan was out with a back injury in which he suffered from last week's game on a run in the fourth quarter. Quarterback Tim Gillis and defensive end Mike O'Toole suffered minor injuries. Almeida said all of them should be back for Saturday's game.

As Kerrigan and company got a different look from the sidelines, they were able to watch Heffernan cruise in with the team's first TD of the game on a 65-yard sweep to the outside. That was Heffernan's first varsity TD of his career and moments before that he carried the ball for his first time for a 5-yard pick-up. Perhaps the 65-yarder meant a whole lot more.

"Not only did P.J. show off his great speed, but he followed his blockers very well," Almeida said. "I was really happy for him. I had predicted and told him that before the game he was going to score a touchdown. I'm a stubborn person and I probably would've had him run the ball 15 times to get one - his touchdown was really big at that time."

Wilmington continued to exemplify their team unity with their fifth consecutive victory. Thanks to Campbell and company, who gave a helping hand, the Cats will be looking to continue their impressive unbeaten streak and their incredible defensive style when they travel to Amesbury on Saturday.

"I thought Pat O'Toole, Jamie Campbell, Brian McCarthy, Mike O'Toole until he got hurt and Rory Ballou all played their best defensive games on Saturday. Rory is going to be a great player," Almeida said.

Once again the biggest reason for the team's 5-0 start is their defense.

The 'D' continued to be impressive against the run and they continue to get better against the pass as North Reading's QB Dan Slack only

completed 4-of-22 attempts for 44 yards. Dave DeAmato was very much responsible for the passing inefficiency of NR as he played a tremendous game as strong safety.

After a scoreless first quarter, Heffernan's TD broke the dam open with 8:21 left in the first half on the fourth play of the first series of the second half which started at the Wilmington 15. Jamie Campbell's high looping boot made it 7-0.

"We really noticed P.J.'s speed during the preseason but then he got hurt," said Almeida. "We were going to use him as the split-end and when he got hurt we put Shawn Sullivan there. Shawn is doing a great job, but he is a smaller target for passing plays and Timmy needs a big target. So we are going to platoon P.J. and Shawn at the split-end which allows us to keep Billy, Sean and especially Richie in the backfield at all times."

After the Cats defense stopped NR on its second fourth down attempt, Billy Harrison (132 yards on 17 carries) gained seven yards to push the ball to the Wilmington 42. Six plays later, Rich Gillis (133 yards non 8 carries) put his head down and bulldozed through the Hornet defense for a 20-yard TD run.

"Richie is a big time player - no doubt about it. He has three touchdowns for us in the last two games - he broke the Ipswich game wide-open and his play in the Masco game was critical. He does great things with the ball, he is a very instinctive runner who will never get caught from behind. He is amazing," Almeida said.

As Campbell went for the extra point boot, Harrison the holder, came up with the ball and threw to a wide-open Rich Gillis, making it 15-0 with exactly two minutes to go in the first half.

After both teams got a breather in the lockerroom at halftime, Wilmington put the nail in the coffin in their opening drive of the third quarter on another impressive run from Rich Gillis. Gillis had to at least sent four defenders away because of his strong forearm and that allowed him to race down the left sidelines for a 57-yard run on a third-and-two play from the Cats 43.

Two series later, Harrison added his seventh TD of the season on a 49-yard pitch in which he zig-zagged through the Hornets' D - Campbell extra point boot made it 28-0.

North Reading added a fourth quarter TD against the Cats, but the

defense of Wilmington has yet to allow a first half touchdown in the entire season.

For the fourth time in five games, Harrison has gained over 100 yards. Harrison and Rich Gillis continued to be pretty remarkable in their running game. Harrison has gained 171, 63, 114, 159 and 132 yards respectively in each of the games and that had led him to seven TDs; Rich Gillis has gained 51, 72, 25, 37 and 133 respectively which is good for five TDs and Kerrigan who did not play on Saturday, has gained 85, 67, 69 and 93 yards respectively in each of the games. Harrison's 639 yards to date has him needing 68 more to pass his mark from last year. Kerrigan still needs over 250 and Rich Gillis has already passed his mark of last year at 221 - he has 318 already this year.

Wilmington travels to Amesbury next Saturday, before coming home to Lynnfield. The latter team was one of the three undefeated teams this week, but they lost to North Andover 54-8 on Friday night. It was 41-8 at halftime. Perhaps Lynnfield's offense might be for real, but giving up 54 points really isn't too impressive, defensively. But you can bet that North Andover will be for real.

And that only means it is another seven days marked off on the calendar before Wilmington clashes with North Andover on Friday, Nov. 1, for what seems to be the Cape Ann League title game.

Can't forget about that neighboring town either, you know the one that went to the Super Bowl last year - they are also 5-0.

It can't get much better than this.

Summary of Wilmington - North Reading football game played at NRHS.

Wilmington 0 15 13 0 -28
N. Reading 0 0 0 7 -7

First Quarter

No scoring.

Second Quarter

Wil - Heffernan 65-yard run (Campbell kick), 8:21.

Wil - R. Gillis 20-yard run (R. Gillis catch from Harrison), 2:00.

Third Quarter

Wil - R. Gillis 57-yard run (Campbell kick), 8:31.

Wil - Harrison 49-yard run (kick failed), 3:14.

Fourth Quarter

NR - Simone 1-yard run (Rhoades kick), 6:31.

	Wil	NR
First Downs	8	5
Rushing yards	35-360	28-103
Passing yards	20	44
Return yards	57	65
Comp-Att	1-4-1	4-20-0
Sacked-Yards lost	0-0	3-29
Punts	1-31	5-36
Fumbles-lost	3-2	1-1
Penalties-yards	6-60	0-0
Time of Poss.	19:06	20:54

Individual Stats

RUSHING--Wilmington, R. Gillis 8-133; Harrison 17-132; Heffernan 3-83; #20 1-5; #25 1-4; Gennetti 3-3; O'Donnell 1-0; Falanga 1-0; North Reading, Simone 15-78; Staples 7-15; Dattoli 4-8; Tutrone 1-1; Rhoades 1-1.

PASSING--Wilmington, T. Gillis 1-3-20-0; O'Donnell 0-1-0-0; North Reading Dan Slack 4-20-44-0.

RECEIVING--Wilmington, Harrison 1-20; North Reading, Simone 3-36; Dattoli 1-8.

Schedule

Games Played:	Wil	Opp
vs Newburyport	29	0
vs Triton	26	6
at Ipswich	14	0
vs Masconomet	28	14
at North Reading	28	7

Remaining Games

Sat., Oct. 19 at Amesbury	1:30
Sat., Oct. 26 vs Lynnfield	1:30
Fri., Nov. 1 at N. Andover	7:00
Sat., Nov. 9 vs H/Wenham	1:30
Sat., Nov. 16 at Pentucket	1:30
Th., Nov. 28 vs Tewksbury	10:00

Point Distribution

Wil	Opp
28	7



With a straight-arm ready and some good blocks, Rich Gillis gains a big chunk against North Reading Saturday (photo by Steve Picano).

More Wilmington High School football stats

Player	6-pt	1-pt	2-pt	Tot
Harrison	7	0	0	42
R. Gillis	5	0	1	32
Kerrigan	3	4	1	24
T. Gillis	1	0	1	8
Campbell	1	2	0	8
Heffernan	1	0	0	6

Points Re-Cap vs. Newburyport

- Safety.
- T. Gillis 1-yard run (Kerrigan kick).
- Harrison 22-yard run (Kerrigan kick).
- Kerrigan 30-yard run (Kerrigan kick).
- Harrison 3-yard run (kick failed).

vs. Triton

- Harrison 11-yard run (Kerrigan kick).
- Harrison 12-yard run (kick failed).
- Kerrigan 6-yard run (Kerrigan kick).
- Campbell 10-yard catch from Tim Gillis (kick failed).

at Ipswich

- Harrison 2-yard run (Kerrigan kick).
- R. Gillis 67-yard pass from Harrison (Kerrigan kick).

vs Masconomet

- Harrison 65-yard run (kick failed).
- Kerrigan 16-yard run (Kerrigan rush).
- R. Gillis 66-yard catch from T. Gillis (kick failed).
- R. Gillis 27-run (T. Gillis rush).

at North Reading

- Heffernan 65-yard run (Campbell kick).
- R. Gillis 20-yard run (R. Gillis catch from Harrison).
- R. Gillis 57-yard run (Campbell kick).
- Harrison 49-yard run (kick failed).

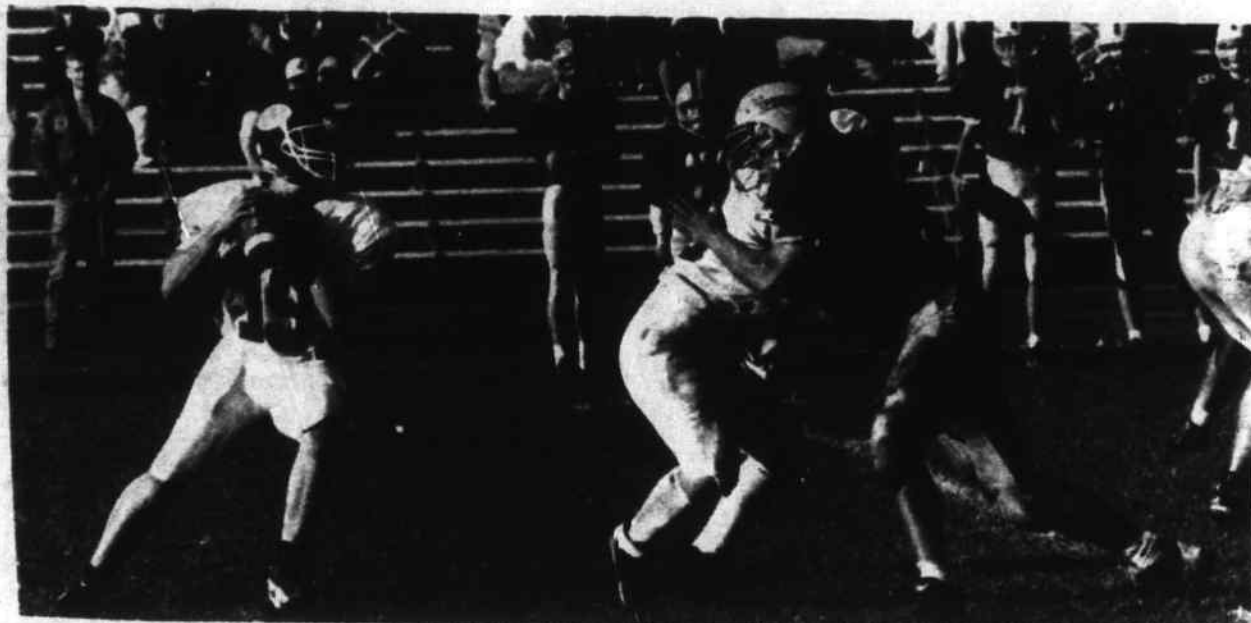
Points by Quarters

	1st	2nd	3rd	4th	Tot
Wilmington	22	43	39	21	125
Opponents	0	0	14	13	27

Team Stats

	Opp	Wil
First Downs	38	63
(Avg 1st downs)	7.7	12.6
Rushing yards	133-379	195-1489
(Avg rush yds)	75.8	297.8
Passing yards	312	288
(Avg pass yards)	62.4	57.6
3rd Down eff.	13-48	14-37
(% of 3rd downs)	27%	37.8%

4th Down eff.	4-19	6-11
(% of 4th downs)	21%	54.5%
Return yards	315	150
(Avg return yds)	63	30
Comp-Att	28-68-3	12-25-
(% of Comp.)	41%	48%
Sacked-Yds lost	13-116	1-1
(Avg yards lost)	23.2	0.2
Punts	16-32	7-31
Fumbles-lost	7-4	9-5
Penalties-yards	12-93	32-312
(Avg yards lost)	18.6	62.4



Wilmington High backup sophomore quarterback Jim O'Donnell looks to pass in Saturday's win (photo by Steve Picano).

Shawsheen Tech football starts 4-1

by Jamie Pote

With seven starters from Wilmington and three more from Tewksbury, it's safe to say that the Shawsheen Tech Football team is loaded with talent from the two towns. That is because the Rams are 4-1 and looking for a title in the Commonwealth Conference.

Bill Holloway, Jeff Senarian, Steve Johnson and Scott Fullerton all from Wilmington all the four captains for this year's team. They along with the rest of the team led the Rams to a 44-22 victory over Pope John on Saturday.

The Rams have a big game this Saturday as Greater Lawrence comes to their place. The last five years, these two teams have battled for five terrific games with all of them being decided by one-point. Head coach Eddie Gillis expects that to occur again on Saturday beginning at 1:30.

"This will be a big game for us - the two teams have really become rivals," Gillis said.

Against Pop John, locals Jimmy Goglia and Jimmy Brothers (two) of Tewksbury along with Holloway led the way with the team's touchdowns. Two other players from Billerica added the final two tallies.

Gillis said that all of the locals, the aforementioned along with Kevin and Jason Tildsley, Paul Caldwell, Aaron King of Wilmington and Dan McCarthy of Tewksbury, have all been doing very well. Goglia (fullback), Fullerton (half back), Brothers (tailback) and Holloway (tight end) are the team's go-to guys to start the offense. Fullerton and Caldwell are outside linebackers and Holloway is also a linebacker on defense with King and Kevin Tildsley defensive

backs. Senarian is an offensive guard and defensive tackle, while Johnson is a defensive end and a tackle, with McCarthy a nose guard.

All in all, Gillis said he is happy with what he is seeing thus far.

"We have a nice mix of juniors and seniors. Are our only loss if to Tyngsboro and we had seven turnovers against them which is uncharacteristic of us. We will be looking to take care of business on Saturday," Gillis said.

I realize that there are other Shawsheen Tech athletic teams. So if any player, coach, parent or fan would like to tell me about the locals participating on other teams, they are urged to contact me, here at the Town Crier at 658-2346.



Jim Boudreau's record breaking Gold Digger in action.

Jim Boudreau hits Gold with new record

On Friday, October 11, at Maple Grove Dragway, Reading, Pennsylvania, Jim Boudreau of Tewksbury set a new National Hot Rod Association Record in Super Stock.

The class record was set in the category of GT/AA for the quarter mile. The new record was set at 9.26 seconds at a speed of 144.71 m.p.h. The old record was held by

Phil Mandella, of Upland, Calif. at 9.31 seconds at a speed of 143.15 m.p.h. The eighth mile record was also set by Jim at 5.88 seconds at a speed of 116.33 m.p.h.

Jim Boudreau is owner and operator of Jim Boudreau's Automotive, 2184 Main St., Tewksbury; call 508-685-2120.

Outdoors column

Digging for cobwebs

by Bill Conlon

Amazing what can turn up in the cobwebby attics of New England.

A relative of mine recently dug up a gem while poking through the vast chasm of her attic. Found was a magazine article, from 1948, that detailed a hunting adventure with my granddad, the late John "Jack" Murray of Tyngsboro.

The article was written by Owen Flynn -- the guru of local outdoors writers and a hero of mine -- for "Hunting & Fishing" magazine.

In the piece, Owen told the tale of raccoon hunting with my granddad and his buddies, in the wilderness that lurks beyond our back doors.

'Coon hunting has fallen by the wayside in recent times, sadly. In Jack's day -- or rather "night," as 'coon hunting is the only legal form of hunting done after nightfall -- a 'coon hunt was fun, it put meat on the table, and farmers were glad to have the hunters come by. One such farmer, as stated in Owen's story, had lost dozens of turkey "poults" to 'coons recently, and the farmer's wife invited the hunters inside for coffee and snacks. Can you imagine such treatment today?

'Coon hunting requires a dog, and Jack had several. His favorite 'coon hound was "Old Lead," who starred in Owen's story, and on a good night there would be several dogs along for the hunt.

A 'coon hunt starts when the dogs are released, then the hunters take a seat and listen to the dogs as they work. Owen said the hunters spoke only in hushed voices, which didn't surprise me at all. The night has that effect on me, too.

With a little luck, the hounds will pick up a scent, and start baying to announce their discovery. Once the dog picks up a scent, the hunt turns into a chase between 'coon and dog, with the advantage belonging to the dog, but 'coons are NOT helpless.

Once the 'coon is chased up a tree, the hound will change its song, to a constant barking, to announce the new situation. Hunters pray that the 'coon will quickly run up a tree, because there is danger to the dogs. Raccoons are good swimmers, and sometimes a 'coon will run straight into the water, only to swim around behind the hound, climb the dog's neck, and drown the pursuer!

Once the hunters arrive at the tree they use flashlights to look for the twin red glows marking the 'coon's eyes. Then, according to my uncle John, they had a decision to make. Do they split the glowing red spots with a .22 slug (but now a shotgun, as per state law), or do the hunters try to take the 'coon alive?

A live 'coon (preferably a young one) would be broken to a collar and leash, then used to train new hounds to the game. But can you see climbing a tree, in the dark, while a furious raccoon is waiting above? And then you've got to shake the critter out of the branches? Right!

My uncle said the youngest guy in the party was usually picked to be the climber, while the others waited with a burlap sack. Once (if) the 'coon was shaken loose, the guys on the ground would scurry to bag the critter before the dogs tore it apart. So, you must also reach into a

raging dogfight to bag up an angry raccoon! Sure thing!

If the 'coon was shot, the hunters would still have to rush to pull the dogs off, and a climb might still be in order if the 'coon got its claw stuck in the tree bark.

And so it went, night after night, in the fields of Massachusetts.

Sadly, 'coon hunting is mostly the stuff of stories now. 'Coon hunting is all but forgotten in New England

today, and the raccoon population has skyrocketed as a result. With so many raccoons, but no predators to take them down, an outbreak of the rabies virus was almost inevitable. Countless thousands of 'coons died in the most recent rabies epidemic, placing both people and animals in dire jeopardy.

But in Grandpa Jack's day, there was no such thing as too many big, fat raccoons. No problem at all!



Tewksbury volleyball goes for the block in a recent MVC game (photo by Steve Picano).

Tewksbury Youth Soccer registration

The last chance to sign up for Tewksbury Youth Soccer will be Saturday, October 26 at the Soccer Building at the Frasca Fields from 9 a.m. to 1 p.m.. Anyone born before August 1, 1986 or after July 31, 1989 is eligible to play. Registration

fee is \$45 for in town and \$65 for travel.

Anyone signing up after this date will be subject to an additional \$10 late fee and placed on a waiting list.

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Total: 54-38		San Francisco 28	Cincinnati 20
Kansas City 31	Seattle 21	St. Louis 31	Jacksonville 21
Indianapolis 24	Patriots 21	Pittsburgh 30	Houston 24
Dallas 31	Atlanta 24	Tampa Bay 20	Arizona 10
Philadelphia 24	Miami 20	Monday night	
Carolina 35	New Orleans 10	San Diego 31	Oakland 24
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Denver 27	Baltimore 20		

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THURS. Oct 24 6:30-9	FRI. Oct 25 6:30-9	SAT. Oct 26 2-5:30 6:30-9	SUN. Oct 27 2-5:30 6:30-9	MON. Oct 28 6:30-9	TUES. Oct 29 6:30-9

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TC

Wilmington Pop Warner goes 3-2

A Team
Waltham 12 Wilmington 6
 Josh Hiltz run on a 4-yard quarterback keeper around the right end, late in the first half to lead the Wilmington Pop Warner A team to a victory.
 The A team sponsored by Hans Kissel ran into a pumped up Waltham team for their first loss of the season.
 Leading Wilmington on offense was Mark Jepson, Mike Bonnell, Bob French, Stephen Brown, Dan Creelmore, John DiPasquale, Brendan Binkoski, and Bill Cavanaugh.
 Coming up with a big fumble recovery was Andrew Campbell also playing well on defense was Jim Fennelly, Paul Ruggiero, Tom Coates, Tim Elliott, Matt Jordan, Mike Maloney and Sean McCarthy.

B Team
Waltham 12 Wilmington 0
 Wilmington Wildcat B Team sponsored by the Wilmington Rotary Club could not get things going their way on Sunday.
 Playing well on offense were Dennis Sullivan, Jason Wagstaff, Mike Herra, Adam King, John Dell'Anno, John Conley, Chuck Roussopoulos, Dave Aronofsky, Matt Collins and Jason DiPrimio.
 Playing tough on defense were Beau Boudreau, Chris Minghella, Jacob Wartroba, Derek Downs, Ryan Layton, John Eaton, Rick Cotto and Joe McSweeney.

C Team
Wilmington 7 Waltham 0
 The C team, sponsored by Tewksbury/Wilmington Elks came up on the short end of a 7-0 score.
 Playing well on defense were Derek Hanley, Sean Layton, Mike Gore, Steve Crawford, Mike Jones, Chris Lepore, Gary Mounsey, Jared Nims, Millie Harrison, Brad Lawrenson, Mike Cherubino, Christian DeVito, Mike Rideout, Pat O'Shea,

Sam Kusa, Derek Bruce and Matt Trimachi.

D Team
Wilmington 19 Waltham 6
 Joe Herra scored two touchdowns on quarterback keepers with Mike Cotto running for one TD and one P.A.T.

The D Team, sponsored by the Wilmington Knights of Columbus, put another 'W' in the win column. The offensive line was strong again on Sunday led by Bob Harrington, Rob Peterson, Brian Dalton, Chris Pedit and Tim Coates.

Coming up big on defense was Mike Cotto with an interception and Jeff Morgan with two fumble recoveries. Also doing an awesome

job were Justin Maimaron, Tim Coates backed up by Dan Jamerson, Paul Maisson and Tom Warford.

E Team
Wilmington 19 Waltham 0
 The E Team, sponsored by Brady Roofing, had a tough first half against a strong Waltham team. The Wildcats played even in the second half. Tim Mutter had a nice kickoff return to give the Cats good field position. On offense Brad Hodgson, Tom Walsh and Derek Fitzpatrick did a good job blocking.

Defense was led by Dan Sheehan who played a strong game at safety. Jonathan Maimaron and Chris Marcini played well on defense. Wilmington travels to Burlington this week.



Brad Lawrenson rushes the ball for the Wilmington Pop Warner C team (photo by Jim Boudreau).



Joey Herra gets wrapped up by a couple of defenders in Pop Warner D team action (photo by Jim Boudreau).



Wilmington Pop Warner D team's Michael Cotto heads up field, ball in hand (photo by Jim Boudreau).

Mite B's lose slugfest to Saugus, 7-5

Saugus 7 Wilmington 5
 The Wilmington Mite B youth hockey team had a busy holiday weekend, the first was a game between two high scoring teams, both undefeated going into this Valley League matchup.

Saugus got on the board first, but it didn't take long before Wilmington's Steven Stokes, with the help of Dana Steenbruggen broke up a play to take it in alone beating the Saugus goalie on a nifty left to right fake.

Wilmington kept the pressure on with Keith Irwin being stopped and Derek Flodin there to bang home the rebound. Great defensive plays by Nicholas Yeomelakis and David Rizzo to keep the score at 2-1.

The second period started with Saugus taking the lead back on two quick goals. Half way through the second Stokes lit the lamp again to keep the Cats in it, on a nice pass from Robby MacKinnon. Chris Stafford made several good saves to keep the score tied at three to end the second period.

Eric Svensson started the scoring off in the third with a pass from Flodin. Saugus came right back with two goals to retake the lead. Great hustle and a lot of hard skating from the defense pair of Derek Sullivan and Zachary Church breaking up several Saugus breakaways. With time running out on Wilmington's Stokes added his third to complete the hat trick and tie the game at five. Saugus scored two in the last two minutes to come away with the win.

Wilmington 3 Tewksbury 0
 In the second game Wilmington came away with a win over the Tewksbury Redmen. Derek Flodin started the scoring off in this game with a nice feed from Steven Stokes. Shayne Pellerin and Mike Earls made a good solid pass to Keith Irwin at the bottom of the circle to put the Cats up 2-0 in the first period.

Tewksbury was right in it as they barked one off the post. Good fore checking from Robbie MacKinnon,

Dana Steenbruggen and Derek Sullivan to keep the pressure on the Tewksbury goalie.

he second saw the first of two tripping penalties called on Wilmington, but the penalty was killed off successfully by Derek Sullivan.

Chris Stafford, Stokes and Steenbruggen. Danny Tobin made several good saves to keep the Wildcats in the lead. Nicholas Yeomelakis had a goal called back at the end of the period because of too many men in the crease.

In the third period, the Wildcats started off short-handed, but the defensive pair of David Rizzo and Eric Svensson managed to kill that one in front of Tobin. Brad Fraiser centered the puck to Flodin in the

slot to finish the scoring at 3-0. Hats off to Tewksbury goalie Larry Bruno for keeping the game as close as it was.

North Middlesex 7 Wilmington 5

The third game was a tough loss against the Knights Hawks. Both teams seemed pretty evenly matched. Wilmington got on the score board first when Mike Earls took a pass from Eric Svensson to stuff it past the Knight Hawk goalie.

The Hawks tied it quickly on a weird deflection. David Rizzo made many fine stops against this A rated team to keep the score tied at one.

The Hawks broke the tie early in the second, but Earls scored again

on a pass from Irwin to tie the game at two. The Hawks were called for a tripping penalty late in the period, but they were able to pick up another goal to break the tie. The period ended 3-2 in favor of the Hawks.

The Knight Hawks scored three quick goals at the beginning of the third when Wilmington mounted its comeback. Mike Earls scored again for the hat trick with assists going to Chris Stafford and Dana Steenbruggen. Robby MacKinnon fed Steenbruggen on a break away to bring the Cats within two.

Steven Stokes added one on a pass from Irwin. Knight Hawks added one more to end the game 7-5 and so ended a busy weekend.

Smurfs and White Lightning battle to 3-3 tie

Wilmington Wildcat Youth Field Hockey action continued this week with several games. The first game saw the Smurfs and White Lightning battle to a 3-3 tie. The White Lightning got a goal and an assist from Christine Carozza and two goals from Molly Pidgeon.

Danielle Cormier also added an assist for the Lightning. Playing well for the White Lightning were Jami Blackburn, Sara Collings, Jessica Kelleher, Ann Warford, Krista Wolfe and Stephanie "Yellow Socks" Winn.

The Smashing Smurfs were led by Christina DeSimone who had a goal and two assists. Heather Roberts with a goal and an assist, Judy Weiner added a goal and Kelly Torpey added an assist. Playing well for the Smurfs were Colleen Cahill, Lindsey McKenna, Brittany Irwin, Sabrina Fiorenza and Lindsay Cirone.

The next game saw the Yellow Jackets take on Big Blue. This game

was won by Big Blue and was much closer than the 5-1 score would indicate. Big Blue got its goals from two players, Kelly Gills (three) and Katie Catanzano (two). Assists went to Bethany Mutchler and Lauren Whitfield. Sarah Hubbard was excellent in goal, as well, turning back the furious attack of the Yellow Jackets who were "buzzing" all night. Kelly Gillis also played well for Big Blue.

The Yellow Jackets got their goal from Amanda Gustin. Playing well for the Jackets were Tara Binkowski, Elizabeth Carter, Jill Coutu, Julie Cronin, Shannon Gilligan, Kristin Kanter, Kelly McLaughlin, Kim Nadeau, Lauren Olson and Jenna Ruggiero. Ashley Young was in the net for the Yellow Jackets and made many great saves against the Big Blue onslaught.

The final game saw the Leprechauns defeat the Angels by a 4-1 score. Lori Vachon led the way for the Leprechauns with two goals, while Katelyn Sughrue and Lindsey Borseti each added one. Playing well for the Leprechauns were Jillian Deblois, Keri Gillespie, Deon Gray, Mary Grace Inglesse, Christy Johnson, Colleen McMahon, Maryanna Phillips, and Sheri Thresher.

The shorthanded Angels put up a fearsome struggle in the rain. They got excellent play from Michelle Cronin, Ashley Vieira, Lauren Gearty, Dawn Lemke, Amanda Mauriello, Christina Patel, Allea Scifo and Lauren Todd.

Wildcat Field Hockey action continues this Sunday at 4:30 at Aprile Memorial Field.

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NOVENA to ST. JUDE

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M.L.C.

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M.R.B.

Wilmington Youth Soccer highlights



Rich Gillis unleashes a punt in Saturday's win (photo by Steve Picano).

Win Pats' tix

Patriots fans will have the chance to win free game tickets and a dime-a-minute round trip airfare to the Sunday, October 20 New England vs. Indianapolis game, by participating in the Sprint Dense Dime Blitz.

On Friday, October 18, a drawing will be held at Foxboro Stadium to select 10 winners who will each win a pair of tickets to the Patriots/Colts game, and dime-a-minute round trip airfare for the 310 Minute flight to Indianapolis (that's only \$31 per person, to be exact!!)

To participate in the Sprint Sense Dime Blitz, football fans must bring \$31 in the dimes to Gate 5 at Foxboro Stadium between 7 to 9 p.m. on Friday, October 18. Former Patriot Pro Bowl line-backer, Andre Tippett, will draw the winning tickets at 9 a.m. Parking for the event will be available in lot P-6 only.

So grab yourself a game buddy, dig under your car seats, break those piggy banks and get those dimes rolling!!

Boys grade one Kansas City Comets vs Long Island Strikers

The Comets were led by the offensive passing of forwards Andrew Volpe and Grant Evans leading to a tremendous goal scored by Michael Kelly in Wilmington Youth Soccer paly from this Holiday weekend.

Andrew Donovan and Paul Kerr were tremendous in defense supporting the play of goal keeper Cam Sanville in net.

The Strikers were led by Tim Cushing and Nicholas Jannone with outstanding offensive passing leading to goals scored by Jared Mitrano and Billy Nickerson. Fullback Scott Bernard played an outstanding defensive game in front of excellent goal keeping by Stephen Baker.

Baltimore Blast vs New York Arrows

The Blast played a tremendous game with Kevin Creedon breaking through a strong defense to score along with Steven Marsh. Nigel Thorpe kept close tabs on the ball offensively while Matt Companschi aggressively attacked and passed the ball. JJ Pocari was the stopper in defense. Nicholas Robarge and Nicholas Powers making several key saves in the goal.

Arrows offensive attack was led by the play of Evan Brennan, Richard Murray, Craig Bush, Mike Papalegis, Kevin Skinner, and Alex Blackington providing key passes which led to a number of goal scoring opportunities.

Boston Blazers vs San Diego Sockers

Mike Enwright and Ryan Fahey scored for the Blazers with Timmy Perkins and Evan Borsetti leading many of the scoring attacks on offense. The defense was led by goalkeepers Chris Murphy and James Ham making some spectacular saves against a strong opponent. Andy DellaPelle was a defensive wall.

The Sockers were led by the offensive hustle of Mike Jensen, Chris Welch and D.J. Bemis. Steven Carr and Paul Martell were tremendous in defense in front of the fine play of goalkeeper Patrick Cassidy. This game was excellent in the team effort who played with only one substitute.

Wichita Wings vs Memphis Americans

The Wings played a solid team game with great passing from Kyle Taylor, Greg Good and Kevin Carter who were relentless on the opponents goal. Their strong passing game led to a goal by Keith Quigley and two goals by Mat Stokes. Scott Dacko and Justin Cerra played a good defensive and

were very tough in front of the net. The Wings played a great game against a very skilled opponent.

The Americans were led with goals scored by Mike Condell and Ernie Mello, assisted with great offensive passing from Vinnie Papageorgio, Joe Mahoney, Scott Ogilby and Chris Lesnick. The defensive play by Justin DeRosa was tremendous with numerous stops of the opponents' attacks. Goal keeper Andrew Valente played an outstanding game in the net.

Cleveland Force vs St. Louis Steamers

The Force were led by the strong attacking and passing of Nicholas Clark, William Crowley, Nicholas Milano and Andrew Milano. The whole team played a great team effort game.

The Steamers were led by the goal scoring of Brian Svenson, Robert MacIsaac, Matthew Bibeau and Nathan Clarkin assisted by the extra effort passing game of Josh Dell'Aria. Goal keeper Charlie Waitt and Daniel Mills had tremendous games in net with a shut out and great hustle by Steven MacIsaac in defense.

Girls grade one Tacoma Stars vs New Jersey Rockets

The Stars were led by another great game of team play and passing. The entire squad had a great offensive game.

Lauren Duffy made a great pass to set up the Rockets lone goal by Brittany Winchell. Kourenty Kasko and Lauren O'Brien led the Rockets defense with several stupendous saves in net. Victoria Tanzella and Korinne Ghafari made big plays in this tough defensive game. The Rockets played a great team game in a close match against the Stars.

Dallas Sidekicks vs Los Angelesazers

The Sidekicks were led by the great teamwork and passing of forwards Mary Cote, Nicole Scott, Noelle Silsbee and Christa Cavallaro to lead the offensive scoring threats. Jaclyn Sugrue, Jennifer DiNuccio, Andrea Mitchell and Casey Otovic played strong defensive games with Dana Nolan and Amanda Fahey playing outstanding games in the net.

Theazers were led by the great offensive play of Alanna Brush. Tremendous passing by Holly Michaud and Amanda Lord eading to goals scored by Stephanie Sauve, Michelle Phillips and Dolly Tynan. Jessica Stira had a great defensive game stopping many goal scoring opportunities by the opponents. Goal keepers Kimberly Stockton and Katie Stone played outstanding games in the net.

Pittsburgh Spirits vs Denver Avalanche

The Spirits had a big goal scored by Jessica LaBrecque with offensive help from Nicole Reed and Erin Muise. Big defensive plays were made by Rachel Faulkner, Mary Peterson and Stephanie Griffin. Christina Moretti and Jennifer O'Neill stopped many scoring opportunities and were outstanding in goal.

The Avalanche were led by the tremendous offensive play of Katelyn Gallant, setting up the lone goal scored by Jill Mangenelli making several key saves.

Girls grades two and three Panthers vs Chetahs

The Panthers were led by the goal scoring of Nadia Prinzivalli and Kimberly Gentile with superb passing from Cosslette Hirshfeld, Jaclyn Smith, Emily Donahue and Stephanie Seidman. Charlene Seidman and Deidre Carroll had tremendous stops on defense while goal keeper Krista Durkee had several key saves leading the Panthers to their third consecutive shutout.

The Cheetahs were led by the teamwork and passing of offensive forwards Christine Cassim, Katelyn Phaup and Kimberly James. Katherine Holland, Erika Besky and Leah Hudson controlled the game defensively, supporting goal keepers Lindsay Ventola and Meaghan Doherty.

Pythons vs Rhinos

The Pythons were led by the strong passign and team play of Kelly Prior, Jessica Brouillard and Katie Arsenault leading to two goals scored by Debbie Rooker. Alana Lacey, Kim Koerber and Cara Jenkins played good defense with many stops of the opponents attacks. Lauren Tuttle and Jessica Kindred played outstanding in goal.

Chelsea Gish and Danielle Robarge and led the offensive scoring attacks for the Rhinos. Caitlin Tuck, Amanda Stone and Ashley Ricardo had good defense and kept the game exciting against the Pythons. Tanya Wile and Kim Silvia had great games in goal.

Lions vs Leopards

The Lions were led by a great goal from Danielle Bamberg with Ashley Vitale, Lauren Brassil and Katelyn McFeeters providing some exciting offensive passes. Katey Dzoziorka, Lauren Heenan and Julie MacIsaac played tremendous defense in front of the goal keeper Kaley Maguire who had several key saves.

The Leopards scored three goals by Jennifer Comer with teammate Tara McNabb providing key passing offensively. Ashley Poirier and

Alyssa Smith played strong games defensively with goal keepers Katelyn Sullivan and Alyssa Smith playing outstanding in the net stopping many shots on goal.

Cobras vs Tigers

Krystal Beaudin led the scoring for the Cobras, receiving great passes and assists from Christine Marques, Monica Folk, Hannah Blasidell, Sarah Erlaga and Stephanie Williams. Gabrielle Hauray, Jackie Stokes and Kerri Stinson were unbeatable on defense with Katelyn McGrath and Brittany Collins playing outstanding games as goal keeper.

The Tigers were led by the play of Courtney Parsons, Amanda Nichols, Samantha Little and Madeline Salha. Addie Solomon and Dina Feranti played an outstanding game defensively. Stopping many of the opponents shots on net was goal keeper Catherine Sheerin.

Boys grade two N.E. Revolution vs D.C. United

The Revolution played an honest hardworking game by all. Great passing and offensive plays by Brendan DeMango, Matt Patalano and Richard Barry. Ryan Loring, Dean Carpenito and Jason Evans had some tremendous stops in front of the goalkeepers Dan Metcalfe and James Cuoco, who made some great saves in net for the Revolution.

The United played an impressive offensive game with timely passing by Sean Bernardo, Patrick Schultz, and Michael Lafarello leading to goals scored by Mark Walsh and Derek Hanson. The goal keeper was Kenny Adams and CJ Jeanette played a great game in net supported by the defensive plays and take aways of Andrew Barrett and Michael Pickett.

Colorado Rapids vs Dallas Burn

The Rapids offensive attacks were led by the play of Adam Levine Sonny Marfleet and Zachary Church resulting in goals by Kyle Borsetti and Patrick Ryan. Chris Bocchino, Michael Bartlett and Timothy Forte played strong defense in front of goal keepers David Sweet and Chris Azevedo.

The Burn were led by the scoring of Jesse Belding, supported by soem impressive passing by Chris Dancoe and Vincent See. A strong defensive game was played by Derek Stukey and James Savesa, with the goal keeping by Scott Bransfield and Steven Shibilila outstanding during the match.

LA Galaxy vs San Jose Clash

The tremendous defensive play
•Youth soccer continued page 24

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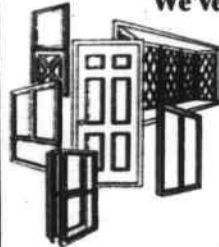
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More Wilmington Youth Soccer action from p. 21

game of Tom Nelson and Tom Coughlin kept the game exciting for the Galaxy. Kyle Joyce and Justin Steeves made some good passes in attack of the opponents net leading to a goal scored by Michael Emery. Dana Steenbruggen played an outstanding goal keeping game.

The Clash played a great game, hustling on both halves of the field. Nathan Axelson scored on an assist from Michael Wilson leading the offensive play. Brendan O'Riordan played outstanding defense in front of goal keeper Joshua Bodah. All around good play by the entire team.

Boys grade three Steelers vs Patriots

The Steelers pressed the ball up the field with timely passing by Justin Fleck, David Rousseaux and Aldo Caira leading to two goals scored by Michael Earls. Jimmy Goode, Bryan McGuire and John Nickerson played great defense stopping many breakaways and supporting the saves in net by keepers Daniel Kline and Andrew Collier.

The Patriots were led by the play of Rick Fudge, Zack Michaud, Brandon Imbema and Michael Fogarty supported play offensively with some strategic passing. Bryan Raposa and Rick Fudge played an outstanding game in defense.

Dallas vs Vikings

Dallas had an outstanding goal scored by Nick Manent who stole the ball and kicked a high one in the corner of the net. Matt Murphy and P.J. Pratt made several great passes to start the offensive rushes. Nick Gustin was a standout on defense, along with John Ungaro and Stephen Tower. Tim Collins played a very strong game in net with Sam Oglesby making a great stop on a Viking breakaway.

The Vikings had strong offensive attacks with goals scored by David Doucette and William Schultz. Eric Murray and Jonathan Ryan played strong games at forward leading many of the attacks. Goalkeepers Anthony DiPaolo and Jamie Ruggerio played a strong challenging game in the net.

Girls grades four and five Yale vs Dartmouth

Yale was led by another very strong offensive attacking game. Forwards Ashley Robarge and Gina Bologrese and strong passing games. Pam Bruce and Jessica Roberts had many takeaways in the defensive zone supporting the fine play to goal keepers Megan Hand and Ashley Robar.

Dartmouth put on an offensive show with the goals scored by Amalia Aruda, Emily Largenton and Ellen Largenton. Jessica Barry, Michele Whittington and Kaitlyn Jordan played strongly offensively and assisted in passing for goals. The outstanding defensive play of Holly Huner and the goal keepers Renee Wait and Eliza Berberian helped prevent the opponents from scoring.

Boston College vs Harvard

Boston College was led by the strong offensive play of Nicole

Tobin, Katherine McMahon and Jillian Stira leading to goals scored by Jacqueline Grady, Ashley Downs and Michaela Rousseaux. Fullbacks Lindsay Brown and Sara Tang along with goalkeepers Julie McDougall and Kristen Emede stopped many of the opponents shots on net.

Harvard had an outstanding game offensively with great passing by Andrea Gomez and Jessie Nolan, leading to many scoring threats on the opponents net. Jennifer Bresnahan and Lani Cabral-Pini were unbeatable in defense supporting the play of goal keepers Amanda Dacko and Alicia Ruiz.

Boys grades four and five Ohio State vs Providence

Ohio State played another great game of teamwork in a hard fought match. Steven Iorio scored for the Buckeyes on fine passing from Brad McIsaac, Christopher Pereira, and Michael Scaduto. Kevin Coleand Patrick Schofield turned in fine defensive performances in front of the some phenomenal saves by goal keepers Mike St. Aubin and Jason Axelson.

Providence was led by the scoring of Dan Dilworth and Scott Konieczka on assists by Ben Little and Billy Papageorgiou. Dan Shibilis and Andrew Mills played outstanding defense at fullback with goal keeper Dan Cwiekowski making some key saves in net.

North Carolina vs Maine

North Carolina had strong offensive play and passing by forward Sean Collier, leading to goals scored by Mark Durant, Michael Adams and Joe Morello. The defensive takeaways by the fullbacks were tremendous, assisting goalkeepers Ryan Maguire and Joe Silva in stopping the offensive attacks of the opponents.

The offensive hustle of Shayne Gaffney led to the lone goal scored by Maine. Defender Ryan Curtis had a tremendous game in defense with John DiPaolo playing a terrific game in goal for the Maine squad. Matt Clarkin hustled for the entire game.

UConn vs UMass

UConn played well on both ends of the field with Brendon Jones leading the offensive attacks and William Dunbar scoring for the Huskies. Tarvis Mills had a stellar performance in defense. Great goal keeping play by Ryan Kindred kept the game exciting.

UMass had outstanding goals scored by Devn Boyle, Brandon Kelly and Matt Hogg, on assists by Patrick Fleck, Rich Tuck and Michael Frissore. Eric Steeves and Daniel Ellsworth were tremendous a fullback supporting the fine play of goalkeeper Danny Farrell.

Coed grades six, seven and eight USA vs Ireland

USA played an outstanding game with a goal scored by Mike Maleszyk. Chris Ruggiero, Cindy Craig and Robert Muise played a great offensive game for the USA. Defenders Melissa Nichols and Chris Danciewicz along with goal keeper Danielle Cleary played a strong defensive game stopping many shots on goal.

Ireland had several strong offensive scoring drives with Andrew Petrillo and Sean Casey leading the scoring on assists from Erin McPeeters and good passing from Ryan Murray. Fullbacks Taryn Bertolino, Billy McGarry,

Justin Reidy and Heather Travis played an outstanding game displaying their defensive prowess. Goal keeper Jason Manent cleared many of the opponents shots on goal.

Brazil vs Italy

Brazil was led by relentless

offensive scoring attacks of Kathleen Sullivan, Eric Farrell and Jonathan Tremblay leading to a goal scored by Mike Robar. Nicole Silva and Kimberly Thibault had a great game in defense with excellent goal tending by keepers Jennifer Rogers and Christopher Masci.

Italy had good passing and offensive play by Caroline Powers and Rich Pallizzola leading to many attacks of the opponents net. Maria Griffin, Michael Bell and Christopher Styles played tremendous defense in front of goal keeper Corey McCann.

Wilmington boys under-9 B youth soccer

The Wilmington boys Under 9B youth soccer team traveled to Tufts Park last week to take on the highly touted Medford team.

The game was pivotal as the winner would take over first place with two games to go. By means of a total team effort, the Wilmington team is now perched at the top of the Division 4A standings with a solid 3-0 shutout of Medford.

The game started off very tense as tremendous passing by Medford kept the pressure on Wilmington for almost 10 minutes. Kevin McDonough was immense in the nets and somehow the game remained scoreless.

Back and forth both teams went from here, each nailing down good opportunities, but the Medford goalie and now Derek DeRosa in the nets for Wilmington answered every call.

With two minutes in the half, in an incredible display of speed, Scott "Stonewall" Sferazza, bolted from midfield and drilled a shot past the stunned Medford goalie to put the Wildcats up 1-0. Rather the run out the clock, Sferazza then stole the bell and in an almost identical play banged in his own goal in 45 seconds, and Wilmington went up 2-0.

The visitors had just broken the back of Medford and for all intents and purposes, this game was done as the mental part of soccer took over. Medford was totally dejected while Wilmington was spilling over with confidence.

The second half was a half that saw good action on both sides. Sferazza and Chris Crosby did goalie duty for Wilmington and just put the clamps on Medford. Late in the

second half, Medford pulled up the defense as desperation set in, but the final nail in the coffin was hammered in when Brian Bolger and Kevin McDonough fed a streaking Russo who scored past the now throttled Medford goalie scoring the final 3-0 tally.

Excellent midfield play was done by Jonathan Langone, Sean Murphy, Justin Patrie, and tony Karcle-

kas. Defensive gems were turned in by Rocco Pucci and Josh Mayo.

After a Sudbury fall challenge tournament stint next week, the Wilmington team will be hosting Waltham at Shawsheen in their final home game. Hopefully a win there will be the springboard for the season finale at Somerville, where they will go for all the marbles. The Wilmington team record is now 4-1-1.

Under-10 C girls soccer

Saturday, October 5, the Wilmington Girls U10-C (U9-A) youth soccer team traveled to Reading to play their fifth game of the season.

The Wilmington girls jumped out to a quick four goal lead with their explosive offense lead by Mallory DeRosa and Kelley Lemke. Amanda Miles and Taryn Martiniello helped keep the pressure on with their pinpoint passing leading to the goals.

The defensive play of Danielle O'Shea and Katie Bolger kept the play in Reading's end of the field. Reading came on full force keeping goalkeepers Erin Magee and Mallory DeRosa on their toes.

It was not until the second half of the game that Reading would break through for their only goal of the game. Christian Luciano, Alicia Faulkner and Ashley Bruno got tough on defense to prevent any further attempts on net.

The Wilmington offense picked up the pace again as Katelyn Maggio and Samantha Canning had several good chances on the Reading goal. The action continued up and down the field until the game ended in a 4-1 victory for Wilmington.

On Sunday, October 6, the team hosted a hungry Westford team looking to avenge their early season loss. The two teams battled up and down the field in a hard fought contest all game long. Samantha Canning pounced on a loose ball in front of the Westford goal to put Wilmington ahead 1-0.

Christina Luciano, Amanda Miles and Daniel O'Shea applied pressure in the Westford end while the strong defense of Ashley Bruno, Kelley Lemke and Taryn Martiniello protected the Wilmington goal manned by Katelyn Maggio.

The second half continued with more of the same non stop action with neither team able to pull away. Katie Bolger and Mallory DeRosa were determined to maintain Wilmington's lead as they shown great all around play.

Westford's late game charge was stopped cold by the key saves of goalkeeper Samantha Canning who preserved the 1-0 win over Westford. Wilmington will put its undefeated streak to the test as they travel to Melrose for their next game.

Bay State winter games

The 12th Annual Bay State Winter Games will be held in the Berkshires on January 24, 25, and 26, 1997. The Games will feature close to 2,000 athletes competing in four sports: masters ice hockey, figure skating, Alpine skiing and cross country skiing. Entries are now being accepted for the figure skating competition.

Figure skating

Applications are now being accepted for the Bay State Winter Games' figure skating competition. The event will take place January 24, 25, and 16 at the Williams Ice Rink in Williamstown. Competition is open to athletes performing in both USAFSA and ISIA divisions

Athletes must be at least 10 years of age to compete.

Registration deadline is December 2, 1996 and are accepted on a first come, first served basis (many divisions fill prior to entry deadline).

The Bay State Winter Games is a project of the Mass. Amateur Sports Foundation. The Mass. Amateur Sports Foundation also organizes the Bay State Summer Games special educational programs and other competitions throughout the year.

For additional registration, sponsorship and volunteer information call 617-391-1196.

Stretch and walk

Winchester Hospital offers a light workout program for moms and their new babies (four weeks and up) that emphasizes stretching and toning. New moms are able to get together with others after the birth of their babies and share parenting concerns and experiences.

The program is being held on Fridays from 8:30 to 10:30 a.m. beginning October 4-25 at the Community Education Room located inside Baldwin Park II on 7 Alfred St. in Woburn. To register and for more information call Winchester Hospital's Community Health Institute at 617-756-4700.

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Under 10 A girls soccer team undefeated

The girls under 10A youth soccer soccer team continued unbeaten in matches held October 4 and 5, winning games five and six of the 1996-97 fall season and posting a 5-0-1 record.

On Saturday, the lady Wildcats traveled to Woburn in a closely defended game and came out on top, 1-0. Woburn's defense hung tough against an aggressive Wilmington offense, whose coordinated plays continually pressured the opponents.

Midway through the second half, wing Celine DeMaggio bounced in the only score of the game off a long, accurate pass from midfielder

Nicole Sauve. Defenders Jacqueline Spry, Erin Cahill and Julia Leve-rone and keeper Stephanie Ramsdell thwarted Woburn and virtually shut down Woburn's defense.

Dominating the entire game, Wilmington's ball handling and passing skills won the day over Concord-Carlisle on Sunday, 3-0. After a slow first half, the girls came alive but couldn't beat the keeper until late in the second half. Within 10 minutes of the final whistle, midfielder Nicole Sauve sent a beautiful pass on goal that was resoundingly blasted in the net by wing Celine DeMaggio.

Five minutes later, defender Caitlin Foley maneuvered past Concord-Carlisle's defense and passed back to midfielder Teresa DeSimone, who quickly connected with wide open wing Debbie Lyons. Debbie crossed to a perfectly positioned Caitlin who knocked in the score.

One minute before the end of the game, wing Jackie Rideout booted in a beauty after exploding past the entire Concord-Carlisle defense.

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Local doctor may have a better way of treating

Glaucoma

By DOUG WOOD-BOYLE

It wasn't long ago when Glaucoma was a difficult disease to treat and most of that treatment was done with eyedrops.

However, with the development of laser treatments Glaucoma became a little more manageable. Now, with the work of Reading Ophthalmologist Dr. Mark Latina a potentially safer laser treatment has been developed.

The treatment is called Selective Laser Trabeculoplasty and is done using a short wavelength Nd:YAG laser instead of the conventional Argon laser used in present trabeculoplasty treatments. Dr. Latina has been developing his treatment at Massachusetts General Hospital's Wellman Laboratory for Laser Medicine.

Wellman has been described as one of the largest laser research labs on the East Coast. Latina describes the process

as "a less destructive, more gentle treatment than what has been used to treat glaucoma"

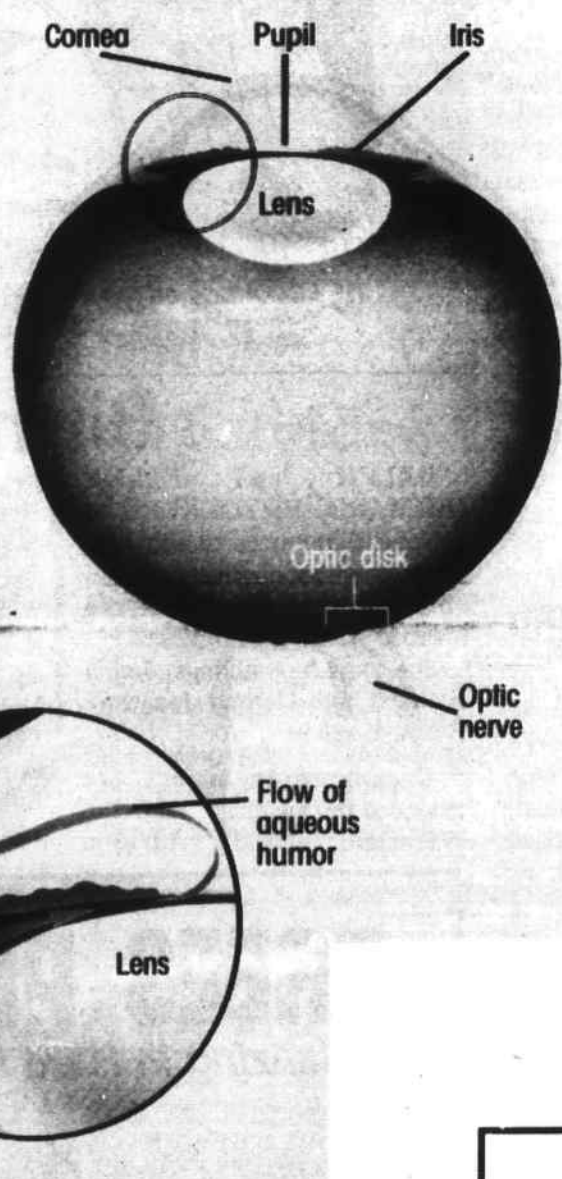
He explained, "It can be used multiple times for up to one time per year for treatment and intraocular pressure control."

According to Latina, the development has two meanings:

•There is a new laser treatment for glaucoma that is safer; and

•If it works really good and is gentle enough it could replace the use of eyedrops.

A Patient's Guide to Glaucoma



DR. MARK LATINA evaluates a patient to see if she will qualify to be a candidate for his new Selective Laser Trabeculoplasty which offers promise for those patients suffering from Glaucoma.

In laymen's terms the machine selects certain pigmented ocular cells for treatment rather than burning, and possibly causing to coagulate, all the surrounding cells in the trabecular meshwork. It is this meshwork that clogs up allowing fluid, which is normally produced by the eye, to build within the eye causing too much pressure.

When the fluid builds up, or glaucoma occurs, unless it is relieved the nerves can become damaged and peripheral vision starts to decline until blindness takes place.

According to Latina, Glaucoma is one of the leading causes of irreversible blindness in the United States, especially for people over 40. It can be inherited and people are warned that if a family member has the disease then other family members are likely to get it.

Glaucoma has been described as a "silent disease." Like high blood pressure, a person may or may not know that they have Glaucoma to S-26



Folks, I remember when some of the greatest football teams from Everett High School had a Fiorentino in the lineup. When one would graduate another Fiorentino would join the team.

Jimmy Brennan was asked by an insurance adjuster, "when did you first notice that your roof was leaking?" "Last night Jimmy replied, "when it took me two hours to finish my soup."

My cousin Mario DiMino said to the judge, "your honor, how can I be charged with forgery when I can't even sign my own name?" "You are 'NOT' charged with signing your 'OWN' name," the judge replied.

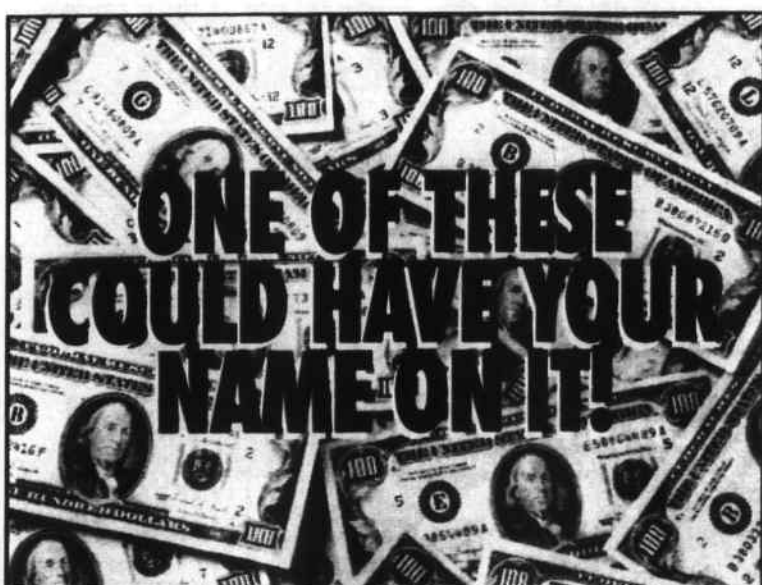
George Gould went broke in Las Vegas. He lost his money,

watch and imitation gold ring but, went away happy knowing that he didn't lose his, 'Good Luck Charm.'

One of the finest persons I know from Everett is, Marty McDonough. He is indeed a veritable St. Francis of Assisi. He learned this lesson at his mother's knee, "Give charity to all son, and never doubt. That's what life is all about."

Tony Stack was waddling home at 2 in the morning after a night out with the boys. His wife Mary was waiting for him at the front gate. She took Tony by the arm and marched him up to the top of the street. She pointed her finger and said, "Do you see that

Woodchips to S-6



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VNA live and silent auction October 18

Phil Giunta, a North Reading resident and Partner at Whittier Partners, Boston, has accepted the role of Honorary Chairperson for the fourth annual Visiting Nurse Association of Middlesex-East Foundation and Visiting Nurse Hospice live and silent auction.

This exciting event has been scheduled for October 18, at the Hillview Country Club in North Reading and hopes to attract over 200 guests this year.

Giunta, was thrilled with the nomination and states and commented "The VNA of Middlesex-East and Visiting Nurse Hospice has been providing needed health care services to so many Greater Boston communities including my own community of North Reading for over 94 years. I was honored to be asked by such a worthy organization."

Executive Director/CEO Jacquelyn Galluzzi expresses, "We are thrilled to have Phil as our Honorary Chair. He and

Whittier Partners have already been extremely generous and supportive of this event and our organization. Having Phil as our Honorary Chair was a great choice for us and I am very

pleased he has accepted the appointment."

Admission to the event is \$15 and includes hors d'oeuvres along with a chance to bid on items. Reservations are request-

ed. For further information or to reserve your ticket please contact Kathryn Moriarty at the Visiting Nurse Association of Middlesex-East/Visiting Nurse Hospice at 617-438-3770 x 640.

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The Shriners are again offering family entertainment at its best and it is truly affordable! It's the 6th annual Haunted House spectacular held at the Shriners Auditorium in Wilmington.

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Chairmen Mark Shaw and

Bob Greene say this is one more example of Family Entertainment that we take pride in presenting to the community.

Shriners Auditorium is conveniently located off exit 39 from

Route 93. Tickets for the Haunted House are just \$4. Save \$1 with coupon. For more information call 617-665-6466 or 508-657-4202

Wakefield Festival Chorus welcomes new singers

The Wakefield Festival Chorus has begun evening rehearsals for the first of three concerts to be presented for the 1996-97 season. This will be the ninth season for the Chorus which rehearses and performs at the First Parish Congregational Church in Wakefield.

The Festival Chorus is a community chorus of 60 singers from Wakefield and surrounding communities.

Rehearsals began on Wednesday evening, October 2 and continue on Wednesdays through November 20 in preparation for its first concert of the season on Sunday, November 24 at 7pm. The first concert will be George Frederic Handel's "Messiah." The scheduled rehearsal time is from 8:30 to 9:30pm on Wednesday evenings starting October 2 and continuing through November 20.

There are no auditions for chorus members and music scores are available at the first and second rehearsals. There is plenty of free parking at the rear of the church and the rehearsals are held in the Music

Room on the lower level. New singers are always welcome and we ask only for a commitment for the current concert. You are not required to make a commitment for all three concerts.

The Wakefield Festival Chorus performs three concerts per year with two concerts of major choral works and one Christmas concert. The second concert of the season will be the annual Christmas concert scheduled for Sunday, December 22 at 7pm. The annual Christmas Concert of familiar Christmas Carols will be performed with the Middlesex Concert Band. Rehearsals are scheduled for Wednesday at 8:30 pm on December 4, 11, 18.

The Spring concert program will include choral work: "Nanie" by Johannes Brahms. Other choral works for this concert will be announced prior to rehearsals which begin on Wednesday, February 26 with a performance date of Sunday, May 4, at 7pm.

For more information or to be on the mailing list please call the church office at 617-245-1539. There is a 24-hour answering machine.

Births

MR. and MRS. WILLIAM P. LEONARD (Kathleen M. Duffey) of Saugus announce the birth of their daughter Carolyn Rose Leonard on September 30, 1996. Grandparents honors are extended to Mr. & Mrs. John

Duffey of Woburn and Mr. & Mrs. William Leonard of Saugus.

MR. and MRS. MICHAEL E. ROURKE (Anne M. Carlson) of Lynnfield announce the birth of their son Jake Douglas Rourke on September 20, 1996. Grandparent honors are extended to Mrs. Margaret F. Carlson of Woburn and Mrs. Ruth E. Rourke Swampscott.

MR. PATRICK QUEENAN and MS. LAURA MOORE of Salem, announce the birth of their daughter, Megan Elizabeth Queenan, on October 2, 1996 at the Boston Regional Medical Center. She joins her siblings, Patrick Queenan and Ashley Moore.

Grandparent honors are extended to Mr. and Mrs. Larry Wood of Reading, and Mr. and Mrs. John Queenan of Salem.

Great-grandparent honors are extended to Mr. and Mrs. Charles Doucette of Stoneham.

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Answers: Sign, Air, Tail, Mouth, Nose, Baker's Hat, Cake.

IT JUST SO HAPPENED



Births

RALPH and ELLEN (RICHARD) PRYDEKKEK of Wakefield announce the birth of their daughter, Judith Adriana, on September 20, 1996 at the Melrose Wakefield Hospital.

She joins her siblings, Jenna Richard, age 11, and Jonathan Richard, age 9.

Grandparents honors are extended to Dorothy I. Viland of Wakefield, and Adriana

Prydekker of Zwigndrecht, Netherlands.

DAVID JOSEPH and LAURIE ANNE (KIRWIN) HAYES of Wilmington, announce the birth of their daughter, Casie Marie, on September 28, 1996 at the Melrose Wakefield Hospital.

Grandparent honors are extended to Nancy and Laurence Kirwin of Andover and William and Sheila Hayes of Reading.

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THURS. Oct 24 6:30-9	FRI. Oct 25 6:30-9	SAT. Oct 26 2-5:30 6:30-9	SUN. Oct 27 2-5:30 6:30-9	MON. Oct 28 6:30-9
				TUES. Oct 29 6:30-9

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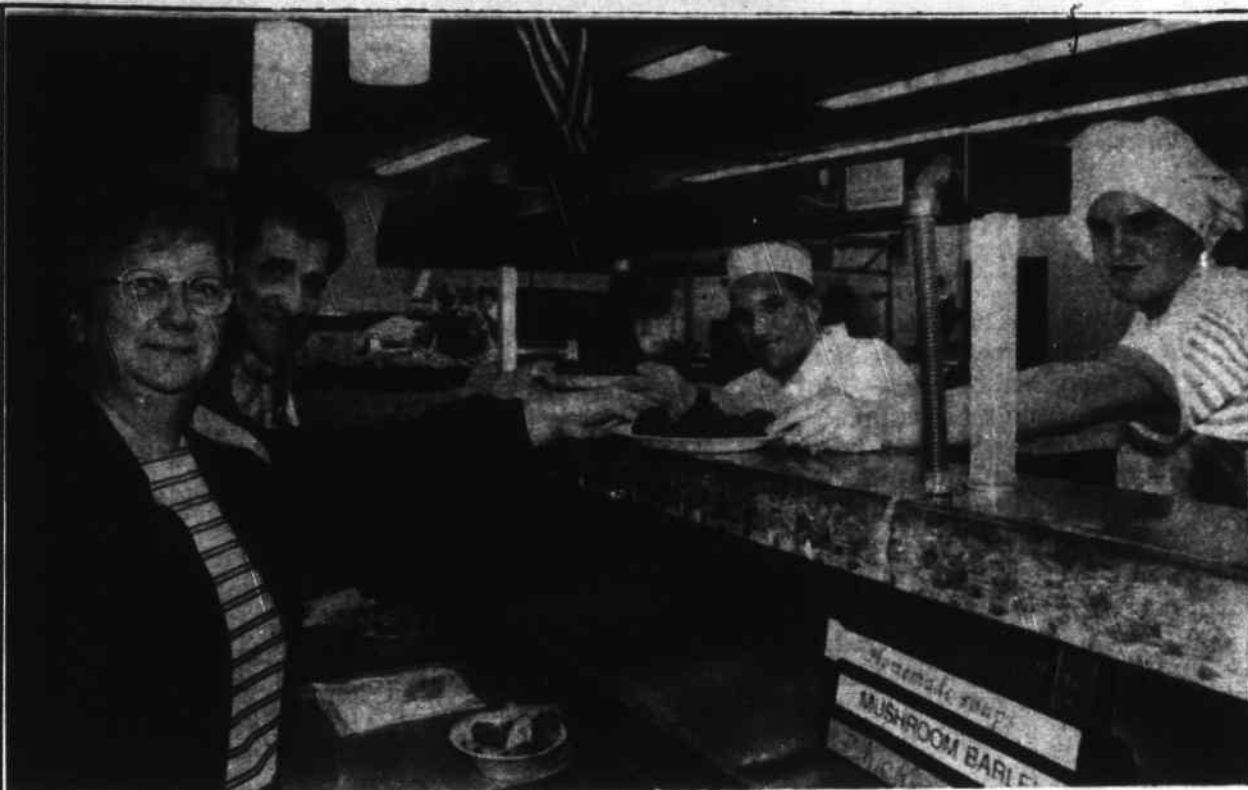
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THE NORTHEAST SPECIAL EDUCATION Parent Advisory Council served a full course spaghetti dinner recently to raise monies for student scholarships, as well as enrichment programs for students in the special education department. Several area businesses donated food items and gift certificates for the dinner. They are: Costa Fruit and Produce, Kinnealey Beef, Shaheen Brothers, Star Market, Super Stop and Shop, Shop 'n Save, Bertucci's, Prince Restaurant and Russo's Candy House of Saugus, Anthony's Restaurant and Piantedose's Bakery of Malden, Coffee Break in Wakefield and Dunkin' Donuts in Peabody and Wakefield. Culinary Arts teacher Larry Bowden supervised the following students who prepared and served the evening's menu: Ben Chu, Dave Baker, Craig Ouellette, Chris McDonald and Scott Levenson. The spaghetti dinner was attended by many local area residents, Northeast staff, students and their families. Gift calendars for the month of January were also distributed. Several gift items from the vocational shops will be raffled off in January. If interested in purchasing a calendar, please call 246-0810, extension 651. (Joe Haakey photo)

Nazareth holds Open House

Our Lady of Nazareth Academy will hold open houses for prospective students and their families at its 20-acre campus on Thursday, October 24 from 6:30 pm to 8:30 pm, and on Saturday, October 26 from 1:30 pm to 4:30 pm.

A college preparatory high

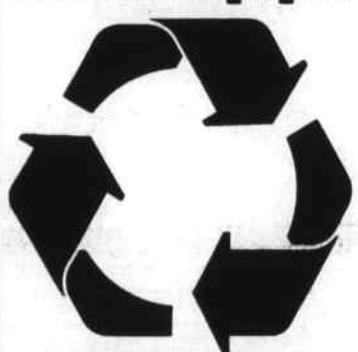
school, educating young women in the Catholic tradition, Nazareth welcomes all students.

Nazareth is located at 14 Winship Drive in Wakefield just minutes from Route 128 (Exit 39, North Ave. to Albion St., Wakefield) and Route 93 (Exit 36, Montvale Ave. to Main St.,

Route 28, Stoneham to Elm-Albion, Wakefield). From Albion St., turn at VIP gas station onto Jordan Ave. Third left onto Mansion Road. First left onto Winship Drive. School and parking at top of hill.

For more information, call 617-245-5210 or 0749.

Please Recycle This Newspaper



"M.E.'s For You"

Middlesex Canal Fall Walk on Saturday, October 19

The Middlesex Canal Association will conduct a Fall Walk this coming Saturday, October 19th beginning at 2:00 pm in Billerica.

The group will meet at Talbot Mills parking lot at Rogers

Street where the it crosses the Concord River in Billerica.

From Talbot Mills the group

will walk south toward Mill Pond and then return by the same route. The group will then proceed to caravan to Gray St from where they will walk north with the opportunity to observe culverts and other canal works.

New persons are invited and questions may be directed to Roger Hagopian at 617-861-7868 or Bill Gerber at 508-251-4971.

About The Towns

by Phyllis Nissen

Food Pantry needs you

"The Reading Clergy Association Food Pantry announces the need for additional food," notes the Reading edition of the "Daily Times Chronicle."

"The long hot summer has resulted in few donations of food and non-food products while the demand has remained relatively high on a weekly basis, depleting the shelves. There is an ample supply of pasta, tuna fish and soup."

"Current needs are for paper products, cleaning products, soap, toiletries, sugar, coffee, tea and canned meat. Soap and paper products are totally depleted."

"Over the past six years the Food Pantry has grown enormously in usage, now serving approximately 50 families per week. Financial contributions provide for food vouchers at the Atlantic Food Mart for perishable items and allow volunteers to purchase food in quantity from the Boston Food Bank. The latter food is donated by large stores and distributors and can be purchased by food pantries at a very low cost per pound."

"There are always openings for volunteers to work stocking the shelves, serving clients, or traveling to the Food Bank for additional supplies. People may volunteer by calling the food pantry number at 944-8486 and leaving a message on the answering machine if there is no person present. A volunteer will get back to the caller."

"Food may be left at the Old South United Methodist Church any weekday from 9 a.m. to 2 p.m. The food pantry is currently open on Monday evening from 7 to 8 p.m. and Friday morning from 10:30 to 11:30. Checks payable to the Reading Clergy Association can be sent to Sr. Jean Delaney, St. Athanasius Church, 300 Haverhill St.,

Reading, 01867.

"For further information, contact Rev. Robert K. Sweet, Jr. at 944-2636."

Going off the deep end?

"The town's response to the Environmental Protection

Agency (EPA) asks federal officials to consider the impact of the cease and desist of the Pillings Pond restoration project to 'people's lives and the impact on the status of the pond,'" notes the "Lynnfield Villager."

"In a letter to Harley F. Laing, Director of the Office of

Towns to S-4

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Towns

Environmental Stewardship for the EPA in Boston, Town Administrator Joseph Maney wrote, "It is difficult to understand how the EPA can issue a cease and desist order on the Pillings Pond restoration project in Lynnfield, which has been ongoing for 6 1/2 years without considering the impact on people's lives and the impact on the status of the pond. This order will put six people out of work at a time when after years of very slow progress, things seemed to be picking up."

"Maney pointed out the town is in the process of negotiating with the Mass. Department of Environmental Management (DEM) for a \$100,000 grant to purchase equipment and support services that will move the project along. He stated the contractor, Gagnon Construction Co. of Peabody has recently received a few sizable orders for peat, loam and fill."

"This is a project to clean the water at Pillings Pond and improve the environment by removing undesirable material, which over the years has fostered excessive vegetation which decomposes, fouls the air and consumes the deep-water oxygen vital for fish and other animal life," Maney stated.

"He continued, 'We respectfully request that you reconsider your cease and desist order and allow us to continue the project while we prepare and submit our application for a permit. This is a traumatic event for the town and its people. It would seem that any government

would have a strong moral obligation to take into consideration the impact of stopping a 6 1/2 year project where the parties acted openly in good faith...."

Not really

"Townpeople began complaining about the odor from Pillings Pond 30 years ago and tried unsuccessfully to control the stench by manually and mechanically removing the weed growth," continues the "Lynnfield Villager." (see above)

"In 1970 an engineering study was performed which identified the nutrient rich bottom of the pond, with peat depths of up to 27 feet to be the principal factor causing the deterioration of the pond. The basic conclusion for improvement was to dredge the offending material."

"It wasn't until 1989 however, that a group of people formed a committee with the approval of the Conservation Commission and ultimately the Board of Selectmen to take action. They filed a Notice of Intent with the Lynnfield Conservation

Commission which issued an Order of Conditions on December 19, 1989."

The rest of the story

"Townpeople and residents are eager for the project to be completed, to have a pond the whole town can enjoy," continues the "Lynnfield Villager." (see above)

"Abutters have put up with truck traffic, noise, dust and dirt, and rather than living on the water are living on the edge of a construction site."

See the "Lynnfield Villager" for the rest of the story.

"About the Towns" covers recent events in the 13-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867.

At BRMC

"How fit are you" workshop

Although Americans have known that being physically fit reduces the risk of disease, among them heart disease, diabetes, colon cancer, osteoporosis and hypertension, few of us exercise regularly. In fact the U.S. Surgeon General has recently declared physical inactivity a serious nationwide public health problem.

If you're among the 60% of adults who report they are not

regularly physical active or the 25% percent who report no physical activity at all in their leisure time, it's time for a change!

Find out how fit you are and what type of exercise plan is right for you at a workshop presented by Boston Regional Medical Center on Wednesday, October 23 and 30, from 6:30 to 8:30pm. Participants will receive a complete physical fitness assessment and individualized fitness planning and instruction from professional exercise specialists. Aerobic fitness, muscular strength, flexibility and body composition will be evaluated.

For more information on the workshop or to register, call the Center for Health Promotion at 617-979-7057.

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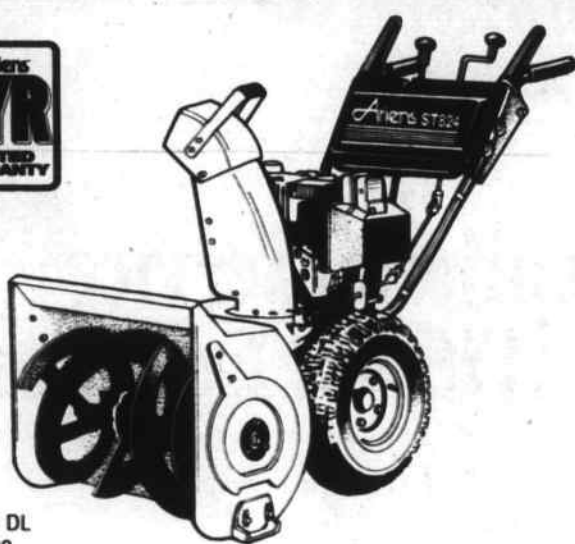
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Middlesex East Sports Athletes & Activities

BY PAUL PERLY

The year was 1977, and those old enough to remember the spring sports season (sadly, this writer must admit he was more interested in Scooby Doo than sports at the time) will likely recall one of the greatest turn-arounds by any local high school sports team. It was an example of just what a group of athletes can do when they put their minds to it, and forget about any previous wins or losses, and concentrate only on one contest at a time.

Nurse's Assistant and Home Health Aide course

The American Red Cross of Massachusetts Bay is offering a combined four-week Nurse Assistant and Home Health Aide Training course. The 100-hour dual certification program teaches the skills necessary to work as a nurse assistant or home health aide.

Training will be held at the American Red Cross of Massachusetts Bay, 285 Columbus Avenue in Boston from October 21 to November 14 and October 28 to November 21. Classes meet Monday-Friday from 9:30am-3:30pm.

Graduates will receive both Red Cross Nurse Assistant and Home Health Aide certificates upon completion of course requirements. Individuals can apply for the state examination, and are also provided with references from the Red Cross, which will assist in job searches and placements.

Please call the American Red Cross of Massachusetts Bay Course Registration Office at 617-375-0700, extension 221, 235, or 272, to register or receive more information.

The Wilmington High School varsity baseball team started the year with a 4-4 record, a big disappointment to the faithful followers of the team. But the players rallied together to finish the year with a 20-5 overall record, and along the way captured a Merrimack Valley Conference title, and eventually became the first Wilmington High team to win any Eastern Massachusetts Championship.

The members of the 1977 Wildcat had a reunion recently when they were inducted into the Wilmington Athletic Hall of Fame, along with coach Dick Gillis. The event allowed fans of Wildcats baseball to see some of the most storied players in that school's history including:

•Steve Woods, the star secondbaseman for the team who still holds Wilmington High records for reaching base 50 times, hitting seven doubles, drawing 17 walks, and making 48 assists;

•Catcher Bob Woods, who has the most put-outs in a season with 126;

•Richard Medeiros, who his four home runs and had 19 RBI's as a first baseman, both school records;

•Bruce Butters, who hit .403 and had 25 hits as a left fielder;

•And, of course, the MVP of the Eastern Massachusetts Tourney that year, star pitcher Jim Stewart, who hit .403 while going 13-1 as a pitcher.

For more information about other inductees into the Wilmington High Athletic Hall of Fame, keep reading this column.

(Most of the information above was acquired through the Hall of Fame Committee, and its thorough presentation of records and statistics is appreciated.)

SPORTS SHORTS

•**MIDDLESEX EAST SPORTS WEEKLY TRIVIA QUESTION:** What did competitors wear at the first Olympic games, which were held back in 776 B.C.? Answer appears elsewhere in this column.

•Bentley College is set to induct Tewksbury's **STEVE DEVOE** into it's Hall of Fame on Friday, October 25. Devoe was a linebacker for Bentley from 1980-83, and he helped the Falcons win a National Championship in 1982, and again in 1983. He had 127 tackles dur-

ing the '82 season, and recorded 120 more the next season.

•Registrations are being accepted for the seventh annual Northeast Preseason Hockey Conditioning Camp for both boys and girls enrolled in grades 9-12. The camp will take place from November 25-30 at the Kasabuski Arena in Saugus. Call Ed White at 617-246-0227 for more information.

•Nominations to the Winchester Hall of Fame are being accepted up until December 1. To be eligible, a candidate must have been a graduate of Winchester High for at least 10 years. All nominations should be sent to the Winchester Sports Foundation, Maria Montouri, 1 Winchester Place, Winchester, Ma 01890.

•Need some clues to help out with the above-mentioned trivia question? The athletes weren't as chilly as you might think.

•Wilmington High recently held its annual Athletic Hall of Fame induction ceremony, and five no additions were honored: Lisa Cutone Bacon, Class of 1986; Jack Gillis, Class of 1968; Marion Halpin Hodges, Class of 1961; Robert Sferrezza, Class of 1977; And Coach Dick Scanlon, who is one of the most beloved persons connected to WHS sports that the town has ever seen. He is a former coach at both Austin Prep in Reading and Wakefield High, where he excelled in both baseball and track in his younger days, winning a Middlesex League batting title.

•A Middlesex East Sports "Get Well Soon" card goes out this week to former Reading High athletic standout **TOM FRATTO**, who broke his left leg and was whisked away from the field in an ambulance Saturday afternoon while playing football for UMass-Lowell, which was taking on Salve Regina.

•**ANSWER TO THIS WEEK'S TRIVIA QUESTION:** The athletes at the Olympics in 776 B.C. wore loinclothes. They were quickly abandoned in 720 B.C., when a competitor who lost his loincloth during a race came in first, and athletes began preferring to perform in the buff. Congratulations to those that answered the question correctly, and look for this space next week to find another sports-related trivia question.

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Calendar of Events

A Listing of Interesting Events and Happenings

OLD SOUTH CHURCH ANNUAL FAIR

The Old South United Methodist church, 6 Salem Street, Reading, will hold the annual Old South Fair on Friday, October 18, from 7 to 9 pm and Saturday, October 19, from 9:30 am to 1 pm.

The fair opens with the popular dessert social with musical entertainment and includes a boutique and Christmas table. Home-baked goods? White elephants? Jewelry? Plants? Wood crafts? This fair has them all, plus special attractions for the kids, including face painting, penny candy, polaroid pictures and kid's games.

On Saturday, starting at 11:30 am, a lobster or chicken roll luncheon will be served.

Admission is free and all are welcome. Call 944-2636 for information.

ST. JOHN'S PREP HOSTS OPEN HOUSE

St. John's Preparatory School invites area students in the seventh and eighth grades, along with their parents, to attend one of the following Open House programs to be held on the St. John's campus: Sunday, October 20, 10am to 1pm, Saturday, November 16, 9am to 12pm; and Sunday, December 8, 10am to 1pm.

The Open Houses will provide prospective students and their parents the opportunity to meet

with administrators, teachers, coaches, current students, alumni and parents. Campus tours will also be conducted highlighting the new computer technology center, Ryken Center for the Arts, library and athletic facilities.

Eighth graders interested in taking the exam should pre-register by calling 508-774-1050, ext. 304.

VOLUNTEERS SOUGHT FOR CHALLENGE UNLIMITED

The Challenge Unlimited Program at Ironstone Farm in Andover (1mi. off Rt. 93) is looking for volunteers. Persons will get an hour of fresh air, enjoy the foliage, and get some exercise by helping with therapeutic riding lessons for disabled children and adults.

Volunteers are needed to work with either the riders or their horses.

For more information please call Susan Lutz at 508-664-1264 or Deedee O'Brien at 508-475-4056.

ONGOING SUPPORT GROUP FOR M.S.

An ongoing M.S. support group will be meeting twice monthly on the first and third Mondays at 10am at the All Saint's Church on Central Street in Stoneham.

People with Multiple Sclerosis, their family and friends are welcome to this barrier-free meeting. For more

information contact Lianne at 438-6320 or Regina Merrill at 438-4956.

ESSEX SOCIETY OF GENEALOGISTS

The October meeting of the Essex (co.) Society of Genealogists will be held on Saturday, October 19, at the Centre Congregational Church, corner of Summer & Main Sts., Lynnfield.

The featured speaker will be Thomas H. Roderick a geneticist and Senior Staff Member at the Jackson Laboratory in Bar Harbor, ME. He is also a co-founder and staff member of the Center of Human Genetics. Mr. Roderick's topic will be "Umbilical lines and mtDNA in Genealogical Research."

Members and visitors are welcome. No admission charge.

The Social Hour is 12 noon with Program at 1pm.

For further information please contact: Roselyn Listerick, 1-617-334-5308.

OPPORTUNITY TO ASSIST OLDER ADULTS

Mystic Valley Elder Services is currently seeking volunteers to assist older adults with health insurance counseling through the SHINE (Serving Health Insurance Needs of Elder) Program. SHINE volunteer provide seniors and their families with confidential counseling that includes accurate and unbiased information on various health insurance options.

Volunteer not only assist elders in understanding and assessing their health insurance needs, but also review present coverage to prevent duplicate or unnecessary payment for benefits, and assist with benefit claims and other applications if necessary. Due to the constant flux in insurance benefits and regulations, Medicare beneficiaries benefit from an unbiased counselor to discuss options that best meet their needs and budget.

Holly Kisler, Mystic Valley Elder Services SHINE Coordinator stresses, "This program is so vital because the health insurance arena is complex and ever-changing. There is always something new to learn."

This year's annual training session will be held at Minute Man Home Care in Burlington from 10am-3pm on October 18, 21, 23, 25, 29, 31 and November 25.

For more information on becoming SHINE Counselor, call Holly Kisler, Mystic Valley Elder Services at 617-324-7442 Ext. 212.

HOMEBASED NETWORK HAS MEETING

This month's HOMEBASED BUSINESSWOMEN'S NETWORK MEETING will be held on Thursday, October 17 at the Village Green Restaurant in Danvers.

This meeting will feature Lisa Martin of Lisa B. Martin & Company a full service marketing, consulting, and public relations firm. Lisa will present a better understanding of today's market trends with special attention to advertising, public relations, and the internet. The HOMEBASED WOMEN'S NETWORK invites guests to attend these meetings to learn, network and become involved with other successful business women owners. Registration is \$10 and can be paid at the door.

To register or for more information please contact: Gail Swanson at 617-231-5788.

FREE PARALEGAL EMPLOYMENT PANEL

North Shore Community College (NSCC) is hosting The Paralegal Employment Panel and Networking Opportunity at the Danvers Campus Lecture hall on Wednesday, October 23, from 1pm - 8:30pm. The program is free and open to the public but individuals must call to reserve a space.

The forum offers the latest news in the legal field from a panel of NSCC Paralegal program graduates who will discuss their career pathways and education beyond NSCC. The panel encourages participants to explore opportunities in the field and gain insight for their own

careers. Light refreshments will be served.

NSCC's Danvers Campus is located at 1 Ferncroft Road, off Route 1 South near the junction of Route 95. For further information or to make reservations, call the NSCC Alumni Office at 508-762-4000, ext. 4332.

FOLK ART AND CRAFT SHOW

The Country Folk Art Festival Show and Sale, acclaimed as one of New England's finest traditional folk art and craft shows by Early American Homes Magazine, will be held on October 25, 26 and 27 at the Royal Plaza Trade Center in Marlborough, MA.

This exciting show will bring together the nation's finest and

most talented artisans of today who are creating reproductions of America's past, contemporary folk art and unique, one-of-a-kind high style country crafts.

The Country Folk Art Festival will open on Friday Evening, October 25 from 6pm to 10pm and will continue on Saturday, October 26 from 10am-6pm and Sunday, October 27 from 11am-5pm. The Royal Plaza Trade Center is located on Route 20, just one mile west of Route 1-495 in Marlborough. Exit 24-B coming from the north or south.

Admission is \$6 on Friday evening, \$5 on Saturday and Sunday. Tickets include readmission all 3 days of the show. For more information, 630-858-1568.

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OVER 250 ARTISANS WILL SHOWCASE their original work at the 8th Annual New England Autumn Crafts Festival at the Valley Expo Center on October 18-20. Items such as the decorative scarecrow, hand-painted mug and one-of-a-kind jewelry are just some of the terrific finds created by skilled craftsman from across the country available all under one roof. The Valley Expo Center is located at the Methuen Mall, Pleasant Valley Road, Methuen. Call 617-742-3973 for more information.

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Woodchips

From S-1

building down there, with all the lights on and smoke coming out of the chimneys? Well, that's a, 'Brewery' and, they can make it faster than YOU and your Pals can drink it." "Yes dear, 'Tony' meekly replied, "but I see we have them working nights to catch up!"

John Girodano said that he wants to live so that when he dies, he won't be listed as a "Town Improvement."

A man shouted in a Reading bank, "did anyone lose a roll of bills with a rubber band around it?" Three men rushed forward claiming that they did. "Good," the Samaritan said, "here, I found your rubber band."

My Uncle John Shea made a fortune in his, "Annual" going out of business sales.

Folks, most parents are real good, they 'Bear Children,' 'Bore teenagers,' 'Board Newlyweds' and, later become 'Babysitters.'

Maybe the rooster has the right idea. "What's the use of worrying," it crowed. "Yesterday an Egg, Today a Rooster and, Tomorrow a Featherduster!"

PERSONALITY WINNERS. St. Charles School Principal Rachel Voiland, Jennifer Santarpio, Alicia M. Tagarriello, Christopher Ellsworth, Colleen Sullivan and Amanda Dawn Tracy all of WOBURN.

Rev. Arline Sutherland, Rev. Robert L. Morris, Jane Driscoll, Ira Leonard, Richard Liberace, Suffolk University President David Sargent all of WINCHESTER.

Rev. Basile Bazina, Inbar Shani, Alan Steward, Amy Treworgy, Maryann Vanella and Cynthia Walendziewicz all of BURLINGTON.

Lions Club President Dick Fotino, Ron Winslow, Melissa Richards, Paul Guerrette and Dick and Lois Midwood all of READING.

Carol Ann Allman, Chandra Ayres, Andrea Geaney, Timothy Lyons, Eric Oteri, Ester Bobby Alter and Angela Botticelli all of WAKEFIELD.

Mary Ellen Swanson, Rev. Jan Butterfield, John Melanson, Barbara Mahoney, Sister Neonilla Barrett and Paula Fairfield all of STONEHAM.

Kristen Mazaka, Alice Hooper, Mabel Manning, Margaret Wagstaff, Eric D'Antonio and Nancy Steen all of WILMINGTON.

Marie Lennon, Wendy Moratto, Susan DeAmato, Jim O'Brien, Happy Wedding Anniversaries Judy and Dennis Fitzgerald 26th, John and Marsha Maccini 33rd, and Barbara and Bob Corrieri 34th all of TEWKSBURY.

Sal Gesamondo, Coach Scott Brennan, Matt Wilson, Pete Aloisi, Rita Havener, Bill Costa of Kiss 108 FM Radio and Guy Festa all of LYNNFIELD.

Janine Desimone, Rufus Chaffee, David McBride, Ann Messina, Marianne Carucci, Joyce Spindler and Margi Lynn (Stratton) Kelly, 'PLEASE' contact me Margi Lynn; 68 Bosson St., Revere, MA 02151- all of NORTH READING.

My Aunt Nora said to the

department store floorwalker, "Sir, can you tell me where I can find the, 'Johnson Baby Powder' "Yes Ma'am," he replied. It's three aisles over, please walk this way," Well Folks, the poor chap was more than a little bow-legged so, Aunt Nora exclaimed, "Mister, if I could walk that way, I wouldn't have any need for the 'Johnson Baby Powder!'"

There are literally hundreds of languages spoke in the world but all people 'SMILE' in the same language.

Kathy woke me up at 2 in the morning and told me that she just heard a mouse squeaking. "Well what the heck do you want me to do about it-get up and 'OIL' it?" The next morning she told me to get a mouse trap at the hardware store and to please don't tell Harvey what we want it for.

I think I should tell you readers that I'm the 'BOSS' in my house 'BUT' Kathy gives the orders.

Chris Corbelle asked me if I play a musical instrument? "Yes," I replied, "I play, 'Second Fiddle' at my house."

I asked Kathy, "why haven't you mended the holes in my socks?" "Well," she said, "did you buy me the coat that you promised me?" "No", I said. "O'kay" Kathy exclaimed, if 'YOU' don't give a, 'WRAP' well I don't give a 'DARN!'"

I reminded her that Sir Bernard Shaw said, "A woman is a 'Rag', a 'Bone' and a 'Hank of Hair,'" Kathy shouted, "YOU," are a 'Brag', a 'Groan' and a 'Bag of Air!'"

I remember when my Uncle John Shea went to his eternal rest. He got a 'government job' in Washington D.C.

Kathy asked Jimmy Brennan at Beach Plumbing Supplies, "Woodchips wants a half inch pipe plug." "Does he want a Male Plug or a Female Plug or, one of each?" "How the heck do I know," Kathy exclaimed, "That idiot is trying to stop a water leak, I don't think he intends to 'raise' them!"

My Cousin Angelo Quaganti invented the, 'Door-Knocker' for which he received the, 'No-Bell' Prize.

The doctor asked George Gould, "Well, what do you 'Think' is wrong with you today?" "I don't know Doc. what's NEW?"

I received a ransom note that said, "Chipper, we have kidnapped your mother-in-law, bring \$500 by Tuesday or we're bringing her 'BACK' Thursday."

DREAMBOATS. Jeanine Thorpe, Woburn; Colleen Fitzgerald, Winchester; Charlene MacCurtin, Reading; Firefighter Linda Giles, Wilmington; Robin Brothers and Kerin Cole, Lynnfield; Jessica Derry, Stoneham; Kathy Pearson and Laurie Dooley, North Reading and Mary Jane Boivin, Burlington.

SUPERSTARS. Police Sgt. Walter Callahan, Woburn; Jim and Barbara Fitzgerald, Winchester; Nick Vamicakas, Burlington; Brian Callahan, Wakefield; Walter "Killer" Kowalsky, Stoneham; Joe Steen, Wilmington, Joe and Barbara Rubbico, North Reading; Jimmy "Pottsie" Geary, Lynnfield and Dick and Lois Midwood, Reading.

"THE WHISPERER"

The "Whisperer" can be on any rung of the social ladder. He or she can live in a city, town or hamlet, palatial home, farmhouse or tar paper shanty. The person can strike anywhere no one is immune to the devastat-

School Notes

by Phyllis Nissen

In the 'terrific ideas' department

Take Tewksbury

"Healthy home school relationships are key to the success of the student's school experience," notes Christine L. McGrath, Ph.D., Superintendent of Schools in the "Tewksbury Town Crier."

Toward that end, this fall Tewksbury launched a parent information series focusing on homework, communication and respect.

The Tewksbury Public Schools and the Town Wide Parent Advisory Council cosponsored a parent information series during the month of September. This series included topics which are of key interest to parents and staff. The series was scheduled in concert with the elementary and middle school fall open house dates.

"The topic for the first session was 'Respect,'" presented by Robert Appolloni, School Adjustment Counselor and Gail Shinberg, School Psychologist. The presenters identified techniques which parents and teachers can use to develop respect in their children within the home and the school setting. "Respect is an important value," notes Tewksbury Superintendent of Schools Dr. Christine McGrath in the "Tewksbury Town Crier." "Many parents are concerned that children today have a general lack of respect for authority. This program addressed these concerns."

"The second session focused on 'Homework,'" presented by Mrs. Linda Hair-Sullivan, a

ing attack or the lethal words of "The Whisperer". Governments have been known to be torn apart. Marriages have been irretrievably ruined. Careers have been stifled and stunted so they never reach their full potential. Reputations are defamed, maimed and shattered. Unlike lost wealth that can fortunately be recovered, reputations are lost forever.

The Whisperer causes heartaches, nightmares and sleepless nights, striking down people in office buildings, factories, shops, stores, schools, universities and sad to say even the church. They are all vulnerable to the Whisperer's insidious attack. Everyone is "unfair" game for this criminal who has neither compassion or charity for anyone. This person is known by the more common familiar name. "The Gossiper."

Each one of us may unknowingly be one if we do not ask ourselves these important questions: Is this story told to me honestly? Is it fair? Is it necessary? If the answer to anyone of these three questions is "No", then please for the love God and the fellowship of mankind Don't Repeat It !!!

Oh Lord, protect us from the Whisperer.

Whose Vicious Words from rapier tongue destroys.

It's venom deadly as poisonous vipers.

Brings sadness where once were smiles and joys.

Teach us, Oh Lord to sow the seeds of love

Where there is hate let show charity.

Guide us each day from heaven above.

'Til we're with thee for all eternity.

Guidance Counselor at the Wynn Middle School. "She has given many presentations on the topic of Homework," notes McGrath. "Participants learned the strategies needed to support children in the completion of nightly homework and the organization of long term assignments. Homework is a key component of a successful school program. Participants learned how to maximize the benefit of homework assignments in their child's school program."

"The third session addressed the importance of developing effective home and school communication. The session was coled by Dr. Paula Sline and Ms. Carol Ryan co-authors of the book 'How to Get the Best Public School Education for your Child.' The presenters discussed how parents and teachers can gain a sense of empowerment leading to a strong home school partnership. The presenters also addressed how parents can be advocates for their children without alienating school personnel."

"All sessions were held in the library at TMHS. Participants who attended two or more sessions earned professional development points leading toward recertification. The program was open to all interested parents, staff and community members."

...and Lynnfield

"After receiving a complaint that a \$1 admission was being charged at the newly opened after-school youth center at the Middle School, the Selectmen voted that if that's the case, the practice should discontinue immediately," notes the "Lynnfield Villager."

"According to the Selectmen, a resident reported their child was turned away when they did

not have the dollar, but the next day was allowed to enter after they paid."

"The Selectmen said when they approved the youth center proposal, they assumed it would be free. They said they could understand kids being charged a nominal amount to use the pool table to offset rental costs."

"The youth center is under the auspices of the DPW and the Selectmen. Director Allen Caproni said a lot of kids are using the facility and it has become popular very quick."

"Selectman Arthur Bourque said it is inappropriate for the youth center to charge admission if the town is footing the bill. There are other ways to do it, such as fundraisers," he commented.

"Town Administrator Joseph Maney said money that comes into the town goes into the general fund unless there is a revolving account, which would be appropriate in this case. He said Town Accountant Gail LaPointe is keeping the funds separate in a 'gift' account so they can be put into a revolving account if the Selectmen desire so the youth center can get them back."

"Maney said the youth center is attempting to raise funds by holding a 'battle of the bands' and are soliciting contributions."

"The Selectmen unanimously voted the collection of money cease and desist and asked that the youth center board meet with them."

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867. We welcome student writing.

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Let
there
be
music

AN OPEN HOUSE was held at Creative Arts in Reading and many children from the local area were treated to trying a number of musical instruments. Above is Alexis Capozzi, 6, of No. Reading as she tries to make music out of this saxophone. Below are brothers (l-r) Michael, 4, and Danny Arsnow, 8, of Lynnfield as they try their hands at playing a violin. (Don Young photo)

8th Human Rights Awareness Day

The Holocaust Center of the North Shore is pleased to announce that the ninth annual Human Rights Day for students in grades 9-12 will be held on Friday, October 18, from 8:30-11:45am at Peabody Veterans Memorial High School, 485 Lowell Street, Peabody.

According to the Holocaust Center, the goal of the day is to sensitize students to violations of human rights by learning first hand what can happen when people are indifferent to prejudice and discrimination and become bystanders.

Presenters this year include Peabody Mayor Peter Torigian on the Armenian Genocide; Sonia Weitz on the Nazi Holocaust; and Chris Nieta on Apartheid and South Africa today. Harriet Wacks, Director of the Holocaust Center, will moderate the program. Greetings will be extended by Peabody High Principal, Joan Carr, and Holocaust Chairman, Rabbi Samuel Kenner.

Students will have the opportunity to break into discussion groups for a question and

answer period with each of the presenters in a classroom setting.

The day is sponsored by the Holocaust Center of the North

Shore in cooperation with Peabody Veterans Memorial High School. For further information, please call the Holocaust Center at 508-535-0003.

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New northeast visitor's guide for wineries

Fifteen Connecticut and Massachusetts wineries are listed in "Wine Trails of the Northeast," a new pocket guide to more than 100 wineries from Maine to Maryland.

Entries are arranged by town; with winery address, telephone number, visiting days and hours, and the wine types available.

Many of the wineries began operations in the past decade, reflecting the spread of small, quality oriented wineries along the scenic backroads of the region.

"Wine Trails of the Northeast" is available from the publisher: Reymont Associates, P.O. Box 145, Falls Village, Ct 06031; \$3.95 postpaid.

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The colorful maps include hundreds of points of interest and detailed backroads for exploration. Waterfalls, beaches, hiking trails, wildlife locations, suggested bicycle routes, his-

toric sites, farms, and birding spots are just some of the features shown and described in the maps. Detailed text corresponds to the points of interest and includes phone numbers and other helpful tips.

To receive a brochure and order form for the vacation maps, send a self addressed stamped envelope to Weekender Maps, PO Box 72, Norfolk, MA 02056.

The maps were created and drawn by outdoor travel writer Michael Tougas, author of the

acclaimed Quiet Places in Massachusetts and Country Roads of Massachusetts. Tougas is currently working on Autumn Trails: Selected New England Foliage Rambles, which will be released in September.

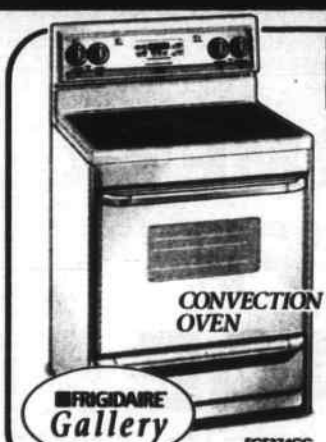
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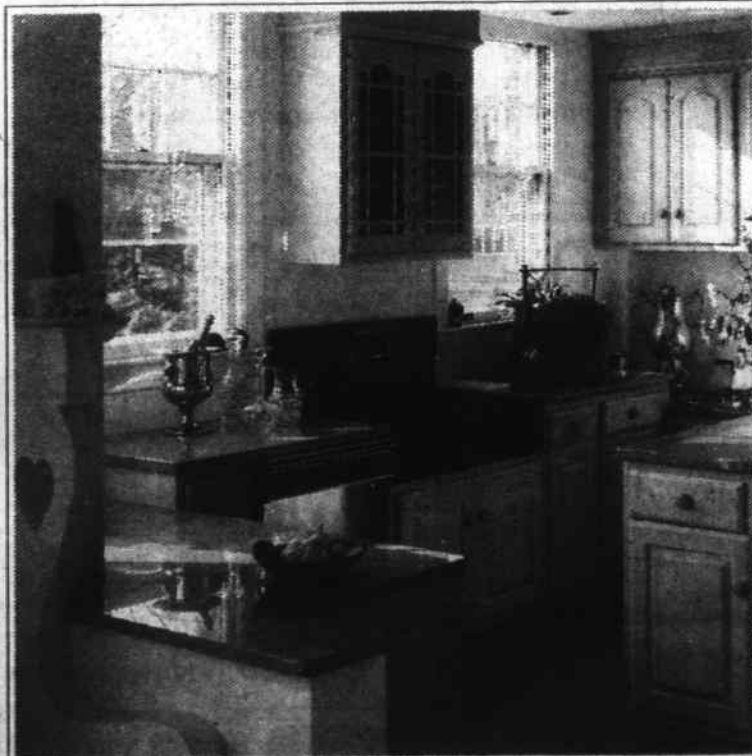
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MOVIES

by Michelle Hays
"The Chamber" starring Gene Hackman, Chris O'Donnell, Faye Dunaway, Lela Rochon, Robert Prosky, Raymond Barry, David Marshall Grant, Bo Jackson, Josef Sommer. Directed by James Foley. Produced by John Davis, Brian Graker, Ron Howard. Screenplay by William Goldman, Chris Reese. Based on the novel by John Grisham. Rated R.

The most introspective and personal of the movies based on John Grisham's novels, this production very much belongs to Gene Hackman. As a grizzled, decimated Death Row veteran, anger and bitterness envelope him in a menacing aura. Hackman, being the amazing talent he is, allows enough sadness and regret to slip through his thick outer shell to tell us he's not yet dead deep down inside. As the story continues, his hidden emotions slowly surface, giving both his character and his performance a compelling intensity.

"The Chamber", Short Takes

Chris O'Donnell plays Adam Hall, the 26-year-old lawyer who arrives in the small and insular Mississippi town in which Hackman is imprisoned, announcing he's there to defend the old monster. Turns out Hackman's Sam Cayhall is just one of many skeletons in the young man's closet, as Sam is not only his grandfather, but a card carrying member of the Klu Klux Klan. Hackman is angry and outspoken, maintaining his own counsel at the same time. He has never revealed the truth behind the crime that will kill him, as he was accused of planting a bomb that killed two little Jewish boys in 1967. Cayhall's loyalties are to the Klan, even if they are wasted on his foul brethren, O'Donnell is his opposite. Reserved and serious, his eyes speak for him as he unearths his family's past while desperately working to save Sam's life. The thrust of the story is very different from other Grisham novels and movies, as this is not

about an innocent person caught in a web of deceit, but a guilty man who took his family to hell with him. As a personal drama, it works, but is less successful when it also tries to be a thriller. There is a nagging feeling that something is missing. You wait for more details that never arrive, a little more closure, or even further info about the supporting players. For example, the corrupt and slick governor (a stock Grisham player) sends in an aide to keep an eye on Adam. Lela Rochon may do a decent job with her small role, but we never know anything about her, and we should. This is true of others who appear and disappear as the story progresses, though Faye Dunaway's character is much more fleshed out. She does a splendid, even regal job as Sam's alcoholic daughter who has spent years rebuilding her past, only to have her nephew unearth it. Dunaway, who looks great, forgoes the theatrics to present a classy, unhappy woman tormented by her father's despicable life. Not only is she convincing, she is heartbreaking, adding much to the personal element of this intriguing drama, albeit one that could have lifted a few more details from the novel.

SHORT TAKES

That Thing You Do pulsates with such energy and youthful idealism you can't help but be charmed by it. Tom Hanks wrote and directed this funny valentine to early rock 'n' roll. We are invited along for the ride when five kids from Erie, Pennsylvania move out of a garage and onto a tour bus after a talent scout hears them perform. With one exception, the characters are well developed, the story actually takes us some place, and the young cast bubbles with enthusiasm. Rated PG. ***1/2

The Long Kiss Goodnight is a big budget, tough chick flick every bit as silly as its male counterparts. Geena Davis, however, makes for one charismatic and agile secret agent. But that plot! She's a school teacher/amsiac who suddenly realizes she's actually a paid assassin working for a covert military agency. This may not be escap-

sim at its finest, but she and co-star Samuel L. Jackson make for an interesting duo. Rated R. **

The First Wives Club proves that revenge is not only sweet, but also funny. Goldie Hawn, Bette Midler and Diane Keaton play college buddies reunited after each has been dumped by husbands yearning for younger, blonder partners. The plot gets a little too "wacky" at times, but the gals are great, as is the wisely chosen supporting cast. Best of all, this escapism is surprisingly empowering. Rated PG. ***

Last Man Standing is a static, senseless film by acclaimed writer/director Walter Hill. Bruce Willis pits two rival gangs against each other as a gun for hire in a bootleg Texas town during Prohibition. Basically, he shoots and they die, over and over again. The dusty, sepia-streaked cinematography is memorable, and this may be a homage to Japanese filmmaker Akira Kurosawa, but the violence is bloodless, the lovemaking passionless and the plot unconvincing. Rated R. * 1/2

Fly Away Home adds yet another to the list of beautifully made films by director Carroll Ballard. An orphaned flock of wild geese is taught to fly and migrate south by unhappy Anna Paquin, who just lost her mom in a car accident. Jeff Daniels is the estranged father and loopy artist who takes her in and tries to build a relationship. So breath-takingly beautiful and good-natured you can put up with the slight excess of sentimentality. Rated PG. *** 1/2

The Spitfire Grill is well-acted, unusual and ultimately uplifting story, but feels too much like a sermon, or a Hallmark TV movie. Ellen Burstyn is the cantankerous owner of a small Maine restaurant who takes in parolee Alison Elliott. Both women give emotional and memorable performances, but all those colorful local characters and their many plot tangents get in the way of the main story. Still, a good effort. Rated PG-13. **1/2

Emma is another in the successful string of adaptations from the novels of humorous, romantic Jane Austen. As much a comedy of manners as an endearing romance, it is prettily acted and presented, with Gwyneth Paltrow in the title role. There isn't one weak performance from the diverse supporting cast, but this is Paltrow's film, as she embraces Emma's goodly nature, presenting an energetic young matchmaker who means well, but doesn't always do right. Rated PG. ***

She's the One proves writer/director/co-produced/actor Edward Burns has suffered no sophomore slump with his second film. The subject is once again Irish Catholic brothers who share a working class background, but his dialogue is fresh and his situations are thoughtful and amusing. However, Burns creates characters who fit categories, such as the free-spirited wife or the angry, selfish brother. A few more shades of gray would have made a difference. Rated R. ***

Tin Cup is a sweet, laid back romantic comedy set in the

MIDDLESEX EAST Supplement to Daily Times - Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield, Lynnfield Village, No. Reading Transcript, Woburn & Tewksbury Town Crier, Stoughton Independent)



ADAM HALL (CHRIS O'DONNELL) is not convinced that his grandfather, Sam (Gene Hackman), was responsible for the 1967 murders of two children and struggles to uncover the identity of the real bomber while proving Sam's innocence.

world of pro golf. Kevin Costner is the middle-aged loser who falls for shrink Rene Russo, even if she is dating his nemesis, former college pal Don Johnson. Though this calls to mind director Ron Shelton's "Bull Durham," it's not what you expect, and the ending puts a new spin on that old "Rocky" chestnut we've come to expect from sports flicks. Rated R. ***

A Time to Kill is a condensed, cleaned-up, slightly flawed version of John Grisham's novel, but is still first-rate entertainment. When Samuel L. Jackson blows away two red-necked white boys for raping and beating his young daughter, he's put to trial, as are the racial standards in the New South. Matthew McConaughey has a break-out role as the young lawyer defending him, and the cast, which includes Sandra Bullock, Donald

Sutherland, Kevin Spacey, and Brenda Fricker, is as intriguing as the script. Rated R. ***1/2

Independence Day is no small and personal tale of global destruction and alien invasion, but a monstrous epic that tries to cover all the bases in the most Hollywood of traditions. You definitely get a bang for your buck, but there's no avoiding some typically glib dialogue and uneven pacing. However, miniatures and models are smoothly married to computer animation, the action is very involving, and many of the characters are amusingly written and portrayed. Bet you never thought the end of the world could be so much fun. Rated PG-13. *** 1/2

**** excellent
 *** good
 ** fair
 * poor

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 Both stores open Sunday from 10:00AM to 4:00PM. Sale ends October 31, 1996.

Healthy

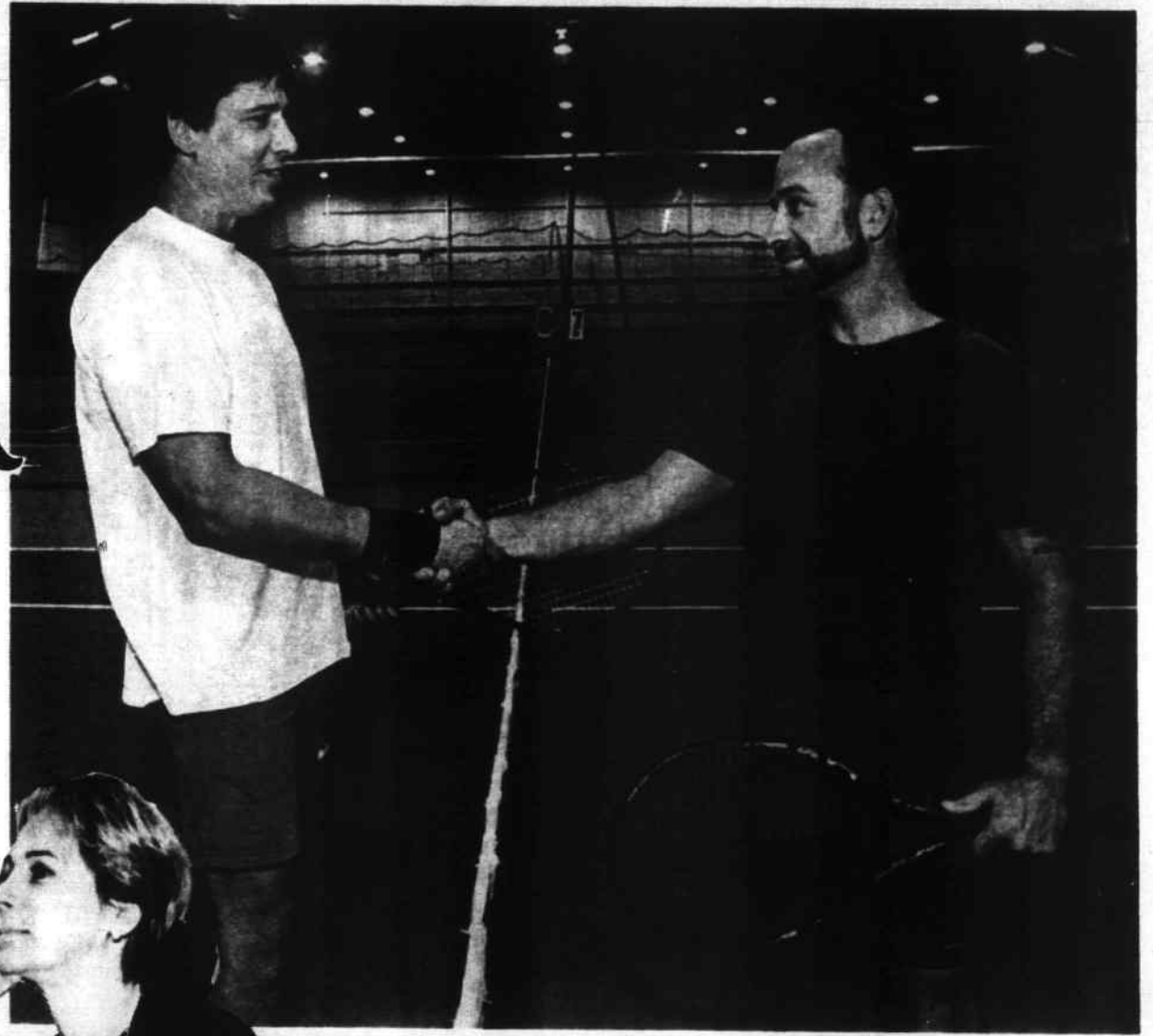
LIFESTYLES FALL 1996

Middlesex East

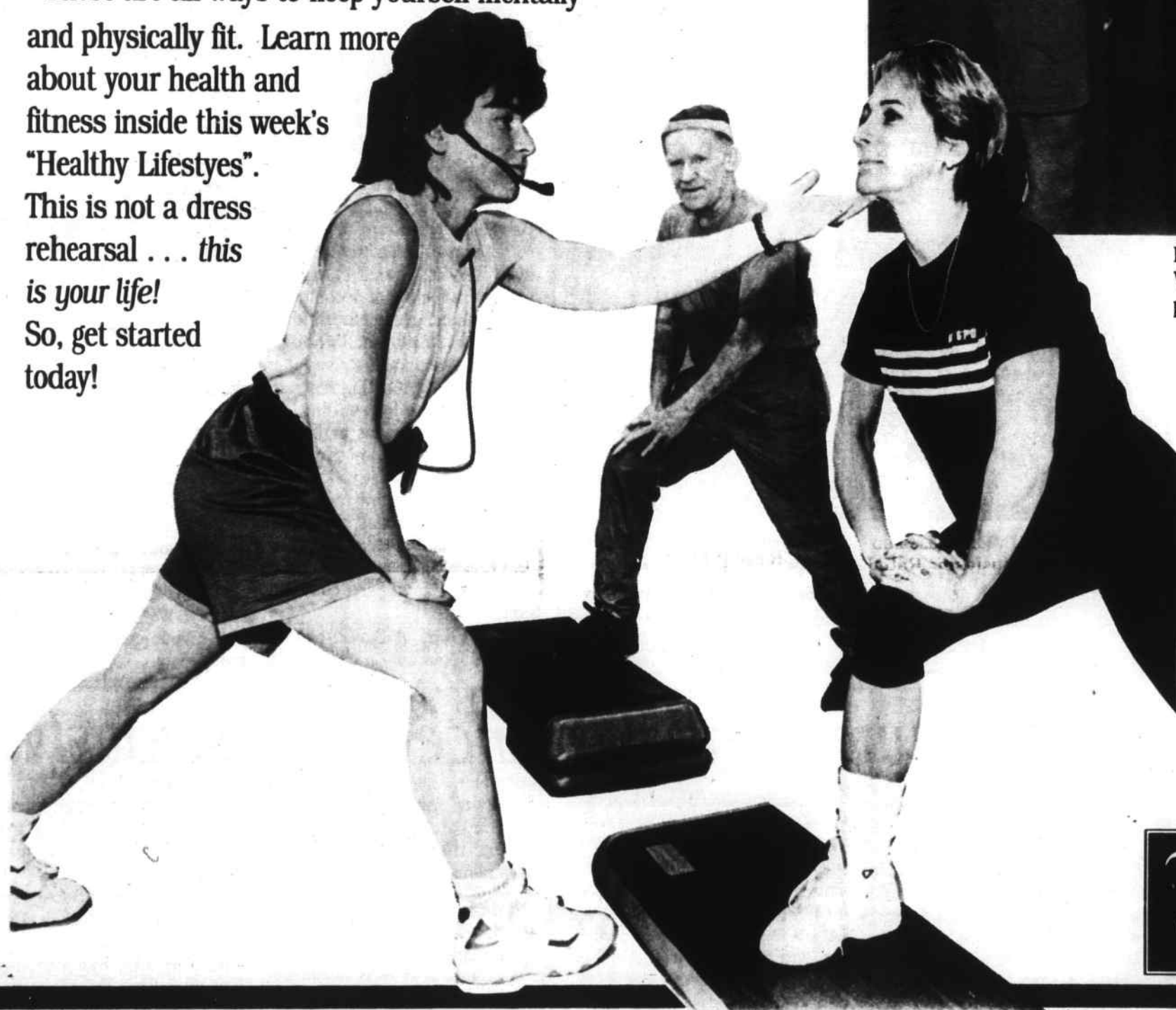


Walk, workout, & continue to learn

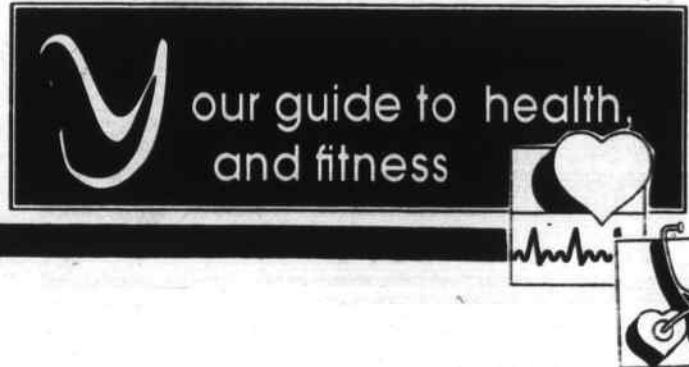
These are all ways to keep yourself mentally and physically fit. Learn more about your health and fitness inside this week's "Healthy Lifestyles". This is not a dress rehearsal . . . *this is your life!* So, get started today!



Paul Cook of Wakefield (l) and Brian Skinner of Woburn use a tennis workout to keep themselves physically fit. (Don Young photo)



Regina Kmet teaches aerobics class with Walt Weiss and Downa Garabedian of Tewksbury at Northmeadow Health and Racquet Club in Tewksbury. (Don Young photo)



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Among the manual therapy techniques that physical therapists may employ to aid the healing of their patients is acupressure, the ancient healing art used by the Chinese for thousands of years.

Based on many of the same principles as acupuncture, acupressure involves the application of gentle to firm finger pressure on key acupuncture points. As a result, the flow of ch'i (the body vital life energy) is stimulated. It is the even, sustained movement of ch'i over channels known as meridians that is known to maintain the health of tissues throughout the body.

Acupressure also relieves muscular tension, which enables more blood (including increased amounts of oxygen and nutrients) to be carried to the body's

tissues to promote healing and waste-product removal. Acupressure triggers the release of endorphins as well, which are the neurochemicals that relieve pain.

Some of the services at Massachusetts Medical and Physical Therapy Association, Inc., include a skilled and experienced medical staff, individualized treatment programs, flexible hours, timely reporting and medical testimony, and free chauffeur transportation. In addition to a multilingual staff, offering English, Vietnamese, Italian and Spanish, we will provide translators to assist when necessary.

To schedule a consultation, call 321-7000, or visit us at 22 Pleasant Street in Malden, also have another office at 594 Columbia Road, Upham's Corner, Suite 203 in Dorchester. The phone number there is 822-1636.

P.S. Since meridians run from areas on the surface of the body to internal organs, Eastern theory holds that acupressure send ch'i to the organs.

CLASSIFIEDS

Every Wednesday your classified ad runs in 10 communities reaching up to 140,000 readers! Call 944-2200 For Details



DENISE DICENZO of Saugus, formerly of Reading, with son Kenneth, 28 months (l) and Lisa Petras of Lynnfield with son Lindsay, 28 months, are soaking up the sun on North Avenue, Wakefield while they walk around Lake Quannapowitt. (Don Young photo)

90's Woman

Cardio offers little tips for big results

Women of the world unite, you have nothing to lose but your: double chin, flabby arms, love handles, saddlebags, and thunder thighs. What every woman needs is a magic pill that can be swallowed once and the pounds will drop away and we'll all look like Cindy Crawford or Demi Moore. Unfortunately that will probably come sometime at the end of the 21st century, much too late to help any of us today. So instead we have to rely on the old standbys; watching our fat and caloric intake and exercise regularly.

In this day and age there are many new and exciting ways to alter our eating habits and lifestyle; to incorporate into our everyday lives, those magical little changes that eventually will transform us into a healthier, trimmer, and happier person. Because, when we are doing something to improve ourselves, even if it is a small change, it gives us a feeling of accomplishment which gives our libido a real boost. And small changes are what we should strive for in the beginning. Cutting down on our fat intake by reading the labels on those cans and boxes in the market. It may take a little more time, but it will pay off in the end when low fat/calorie meals become a way of life, not a chore. And when we add exercise to healthier eating habits it can become a winning combination.

That's why at Cardio Studios in North Reading, a club owned

and operated by women, we cater to the whole woman. With aerobic and toning classes for the beginner up to the advanced exerciser, a fully equipped workout room geared just for women, plus weight training and classes in nutrition we feel here at Cardio that any woman of any age or level of fitness will find the club a home away from home. Young mothers can also take advantage of our baby-sitting facilities. And being open seven days a week, anyone can find a time convenient for them. So there is no excuse for not being in the best shape possible, with hours during the week from 6 am to 9:30 pm, and on Saturday and Sunday from 8 am to 3 pm. Unlike some of the larger co-ed facilities the atmosphere here is just great for de-stressing.

So make it your holiday resolution to get into shape and stay that way for the holidays ahead - remember Thanksgiving is just around the corner. Now is the time to start a program especially designed for you here at Cardio by one of our personal trainers. Be the woman you always wanted to be, come to Cardio Studios, 197 Main St., North Reading and see how easy it is to take the first positive step toward a new you.

For more information on the club call 508-664-4466 or come in any time and take a tour of the facility. We're here to help you make your commitment to fitness.

Driving under the influence unconsciously

As drivers take to the roads, they may be under the influence of drugs that impair their driving and not even know it! This is because many people are unaware that commonly used over-the-counter and prescription medications often can affect driving ability just as alcohol and illicit drugs do.

Medicines such as antidepressants, antihypertensives, sleep medications, and sedating antihistamines are among the culprits. Because some of these medications interfere with signals in the nervous system, they can diminish your driving ability by causing drowsiness. This can result in slowed reaction time to other drivers and pedestrians, and to roadway dangers such as bad weather, sudden curves, loose gravel and potholes. In fact, more than 100,000 auto accidents each year involve drivers who became drowsy.

In addition to the health risks, there also are legal consequences of drug-impaired driving. Laws in 35 states and the District of Columbia prohibit driving under the influence of any drug or substance that impairs driving ability. Penalties for an infraction include fines up to \$5,000, license suspension or revocation, and jail sentence of up to two years.

Wearing a seatbelt, checking engine fluids regularly, monitoring tire pressure, and cleaning

windows and mirrors all can help ensure a safe journey this summer, but they are not the only precautions you need to take.

Before getting behind the wheel, consider the following tips for making your next road trip as safe and responsible as possible.

•When shopping for over-the-counter drugs, be sure to look for warning labels on your medications such as "may cause drowsiness" or "avoid driving a motor vehicle."

•Always consult with your physician or pharmacist about the side effects of medications, including any over-the-counter drugs you are taking.

•Follow your physician's directions when taking your medication - especially if you are taking more than one. Your doctor or pharmacist can answer any questions you may have.

•Ask your doctor for non-sedating alternatives to the drugs you may be using. For example, while several over-the-counter

anti-allergy medications cause drowsiness, non-sedating anti-allergy medications are available by prescription.

•Avoid "self-medicating" with caffeine, sugars, or other stimulants. Although certain stimulants may improve alertness, they also may interfere with your thinking ability, making it harder to recognize and react to hazards such as curves and sudden stops.

•Never borrow someone else's medication.

•Pay attention to fatigue. If you feel drowsy, pull over to a rest stop and close your eyes or get some fresh air.

•If you take medication for a chronic illness, you should ask your doctor and pharmacist what the potential is for your medication or condition to impair your ability to drive.

Seize the good weather and time for outdoor activity, relaxation, and fun. Properly medicating is a major part of that equation, but arriving at your destination safely is an important first step.

For more information, call the toll-free hotline 1-800-OK-2-DRIVE, or write to: C.A.N.D.I.D. Citizens Against Drug Impaired Drivers, Post Office Box 17705, Milwaukee, WI 53217.

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VICTOR AUERBACH regrips golf clubs at Gold Crafters, custom made golf clubs of Burlington. (Don Young photo)

Stroke: a brain attack

Everyone knows what a heart attack is, but a 'brain attack' - what's that? In fact, a brain attack, commonly called a stroke, is the nation's third leading cause of death, right after heart disease and cancer. Each year, 500,000 Americans suffer a stroke, and 150,000 of these patients die. However, if proper measures are taken, approximately 50 percent of strokes can be prevented, saving both lives and health care dollars.

What is a Stroke?

A stroke occurs when the blood flow to a particular area of the brain is suddenly cut off, depriving the brain of oxygen (hence the same "brain attack"). Strokes can be caused either by blockage in the brain's arteries, or when a blood vessel in or around the brain bursts. Within hours, the oxygen-deprived cells die, causing irreparable brain damage, disability, coma, paralysis or even death.

Risk Factors for Stroke

The risk factors for stroke can be divided into two categories - those which cannot be modified and those which can be modified. Untreatable risk factors include age, race, family history of stroke, and previous or transient ischemic attack (TIA or mini-stroke.)

Several stroke risk factors may be minimized by changing a lifestyle habit and/or drug therapy. These risk factors include hypertension or high blood pressure, smoking, alcohol intake, obesity, elevated cholesterol level, diabetes and atrial fibrillation.

Controlling Your Risk Factors

You may be able to control certain risk factors for stroke, such as smoking, alcohol intake and weight gain. However, many patients may not know they are at risk for a brain attack due to other factors, and without careful monitoring and medical treatment, their risk for stroke will remain high.

Atrial Fibrillation

One manageable risk factor is atrial fibrillation, a heart disorder affecting 2 million Americans. Atrial Fibrillation is a condition in which the two top chambers of the heart contract randomly and erratically.

Because the heart of a patient with uncontrolled AF is beating irregularly, blood clots (thromboemboli) may form within the heart's chambers. These clots can dislodge and travel to the arteries in the brain, causing a thromboembolic stroke. Symptoms of AF may include dizziness, shortness of breath and heart palpitation. In some patients, AF may be adequately controlled through drug therapy.

A recent consensus report on antithrombotic therapy, issued in October 1995 by the American College of Chest Physicians, recommended warfarin therapy to reduce the risk of thromboembolic stroke in patients with AF. Anticoagulation is recommended by ACCP in AF patients over 65 years of age and in AF

patients younger than 65 with one or more risk factors such as a previous TIA or stroke, hypertension, heart failure, diabetes, clinical coronary artery disease, mitral stenosis, prosthetic heart valves or thyroid disease. Many studies have shown that the benefits of warfarin treatment in this patient population are significant. The most common side effect associated with warfarin therapy is bleeding.

Preliminary results of the U.S. Agency for Health Care Policy and Research's Stroke Patient Outcomes Research Team (Stroke-PORT) study suggest that expanded use of warfarin could cut in half the 80,000 strokes each year due to

atrial fibrillation. This may reduce total health care costs by approximately \$600 million per year.

Hypertension

Another manageable risk factor is hypertension or high blood pressure. This condition increases the workload on the heart and may cause the heart to enlarge, which may increase a patient's risk of stroke. Although there are no obvious symptoms of hypertension, the condition may be detected through blood pressure screening and controlled through medication, such as antihypertensive drugs. Hypertension control also may require lifestyle changes, such as weight loss, exercise and a low-salt diet.

Recognizing Warning Signs

In order to decrease the risk of damage due to a stroke, it is important to learn to recognize the signs and symptoms of a brain attack: sudden blurred or decreased vision; numbness, weakness or paralysis of an arm/leg on one or both sides of the body; difficulty speaking or understanding; dizziness; and loss of balance or an unexplained fall - especially when combined with other symptoms.

If one or more of these signs or symptoms appear, call the emergency medical system (9-1-1). A stroke is a medical emergency; therefore, quick response will help decrease the likelihood of severe damage due to the stroke.

Barriers to cancer screening

Barbara knew that regular mammograms, breast exams by her doctor, and breast self-exams could detect cancer early and potentially save her life. Yet she did not know where to get early detection services locally until she went to the beauty salon, where her stylist handed her a brochure on services available in her community.

Barbara is not alone. Surprisingly, cost is not always the primary barrier to seeking early detection. Even among women with Medicare coverage for mammograms, 63 percent are not obtaining the procedure. Fear of mammograms, cultural beliefs, and lack of transportation and childcare are common barriers that prevented 65 percent of women age 50 and older from obtaining screening mammograms within the past year, according to Centers for Disease Control and Prevention (CDC.)

New Community Programs Motivate Women to Seek Services

New community programs are motivating women and providing support services to help them practice early detection. Schenectady, New York's program distributes information about early detection to African-

American women via churches and beauty salons. In Chicago, Illinois, staff trusted by the Latina community were hired to create and implement an outreach program. In Anchorage, Alaska, a local cab company provides discounted fares for underserved women, such as Alaska Natives, African Americans, Latinas, and Pacific

These programs and others were featured in an April teleconference highlighting successful early detection strategies. Over 15,000 participants learned about creative ways to reach underserved women and how to replicate them in their own communities.

The teleconference was sponsored by the CDC's National Breast and Cervical Cancer Early Detection Program and Avon's Breast Cancer Awareness Crusade, which have worked together since 1993 to promote breast health and early detection. For more information about mammograms and other early detection services, call the National Cancer Institute's hotline at 1-800-4-CANCER.

Lifesaving Benefits of Early Detection

However, if breast cancer is diagnosed in its earliest stage, the vast majority of women can be successfully treated and have more treatment options. Regular examination is the key. CDC recommends that women have screening mammograms and clinic breast exams and perform breast self-exams.

Islanders, traveling to mammogram appointments.

Landmark Summit on Breast Cancer

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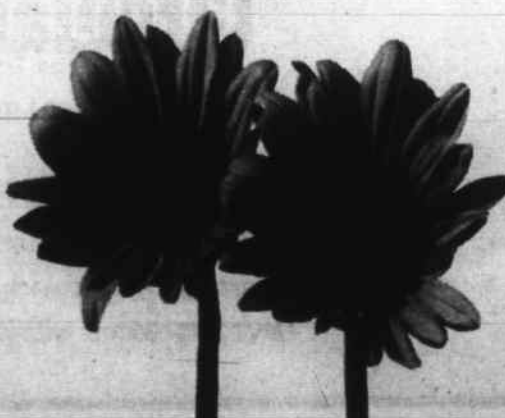
For more information, call (617) 979-7050.

Boston Regional Medical Center would like to remind all women that...

One in nine will develop breast cancer in her lifetime. Early detection is the key to survival. Mammography done in conjunction with breast physical examinations provides the most accurate diagnosis of early breast cancer.

The American College of Radiology, the American Cancer Society, the American Medical Association, and nine other major medical organizations, recommend the following guidelines for women without symptoms:

- The screening process should begin by age 35 and consist of annual clinical examination with screening mammography performed at 1 to 2 year intervals.
- Beginning at age 50, both clinical examination and mammography should be performed on an annual basis.



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LIFESTYLES FALL 1996

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// aaa AAA AAA CHU! //

House dust allergies are the major cause of year round runny or stuffy noses, itchy/watery eyes and sneezing. The asthma sufferer can endure attacks of coughing, wheezing or shortness of breathe.

Dust lurks everywhere in your home and it can collect just about anywhere in your home: linens, mattresses, carpets, curtains and yes even your children's toys. House dust allergies are common even in clean houses.

Dust mites can only be seen with the use of a microscope. They are hardy creatures which thrive in warm humid environments, so remember to keep those humidifiers at 35-50% and no higher.

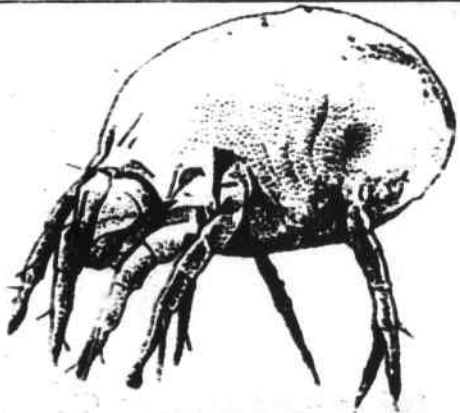
Dust mites are difficult to remove completely but you can take some simple steps to reduce your exposure.

Change the filters on both the air conditioners and furnaces frequently. Consider using a HEPA air cleaner with your heating system.

If symptoms persist consult your physician/allergist.

Mold levels are especially high this season because of the cool summer and large amounts of rain we had in both July and September.

Mold is a microscopic fungi which can be found in vegeta-



Like it or not, statistically, most people spend 40% of their lives sleeping with these.

Statistically, people spend nearly 40% of their lives in their bedrooms.

Select washable blankets/linens non allergic.

Avoid down pillows, comforters and chenille bedspreads.

Enclose both box spring and mattress in non allergic plastic covers with zippers, pillows too.

Never let pets into the bedroom.

There are 3 basic treatments for dust mite allergy sufferers.

Avoidance of dust mites.

Prescription medication.

Allergy shots.

tion, dirt and rotting wood. Their spores become airborne and they too trigger the itchy, runny nose, sneezing and sinus headache/congestion.

Unfortunately mold can also be found in the home. Basements, refrigerators and the bathroom are all breeding grounds.

Use mold proof paint in bathrooms.

Keep the refrigerator clean.

Dry clothes immediately after washing and vent the dryer outside.

Use a dehumidifier in damp basements.

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Do You Have Any of These Symptoms?



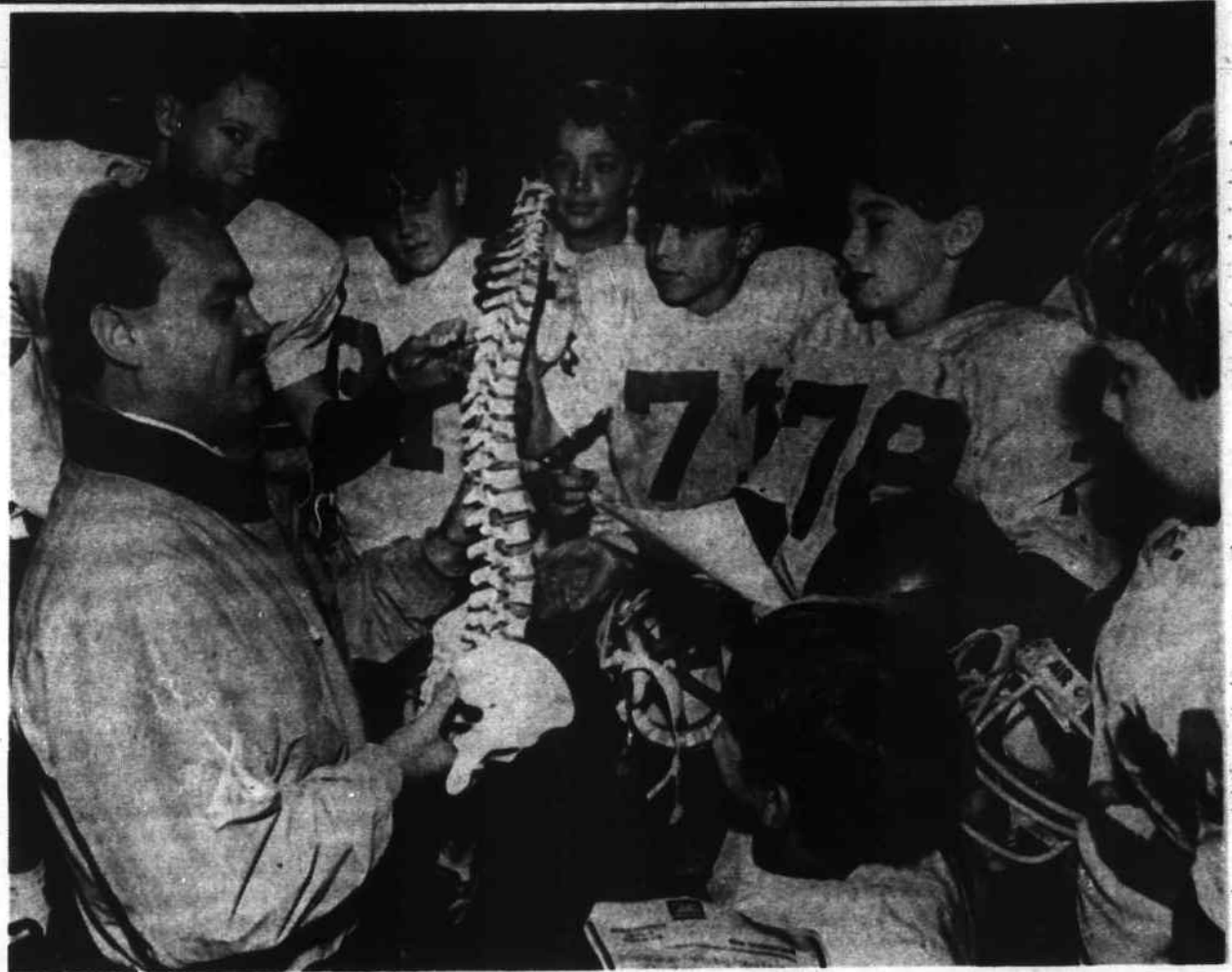
- Frequent "Colds?"
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DR. TIMOTHY B. BODZIOCH of Atlantic Chiropractic in Stoneham talks to members of the Wakefield Pop Warner Football "C" team about how to prevent spinal injuries. He addressed over 200 players during their evening practice on Walton Field.

(Don Young photo)

Breakfast vital for children

Nutrition experts are spotlighting breakfast as the easiest first step toward improving the diet of America's school children. "That early morning meal is a window of opportunity for parents who want to nurture their child's development," says Doris Derelian, immediate past president of the American Dietetic Association and co-chair of the group's new Child Nutrition and Health Campaign.

What's so important about breakfast? It jump-starts the brain and opens the way to bet-

ter performance in school.

Derelian explains it this way. After eight to 10 hours without food, the body is essentially a cold furnace, waiting to be stoked. Children are especially sensitive to the impact of the night fast because of their smaller physical systems.

"Hungry children just can't do their best work in school," Derelian says. "They're easily distracted and become fidgety, irritable and tired." In fact, research shows a significant correlation between eating in

the morning and test results, recall memory and verbal skills.

Added Benefits

In addition to enhancing children's efforts in school, breakfast can be a factor in weight management and disease prevention. Breakfast:

• Establishes a regular eating pattern, which is key to weight control throughout life. "Set mealtimes help regulate appetite and discourage snacking and overeating," Derelian says.

Are you smiling about your smile?

Can an unattractive smile hurt a person's chances for career success? According to a recent survey, three-fourths of Americans believe it can. In addition, eight in ten agreed that having an unattractive smile can make you less appeal-

ing to a potential mate. Nine out of 10 said that having an attractive smile is an important social asset.

Perhaps most surprisingly,

only half of the adult Americans surveyed believe they have a smile that makes the grade. The survey was conducted by the American Academy of Cosmetic Dentistry.

"I'm not surprised by this response. AACD's dentists see numerous people who want us to redesign their smile," said Craig Mabrito, D.D.S., president-elect of the AACD. "Not everyone has that picture-perfect smile. Some people have crooked or discolored teeth, others may not like the metal fillings in their mouth and some patients may want to close the gaps between their teeth," he added.

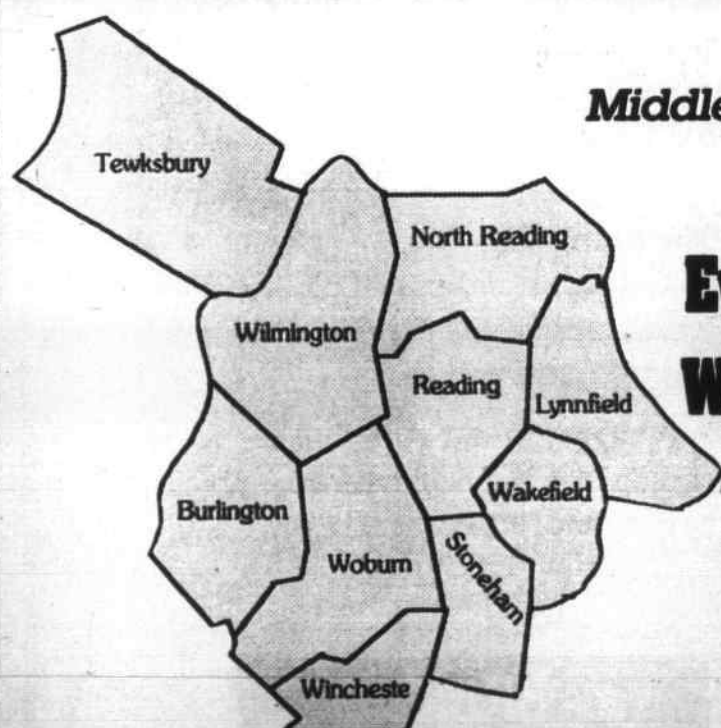
Dentists with extensive experience in the expanding field of cosmetic dentistry use both science and artistry to help individuals create the smile they

want. Credentialed cosmetic dentists are up-to-date on the latest techniques and are a resource for a person seeking professional consultation and quality treatment to redesign one's smile.

"People realize that a smile plays a key role in that first encounter with someone - be it business or personal. There are a number of new techniques that are available now - from bleaching and porcelain veneers to "invisible" fillings and bonding, and more. It's important that people consult a cosmetic dentist to discuss a tailored treatment plan that works for them," said Dr. Mabrito.

For a free educational brochure and to locate a cosmetic dentist in your area, call 1-800-543-9220.

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- the emotional impact of infertility
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617-942-7000, x 604.

The seminar will be held at the Fertility Center of New England, Inc.
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Medical Director Vito Cardone, M.D.; R. Ian Hardy, M.D., Ph.D.;
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Healthy

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LIFESTYLES FALL 1996

Estrogen replacement

All women face it sooner or later. Currently, more than 40 million women in the U.S. are in the traditional menopausal age range (between 45 and 55), that time of life when a woman's ovaries cease to produce estrogen. Many of these women are demanding more information about what happens during this time and what they can do to best manage it.

Fortunately, these women now have a range of options their mothers never had. Moderate to severe menopausal symptoms, including hot flashes, night sweats and vaginal dryness, caused by a lack of estrogen, can be treated with estrogen replacement therapy (ERT).

Estrogen Treatment Options

Today, ERT is available in a variety of forms. Patches are the newest form of ERT and pills have been in existence since the 1940's. Additionally, women and their physicians can choose the type and dosage of estrogen that is needed. The forms of estrogen most widely used are:

• **Tablets:** Oral estrogens have been available for more than 50 years. The most common oral estrogens are conjugated equine estrogen tablets; oral estrogen products made from synthetic estrogens are also available. Women generally take one tablet daily as prescribed by their physicians.

• **Skin Patches:** Estrogen transdermal patches have been available since 1986. Vivelle (estradiol transdermal system), one of the latest forms of ERT, is a transdermal patch that utilizes an advanced type of technology which allows for a patch that is small, thin, flexible and translucent. The self-adhesive Vivelle patch is applied twice-weekly to either the buttocks or abdomen, where it delivers estradiol, the primary estrogen produced by the ovaries, through the skin directly into the blood stream.

• **Creams:** Since the early 1980's, vaginal creams have been available for the symptomatic relief of vulval and vaginal discomfort. Applied locally for a few days a week, creams relieve vaginal dryness. In comparison to other forms of ERT, vaginal creams have a relatively low absorption rate into the circulatory system.

Women should consult with their physicians to determine whether they are appropriate candidates for ERT. For example, ERT should not be used by women who are or may be pregnant. Estrogen therapy has been associated with an increased risk of cancer of the uterus.

Women should tell their doctors if they have had cancer of the breast or uterus, unusual vaginal bleeding, abnormal blood clotting or any cardiovascular disease.

Common side effects of the patch are skin irritation and itching at the application site, which, in most cases, are mild. Headache, breast tenderness and fluid retention have also been reported with estrogen use.

For a free booklet on menopause and an unmedicated sample of the Vivelle patch, call 1-800-758-2422, ext. PR96.

options
your
mother
never
had.

Infertility

A night for questions

Infertility and Your Options is the topic of a free educational seminar on Tuesday, October 22 from 7 to 9 p.m. at the Fertility Center of New England offices at 20 Pond Meadow Drive, Suite 101, Reading in the Reading Health Center.

If a couple has been trying unsuccessfully to have a family for a year or longer, they often experience a range of emotion, including isolation, guilt, and depression. Getting the facts about the medical conditions that cause infertility, as well as information on the most successful treatments and procedures is one of the first positive steps they can take.

Four physician infertility specialists from the Fertility Center of New England will address the causes, evaluation, and treatment of infertility, as well as answer couples individual questions.

The doctors are Vito Cardone, M.D., R. Ian Hardy, M.D., Ph.D., Pei-Li Huang, M.D. and Michael Summers, M.D., Ph.D., who recently joined the practice. Together these physicians have had decades of experience pioneering and successfully implementing infertility medicine and techniques.



MANICURIST ANNETTE FRANZE (l) and Margo Vogis of North Reading at Laschi Hairstylists, 150 Main Street, Reading. (Don Young photo)

They will also talk about well-known assisted reproductive technology procedures such as intrauterine insemination (IUI), in vitro fertilization (IVF), Gamete Intrafallopian Transfer (GIFT), and ZIFT (Zygote Intrafallopian Transfer).

Michael Lee, M.S., T.S., director of the Center's Assisted

Reproductive Technologies Laboratory, will describe the latest medical advances and breakthroughs such as assisted micro-fertilization and assisted hatching. Additionally, staff will explain the Fertility Center of New England's egg donor program, which is one of the region's most successful.

Other professional staff will explore the emotional impact of infertility, as well as insurance coverage and advocacy for infertile couples. Ample time will be provided for questions and answers.

For reservations and directions, contact Terri Davidson at (617) 942-7000, extension 604.

Dr. Daniel M. Feinn opens new office in Reading

Daniel M. Feinn, M.D., Ph.D., announces the opening of his new office at 274 Main Street in Reading. He joins his associate, OB/GYN Glen Dixon, Jr. M.D. in providing comprehensive gynecological and obstetrical care for women of all ages.

Board certified by the American Board of Obstetrics & Gynecology, Dr. Feinn also holds a doctorate degree in physical chemistry from Indiana University Graduate School. He earned his medical degree from the Indiana University School of Medicine.

Dr. Feinn completed his residency and internship in obstetrics and gynecology at the Washington University School of Medicine in St. Louis, Missouri. He has been in private practice for the past eight years, six of which have been in the Stoneham area. His areas of special interest include general obstetrics, office gynecology and pelvic surgery.

Dr. Feinn served a Clinical

Instructor at the University of Rochester School of Medicine & Dentistry and as Clinical Assistant at the Washington University School of Medicine. He has also been involved in research and published numerous articles in professional journals.

Dr. Feinn and Dr. Dixon are on the medical staff of Melrose-Wakefield Hospital. Dr. Feinn welcomes new patients. Most major insurances are accepted. To schedule appointments, please call the office at 617-942-3877.



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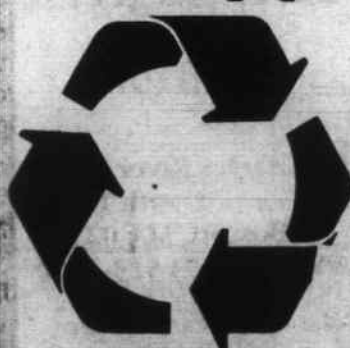
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Healthy

LIFESTYLES FALL 1996

Middlesex East



Do you need to lose weight?

Whatever your guess, it's probably wrong.

According to recent surveys, the majority of adult Americans believe that in order to decrease health risks associated with their weight, they need to lose approximately 30 percent of their total body weight.

However, most physicians surveyed correctly stated that modest weight loss of only 5 to 10 percent of total body weight, if maintained, can decrease health risks. These weight-related health risks include high blood pressure, hyperlipidemia, Type II diabetes, osteoarthritis and certain cancers.

"Many people set unrealistic goals for themselves when it comes to weight loss," said Dr. George Bray, executive director of Pennington Biomedical Research Center in Baton Rouge, Louisiana. Dr. Bray says it is important to remember that health risk - not appearance - is the most important reason to lose weight and that losing just a few pounds can reduce that risk.

The surveys, underwritten by Knoll Pharmaceutical Company, polled more than 500 overweight consumers and 300 primary care practitioners about their perception of excess weight. All consumers surveyed were screened

for a Body Mass Index (BMI) of 27 or greater. Experts agree that BMI, a height/weight ratio calculation, is the measurement of choice for determining if a person is at health risk from excess weight. A BMI of 27 or greater indicates that you may be at risk from excess weight.

Another misconception revealed by the survey had to do with the perception of obesity itself, which is defined as 20 percent over ideal body weight. All of the consumers polled were obese by definition yet only six percent of women and two percent of men identified themselves as such.

Even when a man or woman did realize that he or she was overweight, the survey revealed that their incentive to lose the weight was quite different. Nearly two-thirds of physicians surveyed said that appearance was the key driver for women (96 percent), while improving overall health was most important for men (51 percent).

Physicians and consumers both agreed that a standard numerical indicator, such as BMI, would be beneficial in defining when excess weight puts a patient at health risk. Most of the doctors (84 percent) said that such an indicator

would help them communicate with their overweight patients without having to use the term "obesity," a term that most patients view as not pertaining to them.

Early detection and treatment of prostate

If you are a male, over 40 years of age, and are getting a yearly physical exam, which includes a rectal exam, then you are doing the right thing. A rectal exam is virtually painless and can protect you from this "silent disease."

Prostate cancer is often called the "silent disease" because a man may have no symptoms or problems for months or even years. The possible symptoms that may occur, often long after a man has developed prostate cancer, include the inability to urinate; frequent urination (especially at night); pain or burning when urinating or ejaculating; and blood or pus in the urine or semen.

These may even be confused with benign (non-cancerous) prostate conditions. A yearly rectal exam, however, may identify the disease at its onset, and treatment can begin immediately, thereby increasing the patient's chance of survival.

"The healthy prostate, one of the male sex glands which helps to transport sperm during ejaculation, is the size of a walnut, the shape of an upside down pear and weighs about one ounce," says Dr. Joseph Pennacchio, an Oncologist at Melrose-Wakefield Hospital.

"Prostate cancer occurs when the cells of the prostate grow abnormally. The result is a tumor which gradually enlarges the prostate and grows into surrounding parts of the body, such as the urethra."

If the cancer remains undetected and untreated, the chances of it spreading to other parts of the body are significant. Prostate cancer tends to

spread to areas such as the lymph nodes, the lungs, and various bones, specially the bones in the hip and lower back.

"Prostate cancer is highly curable if found in the early stages," Dr. Pennacchio says. "Even in advanced stages, new treatments can be effective. Some of the possible treatment options are surgery, chemotherapy, radiation, and hormone therapy. The type of treatment depends upon the state of the cancer its speed of growth and the general health of the patient."

According to Dr. Pennacchio, the causes of prostate cancer are still unknown. No specific dietary or environmental factors have been shown to cause the disease. However, some studies do point to high fat diets or cancer-causing agents in the workplace. There also tends to be a familial association, and black Americans are also at a greater risk.

Each year, excess weight takes its toll of 300,000 Americans, making weight-related illness the nation's second leading cause of death after smoking-related illnesses.

Cook heart healthy with vitamin E

You knew Vitamin E could be beneficial for hot flashes and arthritis, but did you know it has also shown promise in preventing heart disease?

The New England Journal of Medicine recently concluded that women with a high Vitamin E intake had fewer heart attacks. Researchers speculate that Vitamin E's antioxidant properties might play a role in repairing plaque-damaged arteries, so low doses of Vitamin E are now prescribed as preventative therapy for heart disease.

Since the body cannot manufacture Vitamin E, we must get it from our food or supplements. One of the best sources is polyunsaturated oil such as safflower and canola, also rich in fat-soluble vitamins, A, D, and K.

Already a better choice than saturated fat, which causes heart disease, polyunsaturated oil can actually reduce artery-clogging LDL cholesterol, leaving HDL artery-cleansing cholesterol to do its job.

A healthy choice in cooking oils and an excellent source of Vitamin E is Hollywood Canola, Safflower and Peanut oils, the only oils on supermarket shelves fortified with extra Vitamin E. These oils also contains the lowest amount of saturated fat.

Thyroid quiz

A quick and easy test for you

(NAPS) - Taking this simple Thyroid Health Quiz can help you find out if you might be suffering from an underactive thyroid gland:

1. Are you often tired or sleepy for no apparent reason?
2. Do you feel depressed and/or forgetful?
3. Is your hair dry and coarse?
4. Are your eyebrows thinning?
5. Is your face puffy?
6. Do you have dry skin and/or brittle nails?
7. Are you usually more sensitive to cold than others around you?
8. Have you gained weight for no obvious reason?
9. Are your menstrual periods unusually heavy?
10. Are you often constipated?

If you answer yes to any of

these questions, it's important to discuss your symptoms with your doctor or healthcare provider. These symptoms may point to a condition called hypothyroidism, a form of thyroid disease in which the thyroid fails to produce enough hormone to meet the body's needs.

In most cases, thyroid disorders can be easily detected with a simple and reliable blood test called the sensitive or ultra-sensitive TSH test. This test can even detect hypothyroidism before you notice any symptoms. And, once diagnosed, treatment for this condition is relatively simple - just one pill daily to replace the thyroid hormone not being produced naturally by your body.

Here's to unmasking the "hidden" health problem! For more information, call 1-800-542-6687.

From S-1

Glaucoma because they cannot sense the pressure buildup.

One indication of glaucoma is the presence of blurry vision, which may indicate that damage to the eye is already occurring.

There are two different types of glaucoma, open angle (the most common type) and closed angle or acute glaucoma which is relatively rare.

Latina has tested his new machine on bovine tissue and in owl monkeys. In the last year he has conducted tests on 25 people, 12 women and 13 men, and because of the good results he is now starting his trial tests for Federal Food and Drug Administration approval. Those tests are expected to last for one year.

The doctor has a private practice at the Reading Health Center and is also on staff at the Massachusetts Eye and Ear Infirmary, Winchester Hospital, Melrose-Wakefield Hospital and Malden Hospital.

He has been practicing ophthalmology for 10-years and started his laser research when he was a resident at Mass Eye and Ear.

His credits include a Chemistry major at Tuft's University where he did his undergraduate work and first became interested in laser treatments. Latina graduated from the University of Connecticut Medical School where he majored in ophthalmology and interned at the Mass Eye and Ear and Harvard University.

He also received a Glaucoma Fellowship at Mass Eye and Ear.

Along with the FDA testing, Latina said he is also looking for other uses for his new style of laser such as a possibility it could be used for Diabetic Retinopathy.

The average age of the 25 test patients was 61 years and their mean intraocular pressure (IOP) was 27.7 mm Hg.

According to published results of the tests, some of the patients had uncontrolled IOP with no prior medical therapy, some were undergoing the maximum tolerated medical therapy and some had been treated with argon laser trabeculoplasty.

The test patients also presented a large variety of cases such as open angle glaucoma, steroid induced glaucoma and traumatic glaucoma as well as high elevations of IOP without previous medical therapy.

Each eye was treated in a similar fashion and the patients were followed for varying lengths of time from eight to 31 weeks.

The test results showed that 24-hours following surgery there was a 32 percent decrease in mean IOP levels and by the thirty first week it was still 26 to 27 percent lower than originally recorded.

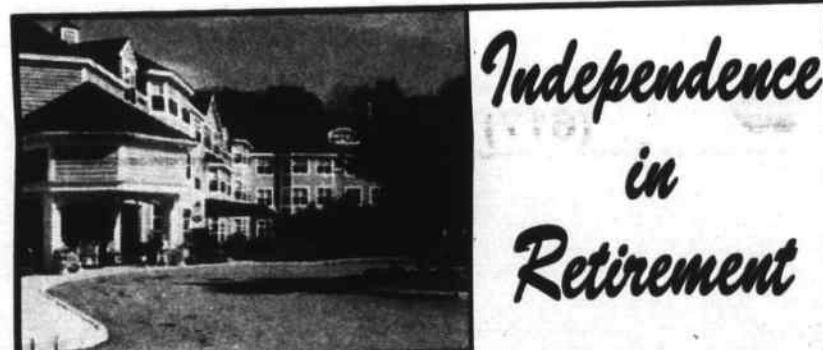
Medications were not changed during the postoperative period allowing for Latina's conclusion that all postoperative decreases were due to the procedure. In a trade journal Latina said that the progress of the patients previously treated with argon lasers shows the procedure can be used as a maintenance therapy.

"That is our hope," Latina was quoted as saying. "We think it is a repeatable procedure because there is no destruction to the meshwork."

Latina did note that the procedure did cause some mild side effects such as anterior segment inflammation, which was treated with topical steroids and resolved within a week.

A transient spike in pressure was also observed immediately following surgery, but dissipated quickly.

Latina notes that even with his new procedure there is no known cure to the disease but he hopes it will now be easier to control it.



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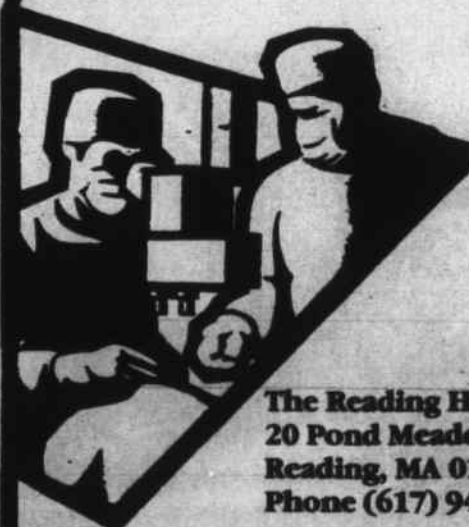


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Healthy

LIFESTYLES FALL 1996

Middlesex East



New "red menace" threatens your face

Baby boomers may have survived one "red menace" during the Cold War, but now another looms on the horizon, silently preparing to attack members of the largest generation in U.S. history. Today's "red menace" is an embarrassing and potentially disfiguring facial skin disorder called rosacea that usually strikes adults in middle age and now affects an estimated 13 million Americans.

According to a recent National Rosacea Society survey of more than 2,000 sufferers, 44 percent reported that symptoms of this acne-like condition first appeared when they were in their 30's and 40's, while 43 percent reported first experiencing symptoms after age 50. Since the oldest members of the baby boom generation are currently turning 50 and the youngest are 32, they have reached the prime years for rosacea.

"While the incidence of rosacea appears to be rising sharply as more people enter the most susceptible age, many mistakenly think it's just a complexion problem that will go away by itself, but in fact it usually keeps getting worse if left unchecked," said Dr. Joseph Bikowski, assistant clinical professor of dermatology at the University of Pittsburgh. "Of greatest concern is that only a small percentage of rosacea sufferers realize that medical help is available."

Over time, however, the redness becomes more severe and persistent, and small dilated blood vessels may become noticeable. Left untreated, bumps and pimples often develop, and in some people the eyes may feel gritty and appear bloodshot. In advanced cases, the nose may become swollen from excess tissue - the condition that gave the late comedian W. C. Fields his famous red, bulbous nose.

While rosacea's physical effects are distressing enough, its other costs - damage to self-esteem and professional and social life - can be even worse, according to Dr. Thomas F. Cash, professor of psychology at Old Dominion University.

Fortunately today, rosacea can be controlled with proper diagnosis and medical therapy from dermatologists, as well as lifestyle modifications to avoid factors that may trigger flare-ups.

For information on rosacea and a list of dermatologists in your area who treat rosacea, contact the National Rosacea Society, 800 S. Northwest Hwy., Ste. 200, Barrington, IL 60010, telephone 845-382-8971, or e-mail rosaceas@aol.com. Information is also available on the Society's Internet Web site at <http://www.rosacea.org>.

SIGNS OF ROSACEA

- Redness on cheeks, nose, forehead or chin.
- Blood vessels visible on skin surface.
- Pimples or bumps on face.
- Gritty or bloodshot eyes.
- Red, bumpy, swollen nose.

Source: National Rosacea Society

A chronic, progressive, yet treatable disorder, rosacea usually begins as a redness or flushing on the cheeks, nose, chin or forehead that may come and go. It may initially be mistaken for a sunburn, especially if the person spends much time outdoors.

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Hypnosis: how does it work?

The average client enters into hypnotherapy with a range of beliefs about hypnosis. Some describe it as sleep, being unconscious, the surrendering of your mental powers and control to someone else and even as far as to call it magic or voodoo. None of these impressions are accurate.

Hypnosis is best described as an altered state of consciousness featuring "selective perceptions" a process in which the subject (who is in control) chooses to see only what is relevant to their task, blocking out everything else. Hypnosis involves guided concentration which can be provided by a therapist or by oneself (Self-hypnosis).

Here's an example of a hypnotic state that clients have experienced before and can relate to: Have you ever driven home from work or to work and when you arrive you think, "How did I get here?" You made all the right turns, obeyed all the laws of the road, but did so unconsciously.

I am not suggesting that you were asleep, being controlled by another person, but rather that it is possible for us to be in control without our conscious mind knowing it. Your mind was being selective and working on some project or problem that was taking up your conscious mind. This is a sample of "Wild Hypnosis."

There are varying depths of hypnosis. Using a six point scale with one being the lowest, a rating of one or two is the desired degree of hypnosis for stop smoking, weight control, and stress management programs. At the other extreme, people have actually undergone surgery with no anesthesia while at a depth of six.

In essence, hypnosis is a means of communication between the subconscious mind and conscious mind. Many human problems, habits, stress-anxieties, attitudes, or apparent deficiencies can be traced to interpretations by the subconscious mind.

In hypnosis, we access the subconscious mind directly with guided imagery and positive suggestion, using these techniques it is possible to help person overcome problems they have been suffering from. The classic examples of this are the cessation of smoking, stress management weight control, the removal of bad habits, and pain managements.

Hypnosis is the utilization of imagination and visualization. What your mind can conceive, you can achieve. The dramatic and very real power of the mind and body connection is now being recognized by more and more people. It is used to help people prepare for surgery and afterwards to promote healing and shorten recovery.

Today, numerous babies are

born under Hypno-anesthesia to mothers that don't want to risk exposure of their babies to chemical drugs. Pain management is becoming more popular using the mind/body connection to reduce the suffering of patients.

While hypnotized, you are in a relaxed state. You hear everything that is going on around you, and you can respond verbally or with gestures to answer questions posed to you. Contrary to some misconceptions, you will not do something against your moral belief, even if it is suggested. You are in control of your mind at all times.

Hypnosis has emerged from the cloak and dagger of spy

movies and into the real world where it is used with the assistance of medical personal to make significant changes in a person's life. Today, many people are living happier, healthier lives, as a result of successful hypnotherapy.

These are only a few of the many uses for hypnosis. For more information on any of the topics above, or to answer any questions you might have about hypnosis or possible treatments, contact a Certified Hypnotherapist near you.

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Heart disease #1 killer of women

Breast cancer claims the lives of approximately 43,000 women in the United States each year. Public awareness campaigns have educated women on how to conduct self examinations and encourages them to have yearly mammograms. Many women believe cancer is more dangerous to them than

heart disease.

They are wrong.

The No. 1 killer of U. S. women is cardiovascular disease, according to the American Heart Association. In 1992, 51.9 percent of all female deaths were from CVD. It killed more than 10 times as many women as breast cancer and twice as

many as all forms of cancer combined.

As women age, especially after menopause, the risk for heart disease increases rapidly. At older ages, women who have heart attacks are twice as likely as men to die from them within a few weeks.

It is important that women

realize the risks and seek medical treatment immediately upon the initiation of symptoms. But equally important, medical facilities must be able to accurately and rapidly diagnose heart damage so that treatment may be initiated immediately.

A contractile protein, normally found only in the heart, may

help provide the answer to better diagnosis. Cardiac troponin T is released and detectable in blood only when heart damage has occurred. It appears in the blood stream as early as one to three hours after damage and may remain up to two weeks afterward.

Recently the U.S. Food and Drug administration cleared a new test that can detect troponin T, the CARDIAC T Rapid Assay. It is the first hand-held, disposable test that can be used bedside in the emergency room or critical care units to diagnose heart damage. With a few drops of blood, the test can definitively detect the presence of this cardiac-specific protein within minutes.

The CARDIAC T Rapid Assay is also the only test clinically

proven and cleared by the FDA for use to detect the full range of heart damage, including minor injury. Minor heart damage has been clinically proven to the predictive on impending cardiac events and the ability to diagnose it may help improve patient outcomes.

Dr. Gerald Moller, president and chief executive officer of Boehringer Mannheim said, "The most striking aspect of myocardial infarction diagnosis is that the time between recognition and confirmation of this event and the introduction of treatment is of vital importance. The faster a marker can be detected in the blood stream, the faster it can be detected wherever the infarction occurred and the greater the chance of lifesaving medical intervention."

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Baby boomers Time for a check-up!

During the next ten years, millions of "Baby Boomers" will reach the stage in their lives when staying healthy throughout menopause and beyond becomes a major concern.

ACOG has joined together with four other organizations in promoting the National Menopause Awareness initiative to educate women about menopause.

Every primary care physician should inform his or her patients about the changes menopause brings, the benefits and possible risks of taking hormone replacement therapy, so each woman can make an individual decision. They should also discuss the other various preventive measures that can enhance the quality of life in the many remaining years.

Stronger bones and a lower risk of heart disease are perhaps the most important benefits of hormone replacement therapy. One million women have fractures from osteoporosis annually; millions more have silent osteoporosis. Hip fractures affect 25 percent of women by age 80.

Cardiovascular disease is the major cause of death in older women, accounting for eight times the deaths caused by breast cancer. While certain risk factors cannot be changed, smoking cessation and estrogen therapy have the greatest potential impact on risk reduction.

See your doctor to learn more about menopause and which options are best for you.

Advice for women

Two important drugs help to lessen possibility of stroke

The Good News

Over a million Americans have a potentially fatal or disabling condition known as atrial fibrillation. Many don't even realize it. That's one more reason you should see your doctor regularly, especially if you're over 75, since the risk increases with age.

The Symptoms

Signs of atrial fibrillation can include:

- Abnormal or irregular heart beat.
- Fainting.
- Fluttering or palpitations in the chest.

The Cause

The condition affects the atrium, a chamber in the upper part of your heart that is divided into right and left sides by a thin wall or partition. The left atrium collects blood coming from the lungs and sends it to the pumping chamber or left ventricle. The blood is then pumped through the body and the brain.

When people have atrial fibrillation, the contractions of the left atrium are fast and weak and cannot empty the blood completely, leaving some blood behind. Blood that stays in the atrium frequently clots. Blood clots can travel from the heart to the brain and other parts of the body.

The Danger

A blood clot that is the same size as the blood vessel it is in can completely block the artery and prevent blood from entering that part of the brain. When those parts of the brain that lie beyond the clot get a reduced blood supply, damage or destruction of brain cells - a stroke - can occur.

Fortunately, a stroke due to atrial fibrillation can be frequently prevented. A study by IPRO, long known as experts in evaluating healthcare quality, found that two important drugs that reduce the ability of blood to clot, lessening the possibility of stroke, are not fully utilized by some hospitals and doctors.

These drugs are warfarin, an anticoagulant of blood thinner and, to a lesser degree, aspirin. Warfarin, researchers say, can cut the risk of stroke by 70 percent. One aspirin daily may reduce the possibility of stroke by 25 percent.

Your doctor can tell you which medication is right for you. You should never prescribe drugs for yourself. He or she may also recommend you stick to a healthy diet and a reasonable exercise program and have regular checkups.

For more information about stroke and atrial fibrillation, write: IPRO, Medical Affairs, 1979 Marcus Avenue, Lake Success, New York 11042.

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REAL ESTATE SAMPLER

Reading

REAL ESTATE

A colonial with lots of open space and flair

Located in a great neighborhood, this seven room Colonial has four bedrooms and two full baths. Enjoy the convenience of public transportation nearby, and the quiet peacefulness of nestled woods all in one home.

The master chef can perform their magic in the absolutely beautiful oak kitchen with plenty of room so everyone can help. The skylights keep this room bright and cheery. There are two large windows overlooking your private yard and you can leave the cleaning up to your dishwasher and disposal.

Let the kids run around and play in your 40,000+ sq. ft. lot of land. This land may possibly be sub-divided for an additional home. Or, if you feel the need for even more room, the expansion possibilities are endless. Picnics

and gatherings with friends are always a treat in the backyard with a gazebo and deck.

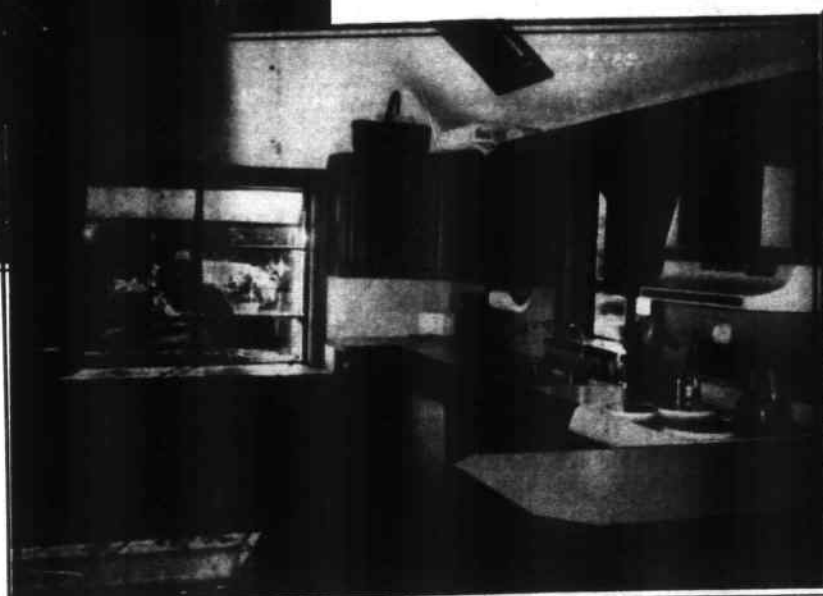
When it gets cooler out, the kids can have their fun in their own playroom or perhaps this room is an office for your at-home business. The farmers porch gives for hours of fresh breezes and the manicured lawn makes a great presentation. Additional features include central vac, hardwood floors, wall to wall carpeting, newer roof, newer windows and a newer heating system. There is so much opportunity in this house. Don't miss out!

This home is marketed and listed by Mary Ann Quinn of RE/MAX Top Achievers, Inc. She is offering a fantastic price of \$174,900. She can be reached at RE/MAX at (617) 944-6060, ext. 228.



OVER 40,000 SQUARE FEET of land accompanies this colonial that offers many opportunities for upgrading. Call RE/MAX Top Achievers for details.

There is so much opportunity in this home.



Get those gutters done before the snow flies

Have you noticed that some of your metal rain gutters are leaking or sagging? Now may be the time to consider installing a vinyl gutter system.

"Your rain gutters protect your roof and foundation by channeling rain water away from your home," says Home Depot associate Ed Bidwell. "Rain, snow and ice can corrode your metal gutters. Vinyl gutters are more durable, won't corrode and are permanently colored so they don't require as much maintenance."

If only a couple of sections of your existing gutters are damaged, they still can be replaced with vinyl gutters because they are made to match and be

attached to metal gutters. "This way you won't have the expense of replacing the entire system all at once," Bidwell said.

1. Whether you're replacing a small section or redoing your entire gutter system, the first step is measuring. Measure the entire length of gutters that you will need. Keep in mind that vinyl gutters come in 10-foot lengths.

2. Determine the gutter accessories you will need. Most gutter systems include straight lengths, inside corners, outside corners, outlets, downspout offsets, straight connectors, end caps, hanging brackets and a splashblock.

Leaf guards are the last step,

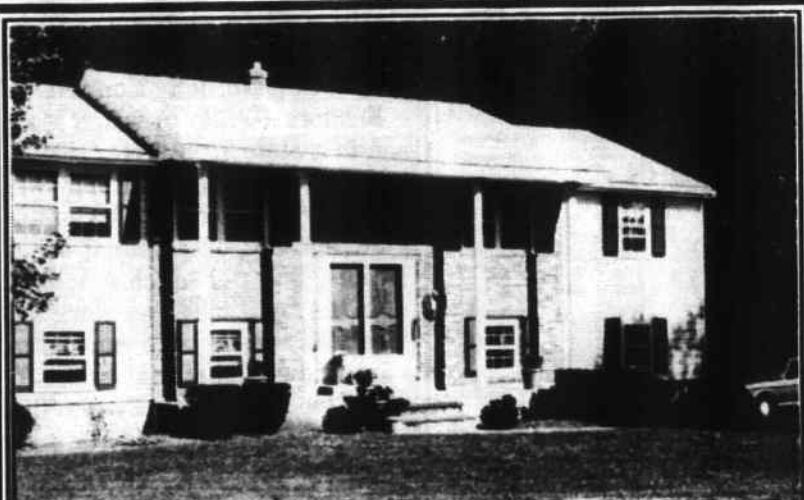
and one that will save you both time and money. Leaf guards come in 36-inch lengths and can be installed on new or existing gutter systems.

"Who wants to get up there and clean their gutters all the time? Leaf guards protect downspouts from getting clogged with leaves so you don't have to get out there in the cold weather to clean out your gutters," Bidwell says.

3. Once you have all of the materials you will need, lay them out on the ground so you can see what the installation will look like. You'll avoid fumbling with pieces when you are up on the ladder.

4. Remove the old gutters you are replacing. Start by removing the screws and connectors from the entire section of the damaged gutter. Then remove the gutter section from the gutter hangers.

5. Install the vinyl gutters. "When it comes to gutters, most people will do it themselves because it is very easy to do," Bidwell says. In fact, vinyl gutters were designed with the do-it-yourselfer in mind. They come in modular components that snap together. Follow the manufacturer's directions and in no time you'll have a gutter system that directs rain water where it is supposed to be - outside.



READING - \$267,000

Lovely 3 bedroom, 2-1/2 bath Georgian Split, fireplaced family room, hardwood floors, 2 car garage. Beautiful 1/2 acre lot.

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Mary Jane Hadden



Pat DeWelle, GRI



Michele DeAngelo



Diane Gaglio



Sheila Johnson



Judi Kramer



Bob Lauer



Tom Ward

READING - NEW LISTING



Won't let so hurry to this most adorable 60M, 2BR 1.5 bath, 14,000+ sq. ft. lot plus some recent improvements make this the perfect starter home. See it today! \$134,900.

NO. READING - NEW CONSTRUCTION



Best of the best is right here. Fab 90M, 4BR, 2 1/2 BA, 3 car gar. Col in exec area. Top quality from master builder. Tour it today. \$469,900.

READING - NEW LISTING



Ideal situation - small house in expensive, executive location. You can't go wrong with this mini 50M, 2BR, 1 1/2 BA Ranch. Your future expansion will fit right in! \$169,900.

READING - OFFERS WANTED



Seller wants action on this lovely, rambling, extra-spacious 70M, 3BR, 2 BA Ranch, 6000 sq. ft., 11' floors, 1P, huge NBR plus 13 acres, \$205,000.

ANDOVER - COLONIAL DRIVE CONDOS



Choose from 2 well-located 2BR units at this popular, well-maintained complex. Let us show you why it's less expensive to own. From \$67,900.

READING - NEWLY LISTED



Wonderful floorplan in this 80M, 4BR, 2 1/2 BA, 11' Col with contemp. floor. You'll love the most desired westside in hood. Hurry! \$299,900.

NO. READING - 4 AFFORDABLE HOMES



Choose from our outstanding selection of affordable starter homes - Ranch, Capes, Col. Etc. has unique qualities. From \$119,000 - 140,000.

READING - NEW CONSTRUCTION



(Sample photo.) The foundation is in, construction is underway. Stunning Col on 2-acre lot in prestigious Carnegie Estates. Perfect! \$449,900.



Donna DeBella, CRS, GRI, LTR & Nick Mazzera, CRS, GRI



Susan Piracini



Linda Reith



Janice Sullivan



Myrna Tichener, GRI



Jane Watson

Real Estate Transfers

- BURLINGTON -

15 DEMONE DR. purchased by Linda and John Kelley, Jr from Norman and Greta Demone for \$161,000.
3 DOUGLAS AVE purchased by Joseph and Karen Ciardi from Cynthia Wentzell for \$227,500.
6 EDGEWATER AVE purchased by Kevin and Catherine McNally from Peter and Susan Lumenello for \$125,000.
7 GLEN AVE purchased by Patrick and Barbara Whelan from Robert Smethurst for \$126,000.
41 HILL CIR U:41W purchased by Paul and Cynthia Hau from Burlington Ponds LP & J Michael Maynard for \$201,900.

- LYNNFIELD -

5 GREY LN. purchased by Alan and Maureen Jamal from Michael and Sheila Craffey for \$316,000.
11 MAGNOLIA DR. purchased by Michael and Sheila Craffey from D. Bradford and Geraldine Park for \$542,000.
8 NORTH HILL DR. purchased by Edward and Chandra Minor from John Gikas, Tr for Sunrise RT for \$275,000.
1100 SALEM ST U:27 purchased by Edward and Margaret Knox from Sean Sullivan for \$115,000.
1200 SALEM ST U:181 purchased by Andrea Maslack from Arthur Anderson for \$200,000.
20 STANLEY RD. purchased by Bradford and Gerry Park from Raymond Young for \$246,200.
511 WALNUT ST. purchased by Dennis and Gail Craig from Mark and Debra Panetta for \$174,000.

- NORTH READING -

5 FOX RUN LN purchased by David and Tracy Luu Hong from John and Julie Palermo for \$340,000.
6 GREENBRIAR DR U:6-302, GREENBRIAR CONDO purchased by Donna Wadden, Tr for Christopher Wadden T from Deborah Peake for \$72,900.
20 LECLAIR RD. purchased by Carl Bertolino and Christina Spada from Marion Goodwin for \$124,000.
10 REDMOND AVE. purchased by Peter and Jane Obrien from Henry and Louise Zurawel for \$212,500.
14 WILDWOOD RD. purchased by Linda Minichiello from Gregory and Eleanor Bedrosian for \$425,000.

- READING -

BACK BAY CT. L:3 purchased by David and Patrizia Decolgero from Robert M. Keegan for \$95,000.
5 BUNKER AVE. purchased by Jesper and Eleanor Romell from James and Susan Cotter for \$200,000.
13 CROSS ST. purchased by Charles and Jeanne Duran from Raymond and Pamela Queen for \$255,000.
23 EATON ST. purchased by Gerard and Dawn Ryan from Donna Heffeman for \$207,000.
27 ESTATE LN purchased by James and Susan Frontero from Joan Digiovanni-Darcy and Thomas Darcy for \$348,500.
87 FRANKLIN ST. purchased by John Bugden and Eileen Gorham from Eleanor Obrien, Ex for Obrien James L. Est for \$215,000.
77 HARTSHORN ST. purchased by Christopher and Andrea Caruso from Joseph and Marjorie Pendergast for \$210,000.
434 HAYHILL ST. purchased by Donna and Brendan Ohagan from David and Nicole Ruscak for \$379,000.
603 PEARL ST. purchased by Joseph and Judith Dougherty from Peter and Katherine Coakley for \$450,000.
605 SUMMER AVE. U:334, SUMMIT TOWERS CONDO purchased by Pauline Ohara from John Douglass, 3rd for \$81,000.
87 SUNNYSIDE AVE. purchased by Nigel and Sandra Penney from Anthony and Terese Dalelio for \$265,000.
32 WESCROFT RD. purchased by Stan Goldman and Alisa Macfail from John and Donna Cloutier for \$215,000.
14 WHITTIER RD. purchased by Stephen and Ginamarie McLelland from Steven and Debra Mason for \$228,000.

- STONEHAM -

38 GOULD ST. purchased by James and Joanne Voutirtsas from Richard and Patricia Fresco for \$129,000.
159 MAIN ST U:7B purchased by Mary McNulty from Lawrence Means for \$102,500.
214 PARK ST purchased by David Haberman and Bradley Goodman from Pauline Ohara for \$230,000.
43 POMEWORTH ST U:35 purchased by Rosemary Petrosso from Phyllis Deltergo for \$81,000.

- TEWKSBURY -

53 HERITAGE DR. U:53 purchased by Patricia Doyle from William Thompson for \$117,900.
21 KENT ST. purchased by Lloyd and Brenda Locke from David and Susan Andrews for \$150,450.

Real Estate Transfers to S-11

Realtor Names in the News



BARBARA SCOTT
 RE/MAX Top Achievers congratulates Barbara Scott for her recent top sales performance for the month of August. A full time Realtor, Barbara attributes her continued success to her deep commitment to professionalism and service. She holds the National Association of Realtors coveted GRI (Graduate Realtors Institute) designation. She also holds the prestigious CRB (Certified Residential Brokerage Manager) designation which is held by fewer than two percent of Realtors nationwide. She has served the Eastern Massachusetts Association of Realtors in various capacities and is currently a member of the Multiple Listing Management Committee and the

Professional Standards Committee. Barbara has been involved in various community endeavors through the years, most recently as Secretary of the Reading Chamber of Commerce.

Barbara can be reached at RE/MAX Top Achievers, 100 Main St., Reading or by calling (617) 944-6060, extension 231.



MARY ANN QUINN
 Mary Ann Quinn, CRS, GRI of RE/MAX Top Achievers, Inc. of Reading spoke at the Massachusetts Association of Realtors Convention held at the Marriott Copley Plaza on September 5. One broker of a panel of five, Mary Ann was a part of the "Secrets of the Stars" segment which was sponsored by the Women Council of Realtors (WCR) in which Mary Ann is State Treasurer.

Mary Ann's discussion was primarily based on the use and advantages of personal assistants. She put much emphasis on the fact that paper work and details can be time consuming and how a personal assistant and the Real Estate System that she has developed can save quality time, as well as allow the ability to provide superior service to customers. Her speech also consisted of discussion on how to go about hiring a personal assistant and create job descriptions.

Mary Ann stressed that the service that you provide to your customer should be your number one priority, and in order to give customers your undivided attention, the fine details should be handled by a personal assistant.

Mary Ann's presentation went very well and she received numerous questions and responses from her audience. She looks forward to continuing her State Treasury designation with the Women Council of Realtors, and is excited about Vice Presidency with the WCR next year.

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READING



New Listing! 9RM expanded Cape in heart of West Side. Huge fpd. famrm. off kit., fpd LR, hdwd fls thruout, 4BR, 2Baths & a great deck overlooking lovely lot in exec neighborhood. \$249,900

READING



3 BDRM Colonial on level lot. Walk to parks and square. Hardwood fls thruout, mud rm. Exceptional value. \$174,900

WOBURN



Lovely 3BR Col. in quiet No. Woburn. Lge. eat-in kitchen, game/fam room & screen porch. Private lot. \$139,900

STONEHAM



Reduced! You'll love the charm of this 3BR Cape in great Bear Hill loc. Huge MBR suite w/skylights, fpd LR and more. \$199,900

MELROSE



New Listing! Well built 9RM, 5BR Colonial. Wrap-around front porch, open foyer, fireplace. Good location. \$184,900

DANVERS



Charming Hip Roof Col. features 4BR, Master BR suite, inground pool, private yard in fam. neighborhood. Easy access to highway. \$214K

BOXFORD



Just Listed! 4BR Col. features open kit. to fam rm. w/skylights, 3 flr. One of the most convenient loc. in Boxford. Many extras. \$309,900

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Real Estate Transfers from 5-10

1060 MAIN ST. purchased by KTM Realty Inc from Richard Nahill, Ex for Nahill Arthur Est for \$58,333.
111 MERRIMACK MEADOWS U-100 purchased by Francesca Torres from Denise Peach and Patricia Baker for \$124,900.
21 QUAIL RUN U-21 purchased by Roy and Lois Madden from Gerald Dale and Pamela Hilton for \$122,500.
421 RIVER RD. purchased by Lisa Stephens and Francis Wolfenden from Avadhut and Neeta Nadkarni for \$140,200.

- WAKEFIELD -

64 CHESTNUT ST. purchased by Fred Cotreau from John Rush for \$35,000.
7 FLANDERS LN purchased by James and Cynthia Taurasi from Johnniea Joyce for \$184,900.
87-B GOULD ST. purchased by James Cain and Lynn Heisey from Frank and Sharon Mclean for \$187,000.
25 GROVE ST. purchased by Neil and Linda Podolsky from Lillian Craig for \$180,000.
88 PRESTON ST. U-9E. PRESTON PARK CONDO, purchased by Phillip Buccilli from Jean Ericson, Ex for Ericson Marilyn J Est for \$80,000.
155 SALEM ST. purchased by James and Jennifer McGovern from Neil and Linda Podolsky for \$226,500.
42 WOODBRIER RD. purchased by Anthony and Janet Colozzi from Wakefield Town Of for \$1,336.
46 WOODBRIER RD. purchased by Louis and Robin Garofalo from Wakefield Town of for \$2,713.

- WILMINGTON -

46 COLUMBIA ST. purchased by Paul and Pennilyn Dudley from Robert and Frances Dudley for \$165,000.
16 CONCORD ST. purchased by Bonnie Laing from Susan Carlson for \$137,500.
202 DANA CT. purchased by Alison Lentini from Shawsheen River Assoc and Donnell Corp for \$140,635.
9 LEE ST. purchased by Michael and Janice Fischer from Richard and Martha Steenbruggen for \$182,000.
300 MIDDLESEX AVE. purchased by Robert and Kathleen Benson from Joseph Estrella for \$159,000.
120 PARKER ST. purchased by Maureen Zocchi and Nicholas Palla, 3rd from Robert Elison for \$169,000.
22 PRESIDENTIAL DR. purchased by Renco Dev Corp from Ralph Newhouse Sr., Tr for Blueberry Hill Rt for \$178,418.
22 PRESIDENTIAL DR. purchased by Richard and Martha Steenbruggen from Renco Dev Corp for \$280,000.

- WINCHESTER -

4 COX RD. purchased by Michael Howland from Mary Hillfinger for \$305,000.
147 HIGH ST. purchased by Kazuyoshi Yasutake from William and Alice Porell for \$505,000.
34-36 IRVING ST. purchased by Stephen and Kathleen Campbell from James and Mary Domitrz for \$170,000.
LEDGEWOOD RD 1:24 purchased by Hallmark Inc. from Margaret Bradlee, Tr for Jane A. Bradlee T for \$253,000.
6-8 QUIGLEY CT. purchased by Raj and Saroj Santhamoorthy from John and Claire Skinner for \$153,000.
5 WINTHROP ST. purchased by Andrew Escoll and Tina Snider from Neiani Hartigan for \$547,500.

- WOBURN -

5 ABBOTT CT. purchased by John and Helen Sasso from James and Diana Tortorici for \$130,000.
5 ALBERT DR U-6. PARK PLACE CONDO purchased by Rondi Aastrup from Calvin and Neiga Carpenter for \$77,000.
110 ARLINGTON RD. purchased by Dana Whittie from James Mahoney for \$159,000.
273 CAMBRIDGE RD U-509. CRESCENT PARK II CONDO purchased by Kathleen Fitzmaurice from Stanley Sobotka for \$105,000.
20 COLONIAL RD. purchased by Liborio and Kathleen Janerico from Edward and Marie Leen for \$159,900.
10-A FAIRMOUNT ST. purchased by Robert and Harold Clark from Lorraine Quinn and Judith Volmar for \$60,000.
24 GRACE RD. purchased by James and Terry McKeon from Rodney and Rosemarie Pitman for \$156,000.
7 LINDA ST. purchased by Edward and Maureen Fumicello from Peter Marcone, Tr for Linda St. RT for \$172,500.
10 MANNING ST. purchased by Kathryn Kenney from Kevin and Karen Berrigan for \$165,000.
12 MONTVALE RD. purchased by Lawrence and Shelley Guarente from Edward and Maureen Fumicello for \$138,500.
8 PARLIMENT LN purchased by John and Coreen Covino from Benjamin and Marie Musto for \$215,000.
5 ROSE FARM LN purchased by Medardo and Marie Guadiz from Melanson Dev Grp Inc. for \$297,500.
29 S BEDFORD ST. purchased by James and Elaine Sutherlin from Donald Giles for \$189,000.
305 SALEM ST U-306. BROOKSIDE CONDO, purchased by Peter Cassaro from Sandra Fitzler for \$139,000.

Cruise for two is offered by Colonial Manor

Colonial Manor Realty announces an exciting and unique offer to its clients. Any home seller who lists a home for sale with the company between October 1 and December 31, 1996 will be entered into a drawing for a "Cruise for 2."

Owners Rick Nazzaro and Bobbie Botticelli are very enthusiastic about their office's latest venture. Nazzaro states, "This is a great opportunity for our sellers. Not only do they get the excellent service and unqualified experience that Colonial Manor associates are known for, but they are also entered into a drawing for a wonderful 'Cruise for 2!' They win both ways."

Plans are for the drawing to take place at the beginning of April, 1997. At that time, one lucky seller will also be making plans for an exciting cruise! "This is our way of thanking discriminating home sellers who expect the best and know they'll get the best when they call Colonial Manor realty," states Botticelli. "This is our way of telling them how much we appreciate their loyalty and their business."

If you would like further information (there are some restrictions,) please call the offices at Colonial Manor Realty. In Reading, call 617-944-6300 and in North Reading, call 508-664-5857.

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HOMES OF THE WEEK



Ann Boyd



Denise Moriarty



Stephen DeCrescenzo



David Comeau



STONEHAM - NEW LISTING!
\$289,900

Located near conservation land, this eight room Contemporary features 3+ bedrooms, a one car garage and a new roof located on a 1/2 acre lot. Great for extended family use!



A RARE FIND!
\$169,900

This lovely 3 bedroom, 2.5 bath Cape features beautifully updated kitchen and baths, newer roof, updated electrical system and a large yard. French doors lead to a balcony in Master Bedroom. Don't miss this one!



STONEHAM - GREAT OPPORTUNITY!
\$167,900

Don't miss this three bedroom ranch which features a large eat-in kitchen, hardwood floors, fireplace living room, family room, and plenty of storage space.



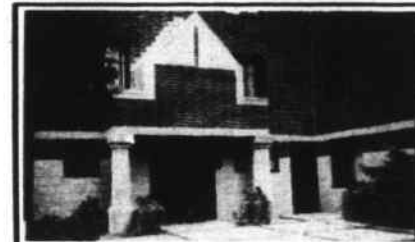
STONEHAM - BEST BUY IN TOWN!
\$259,900

This ten room multi-level home located in the Robinhood area features four bedrooms, 2.5 baths, fireplace living room and family room, formal dining room and two car garage on a nice level lot. Close to schools and shopping!



STONEHAM - HOUSE BEAUTIFUL!
STARTING AT \$304,900

This four bedroom 2.5 bath Colonial Victorian presently under construction is designed with a contemporary flair! This home features a large centrally located kitchen with an open breakfast/family room combination, and the oversized master suite will have a walk-in closet plus its own master bath. Call today for details!



CENTRALLY LOCATED!
\$93,000

This well kept one bedroom, one bath condo at "The Montvale" offers an excellent view from its third floor location. This condo offers a washer & dryer in the unit and one deeded parking space. Relax at the pool after work. Easy access to highway.



Jeanne Woodell



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CRS, GRI



Marsha Weiss
CRS, GRI



Marge Falla
GRI



Jan Fratus
GRI



Marisa DiFranzo

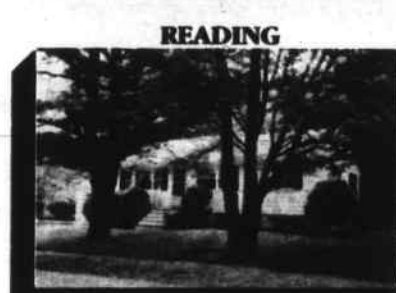


More House for the Money! Large rooms, open plan, loads of closet space, 3 bedrooms, 2 1/2 baths, 2 fireplaces, newer windows. \$219,900. Call Steve Chuha, ext. 223.

NORTH READING

TOO NEW FOR PHOTO

If You Desire graceful living among beautiful surroundings, you must see this 11 room, 4 bath home overlooking 1.8 acres of beautifully landscaped grounds with magnificent fountains. Too many amenities to list. \$499,900. Call Marsha Weiss, ext. 226 for a private showing.



Pristine 3 bedroom Ranch in nice neighborhood. Large Florida room, finished lower level family room, and hardwood floors. \$192,000. Call Barbara Scott, ext. 231.



Phyllis Nelson



Meg Michaels
GRI, CRS



Dotte Vaccaro



Barbara Scott
CRB, GRI



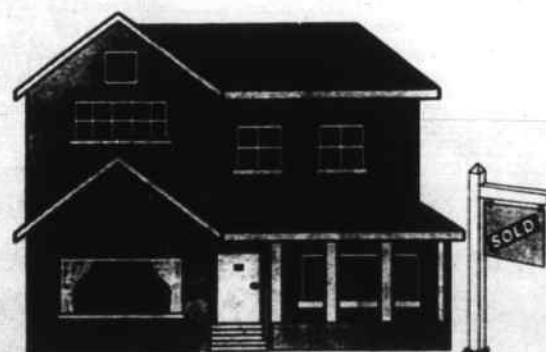
Connie Gioioso



Mary E. Salvucci



Investors! Investors! Excellent income opportunity in this Three Family home with extra apartment and five separate rental garages. A Must See! \$214,900. Call Dotte Vaccaro, ext. 229.



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Your Home: Q&A

My wife and I are about to make an offer on a house that has a wet basement. Any suggestions?

Wet basements can often be corrected easily and inexpensively. The main exception is when the culprit is ground water. In that case, the only sure solution is to install drainage tile around the outside of the wall and sump pumps inside.

Bear in mind that water — not basement walls — causes leaks, and the presence of water is almost always the result of poor drainage and poorly maintained gutters. Problems like these must be corrected first.

There are two kinds of basement waterproofing materials. The first are masonry patch items. These products work

well when the basement is not leaking at the time of repair. They range from mortar caulk to pre-mixed mortar to hydraulic putty.

Adding a latex bonding agent to a standard masonry mix will improve bonding. Hydraulic putty works well if you're repairing a continuously seeping hole. The product bonds extremely well and cures quickly, even when wet and under pressure.

The second category includes a variety of rubberized coatings, which usually contain portland cement. As these products are expensive (more than \$20 per gallon), cover only 75 to 125 square feet per gallon and

produce noxious fumes while they cure, they should only be used when drainage improvements and wall repair come up short.

Highlights of the operation begins with checking the perimeter of your foundation for depressions in the fill-soil. Especially check areas around window wells. Add soil to build up these depressions, and tamp the soil firmly into place. Then plant grass seed.

Remove any blistered paint from the interior of your foundation wall with a wire brush and coarse sandpaper. Scrub mildew with an abrasive pad and a mix of household bleach and water. Use muriatic acid on efflorescence — a white chalky substance that is actually crystallized mineral salts that have leached from the concrete or mortar.

Caulk small leaky cracks with a silicone-mortar caulk and smooth with a putty knife dipped in mineral spirits. If the cracks are larger, enlarge the crack with a tapered mason's chisel, clean the joint and wet with a mix of water and latex bonding agent.

Blend the premixed mortar with water and bonding agent until the mortar will stand up

REAL ESTATE

when you slice through it with a trowel. Then, stack a little mortar on the back of a small trowel, place the trowel against the crack and push the mortar into the joint with a pointing trowel.

Pack the entire joint, then scrape away the excess and smooth the joint with a joint-striking tool. Use the same methods to fill any gaps or cracks around utility pipe holes.

Before deciding to paint a wall with waterproofing, wait a few weeks. If it rains and your basement stays dry, chances are you won't need it. If you don't see any obvious leaks, but the masonry surface is damp, then a sealant is a good idea.

Control your lighting by using a dimmer

There may be times you want to control the level of illumination in a room — from very dim to maximum brightness — to suit the way you want a room to "feel" at any time.

You can bring this ambience to any room by replacing the standard on/off wall switch with a dimmer switch, which allows you to adjust the lighting level from your home's ceiling light fixture.

Know What You Need
The two most important things to keep in mind about dimmer switches are knowing the switch type and wattage rating. First, find out if the dimmer switch is replacing a regular single-pole switch or a three-way switch, then choose that same type of dimmer switch. Then, know what the dimmer switch rating capacity needs to be — The rating, normally \$600 watts or 1,000 watts should be equal to or higher than the total wattage of the light bulbs being dimmer.

Before you proceed, perform the following checks: Make sure the lights to be dimmed are incandescent bulbs. Do not install a dimmer to control a fluorescent lighting fixture.

Many dimmer switches are bulkier than the regular wall switch they will replace. Inspect the wall switch junction box to make sure it is large enough to accommodate the dimmer switch you have selected.

Installation Tips: Before beginning installation, turn off the circuit breaker at the main service panel or remove the fuse for that line at the fuse box. Use a neon bulb circuit tester to make sure the power is off. Then remove the existing wall switch.

Note that your dimmer switch has wire leads instead of screw-type terminals. Connect the wire leads to the circuit wires using wire nuts. Some dimmer switches also have a green grounding wire that should be connected to the grounded metal box or to the bare copper grounding wires.

In a three-way circuit, where more than one switch controls a light, only one of the three-way switches may be a dimmer switch. The other switches will continue to be able to turn the light on or off. A three-way dimmer has an additional wire lead. This common lead is connected to the common circuit wire, which is the one attached to the dark screw terminal on the old switch.

Testing the Dimmer
When your electrical connections are completed, replace the switch cover plate and turn the dimmer switch to the "off" position. Turn on the circuit breaker at the main service panel or replace the fuse in the fuse box. Then turn the switch "on," ensuring that the light grows brighter as you gradually turn the knob to the full "on" position.

Finally, enjoy your new dimmer switch — you now have control over the lighting in your room.

Italian Victorians is topic

"The Villas of Melrose" is the title of an illustrated lecture on Italianate style Victorians which will be given on Monday, October 21 at 8pm in a private Italianate home in the Cedar Park section of Melrose. The presenter will be Ed Gordon, noted expert on Victoriana, who will discuss not only the architecture and its historic influences but also interiors as well as the life styles of this era in the mid nineteenth century.

The program is sponsored by the Victorian Melrose Society and is free for current members. For nonmembers a donation of

\$5 per person is requested, and this can be credited toward the annual dues of \$10 if the person chooses to join the Society. For more information to be put on the mailing list or to join the society, call Barbara Gilchrist, 665-9672.

Ed Gordon is currently Executive Director of the Gibson House Museum in Boston, President of the New England Chapter of the Victorian Society of America and very active in the Society for the Preservation of New England Antiquities.

Realtor Names in the News

ReMax All Stars is pleased to announce that Sheila Dileo has joined their team of full time, experienced real estate professionals. Sheila is a top producer with many years of experience who is well known in the area for her positive attitude, and dedicated service to her clients and customers.

Sheila has been active in the real estate community, having served on the Board of Directors for the Eastern Middlesex Association of Realtors and as chair for the Multiple Listing Service. In 1991, she was honored with the President's Award for her untiring efforts and dedication to the Association.

Sheila is a member of the Baystate Multiple Listing Service, the Eastern Middlesex Association of Realtors, the Massachusetts Association of Realtors and the National Association of Realtors and the Women's Council of Realtors.



SHEILA DILEO

Her participation in these organizations keeps her on the cutting edge of everything in the changing real estate world.

Sheila is a longtime resident of Wilmington where she lives with her two daughters, Andrea and Jacqui. She can be reached at the local office of Re/Max All Stars at 234 Park Street in North Reading or at 508-664-9700.

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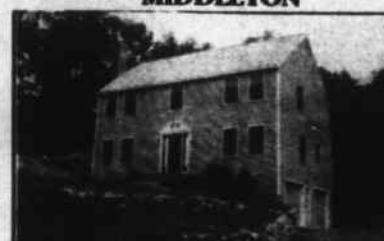
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FREEZER Gibson upright 21.2 c.f. Ex. cond. in & out. 4 shelves, lg. drawer, door storage \$250. 245-8275 after 5.

FULL sz. waterbed w/ bookshelf hdbd. \$250/B.O. Call 617-938-6523.

GENERAL Electric gas dryer 6 cyl. w/heavy duty extra capacity, 2 1/2 yrs old. used 1 year. \$200. 942-1851

HAMMOND Sounder Organ w/bench Exc. cond. \$250. Dark pine rocking chr \$65. Katherine Henick blk oriental hand painted rec. coffee tble, \$300. Verdigris green chandelier H24"xL21" \$300. Adam computer video sys. \$250. Sony V-8 Camcorder 12" long \$300. 939-0771

HOT Tub incl. cover & skirt. Room for 5 people. \$890. Call 508-664-2221.

HOT Water heater. 56 gal. elec. 5 yr. warr. Used only 10 months. \$225. Call 617-935-7439.

KENMORE Heavy Duty, 1 cyl electric dryer, 3 yrs. old. Excellent condition. \$125. 617-942-4741.

KINCAID 6 piece solid pine Colonial style bedroom set \$500. Call 508-657-5966

KING Size waterbed \$300 or best offer. Over sized bookcase \$500. Lg dog carrier \$40. 617-944-8562

King sz bdrm set \$500, maple DR set \$450. gas dryer \$100. Bureau \$70. AC \$100. 933-4296

Kit. set. \$125. End tble. \$20 ea. GAS dryer \$100. Bureau \$70. AC \$100. Call 617-933-4296.

KIT tble w/4 swivel chrs \$65.13in TV \$35. VCR-Video camera combo RCA \$180. Maytag wash \$75. Bm pld sofabed & chr \$200. 933-8893

Kitc. set Oak top farm tble, antique green legs, 4 ladder back chrs, 1 yr old exc. cond. \$275. Kenmore washer \$100. 938-7999

KITCHEN Sets: Pine w/6 chairs (2 capt.), Formica top w/2 leaves, \$275 b.o.; Glass top table w/brass base, 4 wicker back chairs, \$250 b.o.; desk w/ chair, \$100 b.o.; 37" Panasonic projection TV, needs repair, \$100 b.o. Call 617-334-6928.

LARGE Blue velvet sofa & matching chair. \$125. Large 1 piece diningroom hutch \$75. Call 617-272-1969 after 5pm.

LARGE & Old - Oak roll top desk \$975; 1930's china cabinet \$325; fruitwood buffet \$100. 942-1109 after 7pm.

LG. clean upright freezer \$200. Pressure cooker (deluxe/Mirro) takes quarts & pints \$50. Elec. Meat slicer, \$15. Elec. Htr. \$10. Office chr. (deluxe) \$35. Car ramp/B.O. Chipper/shredder \$100. Garden tools, 4 lockers \$10 ea. Outside & inside light fixtures. Old commercial compressor (iron wheels) U.S. Armo Barracks stove (wood & coal) Canon 18. Call 508-658-8696.

LGE Kitchen set w/4 swivel chairs/oblong table \$150, brand new fireplace insert \$375, 10ft inflatable boat w/3hp \$400. Call 944-5164

LIKE new, blue fine tweed contemporary sofa. Spotless. \$225.00. Call 617-272-3374.

LIV.RM. Chair muted floral, brand new. Paid \$450, asking \$200. 508-658-6257.

LIVRM couch for sale, Hitchcock camelback, off white, \$375 or best offer. Call 617-334-3172. 10/23

MAPLE Table & 4 chairs \$75. Sewing machine in wood cabinet \$30. 617-938-6779 or 508-664-8377

MOVING must sell queen size bed, good cond. \$50. Hickory love seat, blue & white stripe \$75. 508-664-3079 after 5pm.

Moving famm. Slip sofa, loveseat & chrs (cream) end tble. to match. \$400. Lvgm couch, chr, Blvd floral, \$300. Cherry end tble & sofa tble. \$250. 508-98-0707

MOVING Sale. Couch \$200, wicker set \$150, kitchen set \$200, all in mint condition. Call 617-944-4927.

MOVING Sale. Everything must go. Refrig. 21 c.f. \$300. Qn. sz. box spring & matt. new. \$575. Call after 6 pm. 617-933-6798.

MOVING sale. Comp. bdrm. set \$400/B.O. Compl. dinrm. set \$500/B.O. Exc. cond. 617-273-2241.

Moving must sell Sealy twin size mattress, box spring & frame \$95.00, paid \$300. 508-356-1879.

NIKON N4004S Camera w/ lens & TTL flash. Auto & manual focus. AF type lens. Used once. All manuals. \$350 includes case. Elaine 933-9537.

NINTENDO System + 4 games \$60. Sega System + 2 games \$60. Additional Sega games \$10 ea. Call Josh after 2-30. 617-273-5668

NORDIC Track walk/sit \$400. Power rider \$100. Like new. Port. white auto dishwasher, perfect cond. \$150. 508-657-5219

NORDIC Ski \$175, twin head board w/frame \$60, glass top coffee table \$75, rocking chair \$35. Call 942-1906.

OAK DINING Room set lighted china cabinet, table w/extra leaves, 4 high back cane chairs \$950. 617-389-6629

OAK waterbed, (no mattress) \$225. Oak mirror, \$40. Both for \$250/B.O. 617-245-4232.

OFFICE Partitions for sale. 3 and 5 feet office partitions in sturdy and in good condition Call 932-8226 (Cheap!)

PIANO Yamaha. Console. Oak finish. 5 years old. Like new, just tuned. \$2,500. Call 617-488-3693 West Medford.

PINE Bookcase bunk beds. \$100. Duncan Fife mahog. dining table w/2 leaves, seats 6-10, sturdy needs refinishing \$150. Lvgm set, queen sleeper sofa & chair, country blue & mauve \$575. 938-7999

PORI. Frigidare dw, 2 yr. old \$300; Red metal bunkbed \$100; cherry Qn. bed, dresser w/ mirr. \$575; H. Green sofa & love seat \$500; Solid pine bunk bed w/ 3 drawers under, \$500; Fasttrack exerciser \$200; Century baby bassinet \$50; Vitamaster exercise bike \$75; Lit. Tikes country kit. \$100; Lit. Tikes wash/dryer \$35. 508-657-3804.

Pride Power lift and reclining chair prem. model #570, neutral fabric. Orig. \$1100 hardly used \$875. 279-7762

Pro Former Z-21 Wood / coal stove; elec. blwr; side loading; hearth / floorshields; manual; \$495. 617-933-4549.

QUEEN Size sleep sofa, dark blue print, brand new. Paid \$1200, asking \$450/B.O. Must be seen. 617-935-0940.

QUEEN sofa bed & love seat, pastel floral \$500 set, will sell separately. 617-944-2674.

RUGS - 5 1/2 x 8 1/2, braided w/6 matching chair pads, blues & greens. Mint cond. \$175 set/B.O. 5 1/2 x 8 1/2 red oriental. \$125/B.O. 2 1/2 x 8 oriental runner. \$75. B.O. 438-6046.

SEARS leaf wacker, Toro power shovel, Trim walk treadmill. Good condition. 933-8608.

SIMMONS Q size soft sided wtrbed, Frame incl. \$200. Guerottini racer bike Der Ace gear set 16lbs. 150 mi new \$600. Panasonic sport DX \$100. Windsurfer Bic beginner model \$200. Body by Jake hip & thigh mach \$100. Call 617-942-2118

SINGER Industrial 40-U sewing mach. w/bench & stand. \$500/B.O. Call 617-938-0519.

SLEEP Sofa-New Rowe qn size sleeper, never used. Olive/beige. paid \$700. Asking \$500 firm. Call 617-279-7920

SOFA 8 ft curved. Blue. \$200. Brass glass coffee tble \$75. 2 small odd chrs \$25 ea. Call 729-4914 Thurs, Sat & Sun all day or any evening.

SOLID Wood med. tone formal D.R. set; oval tble w/cust. pads, extends 102" 6 cane back uphol. chairs. Ltd. china cab. 58". \$1100/B.O. 942-0887.

Standard Traditional sofa \$50. Guard Runner (Ages 7-12) Suzuki, hardly used \$350. Call 617-273-0369 after 6pm

STANLEY Steel Door, 36x68 opening window 23x36 w/thrshld never hung. \$100/B.O. Week-days 617-935-8427

TRPL. drsr., chest, ntnd., \$550. Recliner \$175. Sofa \$195. Wht. enamel wr. stove \$100. Enter. chr. \$35. Metal wardrobe cab. \$15. 617-938-5812.

TWIN box spring & mattress. \$100. 4 drawer desk \$25. 617-729-5372.

Utility cart \$10. Microwave oven, \$60. Twin oak bed w/HB drawer. \$75. Misc. items each \$2-10. 617-932-8982. Call between 4-7pm.

WATERBED kingsz., 4 drw. pedestal w/matt. Great cond. Beaut. hutch hdbd. w/lts & mirror. \$600/B.O. 617-932-8321.

White Wardrobe w/mirror door, drawers \$325. Maple Hoosier cabinet w/porcelain work surface \$475. Cash only 438-6962

White Crib convts. to daybed \$150. Graco mint grn dbld. stroller \$80. Kolcraft grey sle stroller \$40. Yellow white diaper pail \$5. 617-932-8962.

WIRLPOOL Elec. Dryer in exc. cond. Super capacity, 3 1/2 yrs old. Moving must sell. \$150/B.O. Winchester 721-4487

WOOD BURNING STOVE Vermont Castings Intrepid model. Exc. cond. Please call J. Starr 617-942-0398

WOOD Kitchen set w/4 match chairs. \$50. Full livingroom set w/tables \$150. Call 617-932-5346

Woodstove Cast iron enamel brown. In exc. showrm cond. Must see to apprec. Asking \$400/B.O. 935-1430 anytime.

1 VANITY Top 22x37 marbled beige \$75/B.O. 1 queen size frame & hdbd, trip dress w/mirr, end tble \$275/B.O. 944-4010

1 YEAR old sofa w/ match, oversd. chair & ottoman. Southwestern style. 3 pc. set. \$850. Call 508-664-0445.

14K Bangle bracelet 21.9 grams \$275; 14k 2 tone link bracelet 17 grams \$250; 14k snake bracelet 7.8 grams \$120; Cultured pearl necklace 30" long \$399. Call 617-933-6127

2 HOME entertainment centers, 1 large \$125, 1 small \$30. Excellent condition, made of sauder wood. 508-664-3286.

2 MAPLE twin beds, \$50 ea. 2 Maple bureaus, 1 sm. \$15, 1 lge. \$40. Call 617-933-1652.

3 Pc. Black/grey sofa, love seat, chair, 1 yr old, must sell, \$550. 944-0725, ask for Julie.

4' x 4' liivm. mirror, \$100. English Raleigh girls bike, \$100. Fruitwood stereo 8 spkrs. \$175. 617-862-0198.

5 ANTIQUE Chandeliers \$200. 6' floor brass lamp. 25" Color Philco TV in walnut cab. \$125/B.O. 617-862-0198.

5 PIECE Solid Teak Kg. size BR set. \$1000/B.O. 2 Ivory Damask sofas Orig \$3000. \$2000/B.O. Brand new & more 721-2255

50 gal Sepco Elec. wtr htr \$50. Call 617-942-1345

540 HP Deskwriter Laser Printer for MAC. Never used. \$175. Please call 508-356-1879.

6 PIECE Dinette set, round table w/black leather chrs. \$200/B.O. Call 933-3393

8 PIECE Oak/Burl Diningroom set, Lighted hutch, 6 padded chairs. Seats up to 8. Exc. cond. \$900/B.O. 617-938-1431

82" SOFA (champagne/mauve/teal) \$300/B.O. 2 teal wing chairs \$150/B.O. walnut coffee table & 2 mtchg. end tables \$175/B.O. 617-942-5731.

BOB CAT 743 Diesel with 909 Backhoe attachment & trailer, new engine, bucket, tires \$15,000. 617-764-0508

CARPETS I have access to several thousand yards Stain Master Carpet. You can carpet your livingroom and hall for \$295. Price incl. carpet & pad, based on 30 sq. yards. Installation avail. Also have Berber & comm. carpet. John 617-272-8822 tfs

DISNEY AREA 4 hotel nights can use anytime. Value \$300. Will sell for \$100. Call 508-656-4173 10/16N

For Sale: Baldwin Spinnet Organ Model 130DE. Auto Rhythms: Swing Fox Trot, Pop Rock, Soul Rock, Bossa Nova, Rhumba-Beguine, Waltz 3 1/4 and March Polka \$1500. Call (508)664-4108. 10/16N

FORK lift, spot welder, electric pallet Jack, lathe, miller, surface grinder, brake shear, rolls, punch. Risons 253 Main St. Plainstow, NH. Mon-Fri 9:30-5, Sat-Sun 10-2 (603)382-5671. 10/23N

HO Scale-train set 5 diesel engines & 2 steam loco. & tenders. 2 sets of Pass. coaches (collectors Ed.) 6 cars to a set & transformer. All in orig. boxes. Orig. cost \$600. Sell \$250. 617-938-0439

INDUSTRIAL sewing machines 1 blind hemmer, 1 straight stitcher, 1 cutting table 5' x 12". \$2000 or B.O. Call 245-4666.

NINTENDO Game system w/2 controllers. Game Genie, 16 games \$130. Will sell separately. Call 1 617-334-0117.

TRAILER Hitches sold and installed, pickup truck bumpers, all types of welding. Elston Welding Service, 280 Park St, North Reading. 508-664-3498 tfn

Pets & Supplies 105 COST ANIMAL SPAYING Female cat \$50, Male cat \$40. Fidog \$70, M/dog under 60 lbs., \$70. Rabbits shot necessary \$17. Call 617-729-6453.

Sporting Goods 107 BOYS ice hockey skates (Bauer) Sz. 3. Worn once. Black protectors incl. \$60. Rollerblades, boys sz. 4. Minimal use. \$30. 617-933-4982.

CASH PAID used & new sports equip. Buy, sell & trade. Play It Again Sports, 62E Montvale Ave., Stoneham. 617-438-2399.

DYNASTAR SKIS 170's, 1 year old, barely used. \$150 or best offer. Call 617-944-6136.

HEALTHTRIDER - 1 yr. old. Like new. With extra weights. \$400. Call 617-321-1306.

NOVARA Arriba-S Mtn bike. Excel. condition. Pro strut shocks, bar ends, Rock Ring. \$500. Call after 3pm. 944-2757

TRANSPORT FITNESS "FIT FOR LIFE" Electric Treadmill, like new, 2 hp, walk, jog or run. Up to 8 mph. Orig. list \$499.00, sacrifice \$295/B.O. Call after 5 pm, 617-935-2818.

Wanted To Buy 111 ALL OLD PAINTINGS Pictures and Frames Antiques, oriental rugs & jewelry. Purchased in any condition. 617-275-7793 - 508-371-7090 Doty

Antiques to Collectibles Antiques, furn., glass, oriental rugs, paintings, jewelry, sterling 1 pc. to entire contents. No obligation to sell. Wayne White Jr. 617-933-1258.

HAND TOOLS WANTED planes, chisels, tool chests, antiquarian tools and books (all trades and subjects), crocks, lanterns, antiques in estate lots. 617-558-3839.

MOVING-CLEANING SETTLING ESTATE? Buying Pre 1970's furniture, frames, magazines, lamps, clocks, linens, clothing, postcards, glass, china, dolls, toys, games, bric a brac. Phyllis Hilton 617-665-8749. tfs

Wood, Coal & Oil 113 COAL 50 lbs. bag, nut. Kerosene, propane. Spartan/Service Star Stoneham 617-438-5555

FIREWOOD FOR SALE Mixed hardwood cut, split, fully seasoned. For information call 508-664-4609. After 5pm 10/23

FIREWOOD Seasoned hardwood. Cut, split & delivered. 128 cu ft. Call for prices 508-663-8485 or 617-935-6922

P & B FIREWOOD Cut, split & delivered. Oak & maple. 16-18" Seasoned \$150 cord, 128 c.f. Unseasoned \$110 cord. 617-272-8090.

QUALITY HARDWOOD Cut 16-18" length Split, del. & dumped. 128 c.f. Cord. Unseasoned \$100, seasoned \$145. Partially seasoned \$125. 508-667-3607

QUALITY FIREWOOD Cut, split, seasoned, & delivered. 16-18" lengths. Free delivery. \$100 & up per 128 cu. ft/cord. 617-245-0493. 11/06T

SEASONED FIREWOOD Cut, split, delivered. 128 cu ft. Call for price and delivery, 617-729-4534 or 617-729-3414

YARD Sale Sat. 10/19, 9-12. 1 Edwards Rd., Stoneham, off North St. rain or shine. Baby & household items. 10/16S

YARD Sale-Sat. 10/19, 9-12. 142 Hancock St. Bassett crib w/matt. \$99, cradle, kids clothes (boys & girls 0-8).

YARD Sale Sat. 10/19, 9-12. 344 Albion St. Jewels & Xmas & new & used items. 6 Waverly St., Stoneham, off Elm St. 9 to 3. RD Sat. 10/26, 9 to 3. 10/16S

YARD Sale-Sat. 10/19, 9-12. 344 Albion St. Jewels & Xmas & new & used items. 6 Waverly St., Stoneham, off Elm St. 9 to 3. RD Sat. 10/26, 9 to 3. 10/16S

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Automotive

10 CITIES AND TOWNS EVERY WEEK
UP TO 140,000 READERS

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10 CITIES AND TOWNS EVERY WEEK
UP TO 140,000 READERS

AUTO FROM S-14

1989 CULASS Conv.
Rocket 350, 2 btl eng.
New top, tires, radiator,
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\$2500. 944-3325

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restored, 1 of a kind.
Reliable, driven daily, new
tires, parts, spare pts.
Exc. cond. Asking \$1400.
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cond. Very little rust. 302
eng. auto, 4 whd, 90 k
mi., new exhaust. \$3,000
Call 508 372-6742.

1974 CORVETTE
Stingray with T-
top, 51k orgi. mi. Mint
cond., 4 spd, pw, ps, ac,
\$7,500 B.O. 617-932-1079.

1979 CHEVY Camaro Z28.
5.7 auto, cruise, white,
body & int. exc. cond.
Needs engine. \$2000/BO.
933-7015

1979 MERC Capri 2.8 V6.
4 spd man, new clutch,
no rust, am/fm cass p-
but, 15in alloy rims, gd
tires. \$750/bo 938-7209

1980 MAZDA RX-7 Red,
82K, stand 4 spd, needs
body/minor mechanical
work. Eng. drive chain
good. \$800. 617-334-6893.

1981 CHEVY Malibu 4
door. Runs good. 150K
miles. \$600. or best offer.
Call 508-658-4975 10/23

1982 BUICK Century.
New gas tank/brakes
pads/Rad., starter, alt.,
rebuilt carb, needs wtr
pump. \$400/BO. 933-3428

1982 LINCOLN Towne
-Car. All leather, runs
good. High miles. 617
944-3987.

1982 PONTIAC Firebird
SE, 50K orig. mi. All pwr.,
ac, tilt, no rust or dents,
new tires. \$2600. 942-
0785.

1983 CHEV CELEBRITY
AC/PS, Cassette, low
miles. \$1750. Call 508-
664-3588 leave message.

1983 Olds Delta 88. Runs
good, needs some work.
Good tires, body, interior.
\$650/BO. Call days 623-
6400 or eves 617-935-7323

1984 BUICK Estate
Wagon. All power, very
good cond. \$1200.00 firm.
617-935-6761 after 4 pm.

1984 NISSAN 200SX, XE
h/bk, auto, ac, roof, pwr,
cass. Immac. cond. 1
owner. 90k mi. new tires.
\$2,495. 508-664-5117.

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wagon, air, stereo, 5 spd,
77K, new brakes, runs
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\$2295 B.O. 617 224-
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FWD, ac, pwr. everything.
Great for getting around
town. Reliable. \$1000 or
BO. 617-933-2369.

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5.0L, V8, 87K mi, rebuilt
carb, new batt, T-Tops,
loaded. \$3500. Call 944-
2262

1985 BUICK Century, 4
door, Maroon, engine
recently rebuilt, full
power, good cond.
\$1000/BO. 617-938-6665

1985 CHEVY Suburban
Silverado all options, 2nd
owner, runs good. \$3200.
944-8995.

1985 DODGE Caravan, 1
owner, 7 pass., auto,
122K mi. Well maint. re-
cords. Call eves. 617
938-1823. \$2300/BO.

1985 FORD LTD Station
wag. V6, runs very well,
reliable, pw, ac, cruise
control. \$900/BO. 617
935-5713.

1985 FORD Thunderbird,
auto, full power, am/fm
cass., 8 cyl., no dents,
looks good, runs good.
\$1,495. Call 617-933-3811.

1985 Mustang, 4 cyl, 60K
original miles. Good
Condition. Asking
\$1,950/BO. 944-7649 Jeff.

1985 OLDS Ciera, ac, pw,
pb, pl, looks & runs great.
New exhaust system,
tires, brakes. \$1500/BO.
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1985 RELIANT, auto, ac,
am/fm. 1 Owner. 67K mi.,
exc. condition, must see
to appreciate! \$2,000
B.O. 617 721-1433.

1985 TOYOTA Celica
GTS, 5 spd, 2 dr coupe,
new tires, brakes fully
loaded. Not running
needs new timing chain.
\$900. 617-665-1265 11/5s

1985 VW Jetta GL, 5 spd,
ac, sunroof, no rust, exc.
cond. 76,500 mi. \$1950.
Call 8-5. 617-246-2359.

1986 BUICK Century 4
dr, ac, only 56K mi. 1
owner. \$3000. John 508
667-8109 or pager 617
789-8693.

1986 BLAZER full size,
new 350 eng, Good tires
with p/w. \$5,600. Call
617-933-4754.

1986 Chevy Camaro Z 28
V-8, 5.0, auto, dark blue,
loaded. Kenwood cass.,
dealer serviced. 88K mi.,
\$3800 or B.O. 944-8190.

1986 CHEVY Monte
Carlo. 135K mi., white.
\$1500/BO. Call 617 933-
8190 after 6:30 pm.

1986 DODGE ARIES 4-dr
station wagon, excellent
cond., lt. blue \$1500 or
best offer 245-8811.

1986 FORD TEMPO, 2 dr,
Black w/ red int. 79k org.
mi. Auto, exc. cond.
\$1,200/BO. Call 617 942-
0274.

1986 FORD LTD, midsize,
blue, hi mi. Needs little
work. Dependable. \$550.
617-231-1154.

1986 Ford Crown Vic. 2
dr. cpe., 302 auto, air,
stereo, ps/pb. 93K, exc.
cond., maroon, matching
int. \$2495 or BO. 617
224-4355. 10/16s

1986 HONDA CRX Bk/
blk. 5 spd, ac, pwr moon
roof in mint cond. Very
reliable. \$2100/BO. Call
617-884-0047

1986 HONDA Accord DX,
5 speed, 103K, good
condition \$3000. Call
617-944-2787

1986 LINCOLN Mercury
Wagon. 3 seater, new
brakes, new tires.
\$2000.00. 617-665-0033

1986 MERCURY Cougar
loaded, 55K mi. Excellent
shape in & out. \$3100/BO.
Call 245-2800 days or
942-0360 eves.

1986 Pontiac 6000STE
Blue, loaded, Grt cond.
V6, all power Z-LOCK ABS,
AC, 1 owner \$2995. Call
aft 6pm. 617-273-1663

1986 PLYMOUTH Reliant.
Only 41K, AC, AT, 4DR,
Good Condition, \$2,500.
617-933-0098.

1986 TOYOTA Celica ST,
5 spd, rel. transp., some
body rust. 125K mi. Thule
rack. Pioneer cassette.
\$1800. 617-935-4594.

1986 TOYOTA Corolla.
Very well maintained.
Kept all maintenance re-
cords. Runs & looks
great in & out. \$1250/BO.
Call 617-933-2406.

1986 TOYOTA Camry 4
door, 4 cyl, standard, 1
owner, A-1 condition.
\$2300. 617-944-3665

1986 TOYOTA Tercel LB,
4 speed, new time belt,
tires, exhaust, brakes,
exc. cond., no rust. \$2295
BO. 617-224-4355. 10/16s

1986 J/S Jaguar. White w
blk int. New paint job.
Engine runs great. Needs
new trans. \$2,500 b.o.
Call 617-938-3917.

1987 CHEVY Monte
Carlo. V8 T-tops, all pwr.
1 owner. \$4900/BO. John
508-667-8109 or pager 617
789-8693.

1987 CHEVY Celebrity
auto, ps, pb, high miles,
needs some work. Call
eves after 5pm. \$800/BO.
617-935-7749

1987 DODGE Aries Wgn.
LE. Auto, ac, exc. cond.
Only 65K mi. \$2500. John
508-667-8109 or pager 617
789-8693.

1987 Dodge Omni, Low
Mil. Auto. \$700. 1985
Buick Regal. Low Mil.
Auto, Cass., A/C. \$700.
508-658-0924. 10/23

1987 FORD TAURUS, ac,
am/fm cass. stereo,
\$2,700 or best offer. Call
Tom days 617-846-8965 or
nights 508-439-0442.

1987 FORD LTD Bronco.
4x4, auto, balck, pwp/d,
runs great. \$5700/BO.
Call Les 944-7327

1987 GRAND AM, very
good condition, 67,000K,
\$2,500 or B.O. Ask for
Steve. 617-932-3571.

1987 HONDA Accord 2
Dr, LX Hatchback, Auto,
4 cyl, Excellent Condi-
tion. \$4,900. Call 944-
4212.

1987 HONDA Prelude SI.
5 spd, runs exc. Red w/
black int. All power, p-
roof, 133K mi. \$2,500. Call
after 6pm, 617-938-1838.

1987 Jeep Wrangler, 4x4,
Bk/Tan Soft Top. 5 spd.
Exc. cond. \$3,900. Call
508-658-0221. 10/23

1987 LINCOLN Town Car.
\$4395. Mass Auto Sales,
737 Boston Rd. Billerica,
508-671-9371.

1987 MERCURY Grand
Marquis, 5.0 Liter V8, fu-
ly loaded. Premium am
fm stereo cass. Exc.
ride, one owner. Looks &
runs great. Asking
\$2,895. 617-933-5391.

1987 NISSAN Centra,
Blue, 5 speed, stereo,
New muffler & brakes.
Very clean, no rust.
\$1,400. Call 617-933-2152

1987 NISSAN Sentra, 5
speed, hi miles. Needs
some work. Call after
5pm. \$400/BO. 617-935-
0176

1987 PLYMOUTH
Voyager LE. Original
owner. Good condition.
\$3,300 / b.o. 617 438-
5758. 11/6s

1987 PONTIAC Safari 9
pass. wagon. full size, 8
cyl. \$1,895. See at Mobil
Station, 163 Salem St.
Woburn. 617-279-9164.

1987 RENAULT Alliance 4
dr. sedan. Auto, 4 new
tires, 80k mi., 1 owner,
good condition. \$695.
Call 508-725-3408.

1987 Sterling (Silver) 1
owner, well maint. auto,
V6, Moon roof, ps, pb,
pw, ac, am/fm CD, 132K,
\$3200. 508-657-7789

1987 VOLVO Wagon.
Auto, ac, stereo, dr locks,
rf rack, htd seats, fold
down seat. exc cond. 73K
mi. \$3995. 617-935-8873

1988 BUICK SKYHAWK,
4 dr, auto, AM/FM cass.,
gd. cond., hi miles,
\$1200/BO 617-272-5418.

1988 CHRYSLER
LeBaron Conv. Turbo,
Arizona car, no rust,
red/white top, ac, pw, pl,
leather int. Have receipts.
\$5,000. 944-7824.

1988 CHEVY Celebrity
Wgn. V6, ac, 3rd seat, 1
owner, exc. cond. \$3000.
John 508 667-8109 or
pager 617-789-8693.

1988 Cadillac Brougham
Runs Excel. Burns No Oil.
Must be seen. B.U.
\$6,200. Will sell for
\$5,700. Call 508-657-
3856. 10/30T

1988 DODGE Daytona 2.5
auto, ps, pb, am fm, 86K
miles, great shape.
\$2595/BO. 508-664-2938.

1988 Ford Taurus, V6,
pw, pdl, cd, tilt, captain's
seat, ac, 100K mi., am fm
cass., new tires (4) exc.
cond. \$3500/BO. 617
944-5728.

1988 Ford Mustang, one
owner, auto., 97K miles,
new tires, runs great.
\$1300/B.O. Eve. 617-
942-0360, days 617-245-
2800.

1988 Ford Crown Vic.
LX needs much body
work. Runs strong. Inter-
rior clean. As-is. \$1000 or
for parts. 617-272-0557

1988 Ford Taurus
Wagon, pwr. everything,
roof rack, 1 owner. \$4495.
Mobil Station, 163 Salem
St. Woburn. 617-279-9164.

1988 FORD TEMPO
Dark Blue. 2 door. 117K
miles. Non smoker. Clean
car. New front tires.
\$2450. 508 658-8762.
10/23T

1988 HONDA Accord 2
dr, 5 sp., ac, 78K miles.
Runs new, looks new.
This car needs nothing!
\$4900/BO. 942-0360
nights or 245-2800 days.

1988 HONDA Prelude SI,
std, dk blue, ac, power,
am/fm cass., moonroof,
alarms, bra exc cond.
\$5,300 or BO. Laura or
Paul 438-4203 eves. 11/12s

1988 HONDA Accord 2
dr, 5 sp., ac, 78K miles.
Runs new, looks new.
This car needs nothing!
\$4900/BO. 942-0360
nights or 245-2800 days.

1988 HONDA Prelude SI,
std, dk blue, ac, power,
am/fm cass., moonroof,
alarms, bra exc cond.
\$5,300 or BO. Laura or
Paul 438-4203 eves. 11/12s

1988 JEEP Wrangler
Black/Tan soft top. 5 spd.
4x4, exc. cond. \$5500.
508-667-8109 or pager 617
789-8693.

1988 LINCOLN Town Car
Silver/blue, mint cond.
\$5495. Mass Auto Sales,
737 Boston Rd. Billerica,
508-671-9371.

1988 MUSTANG GT 5.0, 5
spd., 78K, \$4595. Mass
Auto Sales, 737 Boston
Rd. Billerica, 508 671-
9371.

1988 MUSTANG Converti-
ble GT 5.0, auto, black
with tan top, good condi-
tion. 1 owner \$5,300
617-944-2907 eves

1988 MERCURY Sable GS
sedan. Auto trans, ps,
pb, pw, ac, 64k mi. Exc.
cond. \$3,995. Call 617
939-0771.

1988 MERC Marquis. AC,
cruise, alum whls, new
tires/brakes/exhaust,
super clean. 100K. BO
508-664-0061

1988 OLDS Royal 88
Deluxe. Lt. Blue, 4 dr, 3.8
V6. Loaded! Looks &
runs great. 99K mi. \$3,800
b.o. Call 617-933-6385.

1988 OLDS Cutlass SP.
Full pwr, cruise, am/fm,
84kmi, 1 owner, no rust.
New Brakes & tires. Ask
\$5,200 617-272-0680 aft 5.

1988 PONTIAC Firebird,
auto, V6, excellent condi-
tion, new paint. \$2800.
Call 617-438-9241 10/24s

1988 PLYM Voyager, very
clean, 5 pass, auto, ps/
pb, ac, am/fm cass. 86K
Gd family vehicle.
\$4500/BO. 508-664-0395

1988 PORSCHE 924S,
black, low mi. Runs great.
New Pirelli tires. \$9,900
Firm. 617-935-3695.

1988 PONTIAC Grand AM
LE coupe. Auto, ac, all
pwr. Exc. cond. \$3200
BO. John 508 667-8109 or
pager 617-789-8693.

1988 SUZUKI Samurai 4
wd, convt., 65K, \$3495.
Mass Auto Sales, 737
Boston Rd. Billerica, 508
671-9371.

1988 TOYOTA Camry V6,
90K mi., mint cond. 1
owner. \$6725/BO. 617
932-8982.

1988 VOYAGER exc.
condition. 94K, ac, rear
def., am/fm, new tires,
brakes and much more.
\$4800 Firm 617-272-9313

1989 BUICK Regal coupe,
6 cyl. dr locks, am/fm
tape, ac, 83K \$4995. See
at Mobil Station 163
Salem St. Woburn. 617
279-9164.

1989 BUICK LeSabre, 4
dr. pw, dr locks, clean,
runs great. \$3995. Mobil
Station, 163 Salem St.
Woburn. 617-279-9164.

1989 CHEV Celebrity
Wgn. auto, ac, 6 cyl., A1
cond. \$3800/BO nights.
942-0360 or days 245-
2800.

1989 COWAR L.S. Auto,
ac, pw, 33K miles, 1
owner, 1 yr. warranty
\$5800/BO. Nights 942-
0360 or days 245-2800.

1989 CHEV Silverado
Ext. Cab 8 ft. bed. Load-
ed, Bk/Gold, Saddle Int.
350 auto, exc cond,
\$9,500/BO 617-246-2521
days 508-640-1143 eves.

1989 FORD LTD Crown
Victoria. Fully loaded,
84K orig miles, exc. condi-
tion. \$4995/BO. Call
617-942-0274

1989 FORD Escort LX, 2
dr, hatchback, auto, ac,
am/fm cass. good condi-
tion, reliable. 82K. \$2300.
617-935-9845

1989 Ford Tempo, 4
door, auto, ps/pb, ac, 83K
mi. Runs excellent.
\$1,695/BO. 617-939-0771.

1989 Full size Ford Bron-
co with diamond plow.
Needs little. \$6900.00
Call between 5-9pm.
933-0899.

1989 FORD Escort 2 dr,
hatchback. Auto, 69K mi,
\$3,250. See at Mobil Sta-
tion, 163 Salem St. Wob-
urn. 617-279-9164.

1989 Ford Escort GT,
air, tilt, cruise, 74K. New
Perillits, water pump, tim-
ing belt, belt. Exc. cond.
\$2500. 272-6486

1989 LINCOLN Continen-
tal 94K Miles. Fully load-
ed. \$6,200. or BO. Call
508-657-7924

1989 LINCOLN Continen-
tal 94K miles. Fully load-
ed. \$6,200/BO. Call 508-
657-7924

1989 MUSTANG LX 5.0.
5 spd., 76K, mint cond.
New tires, rims, alarm &
susp. Bk/Grey int.
\$7400/BO. 617-272-5779.

1989 Oldsmobile Cutlas
Supreme. Runs great,
has dent, good tires
\$695.00. 944-7917.

1989 PONTIAC Grand
Prix LE. Loaded, ac, 99K,
Alpine CD, ext. cond. in &
out. \$4995 or BO. 617
273-1413.

1989 Toyota Celica ST,
Automatic, A/C, alarm,
cass. great condition.
30K mi. Must see!
\$8700/BO. 617-354-3054.

1989 WHITE Ford Taurus
Wagon. Leather interior.
Very dependable. Asking
\$3400 or BO. Call 617
272-8428.

1990 CHEVY Lumina 2
dr., 3.1, 6 cyl., ac, pw,
pl. Looks great, runs bet-
ter. High miles. \$2400/BO
days 245-2800 or eves.
942-0360.

1990 CHEV Caprice Wgn.
9 pass. Exc. cond. nds.
nothing. New batt., exh,
brakes, plug wires &
compl. tune up. Michelin
tires. \$5000. 935-4495.

1990 Cadillac Sedan
DeVille. Loaded w/sec.
sys, exc. cond. White w/
red thr int. 2nd owner.
\$7,995/BO. 665-4724

Job Mart

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Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham

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MORTGAGE LOAN PROCESSOR/UNDERWRITER

Ideal candidate will have a minimum of 2 years underwriting experience; strong knowledge of secondary market guidelines; and excellent written and oral communications skills. Familiarity with CSI loan tracking software and computer knowledge a plus. Please Mail or Fax Your Resume to: **Laurence Gold, Winter Hill Federal Savings Bank, P.O. Box 977 Somerville, MA 02145, Fax 617-666-9647**

winter hill
federal savings bank

Equal Opportunity Employer

P16-18

PROFESSIONAL

PROCESS TECHNICIAN AND EQUIPMENT PREPARATION TECHNICIAN

Collagenesis, Inc. is a Boston area biotechnology/tissue engineering company seeking Process Technicians and Equipment preparation technicians.

PROCESS TECHNICIAN

Responsibilities will include processing tissue into Autologous dermal implants and preparing tissue for low temperature storage. Will perform sampling on environment, preparation and maintenance of equipment and processing records. Requires ability to work in the clean room environment. Knowledge of sterile techniques. Qualifications include HS diploma and Associate degree in Science or 1-2 years of work experience in Medical or Technical Processing or Manufacturing environment.

EQUIPMENT PREPARATION TECHNICIAN

Responsibilities include preparation of equipment and facilities (including clean room facilities) for processing. Knowledge of clean room environment. Operate autoclave, prepare and sterilize equipment. Qualifications include H.S. education and 1 year in the medical or technical processing or manufacturing environment.

The employees must be willing to begin working in Acton, MA until the beginning of the year when the facility will move to Beverly, MA for expansion.

Please mail or apply in person at Collagenesis, Inc., 125 Nagog Park, Acton, MA 01720 or fax to (508) 264-2907. An equal opportunity employer.

P10-11-16

PROFESSIONAL

Restaurant Management

Need A Change?

At Papa Gino's, we're seeking talented, highly motivated individuals who thrive in an atmosphere of career growth and accomplishment. If you have a winning way with people — and you create success and stability wherever you go — it's a great time to join us at Papa Gino's.

Papa Gino's offers competitive benefits such as:

- 5-Day Workweek
- Medical/Dental
- Bonus Plan/401k Program
- Life Insurance/Disability
- Paid Vacation
- Competitive Wages starting up to \$30,000 per year based on experience
- Individualized Training Program designed to facilitate rapid advancement for you

See us at the American Job Fair Tuesday, Oct. 15, 10 a.m.-7 p.m. at the Crowne Plaza, Woburn, MA

PLEASE CALL 1-800-PAPA GINO

or FAX your resume to Kathy Cruz (617) 461-1896 or MAIL your resume to Papa Gino's, 600 Providence Highway, Dedham, MA 02026, Attn: Kathy Cruz. Equal Opportunity Employer.

Don't hesitate, ACT NOW. Your future awaits.

F-14-16

We're the fastest growing business under the sun.

As one of the largest teleservices companies in the U.S., Telespectrum Worldwide Inc. is also one of the world's fastest growing companies. Our dynamic and fast-paced environment provides Fortune 500 companies in the telecommunications, insurance, healthcare, and high technology fields with the resources they need to add value to their products and services. With over 4000 employees in 24 call centers nationwide, Telespectrum Worldwide Inc. provides a strong business ideology while focusing on excellence in client satisfaction.

Because of our continued commitment to quality and customer service, we are "The One-Source Outsourcer" for integrated telesales and teleservices. Our future has never looked brighter, and we invite you to be part of this success.

Telespectrum Worldwide Inc. offers you career-building opportunities to achieve your own professional success, while gaining invaluable sales experience. You'll experience professional work environments in state-of-the-art facilities, challenging assignments, and rewarding opportunities. If you're a motivated self-starter with strong communication skills, then look no further than Telespectrum Worldwide Inc. We have full-time or part-time opportunities waiting for you!

Call Center Representatives

PART-TIME/FULL-TIME

• Andover • Burlington • Cambridge • Westborough • Phoenix, AZ

- Part-Time \$10,000-16,000/yr.
- Full-Time \$20,000-42,000/yr.
- Flexible schedules to meet your needs (AM/PT/PM/WKENDS)
- Company-contributed medical, dental and life insurance
- Company paid sick/vacation/holiday
- Lucrative monthly and quarterly incentive bonuses
- 401(k) plan
- Direct deposit
- Sales Education to help you succeed

To arrange an interview or for more information, call us today

1-800-491-4624

We believe in the value of diversity. AA EOE M F D V. We offer a smoke-free environment.

P15-17

BUSINESS

ACCOUNTING CLERKS NEEDED!!

If you have experience working in an accounting department, or would like to develop a new career, we have the position for you! Exciting, local companies are looking for clerks on both long and short term assignments.

Call or fax resume to Paula Mackay:

TAD
STAFFING SERVICES



TAD STAFFING SERVICES
5 Burlington Woods Drive
Burlington, MA 01803

Phone: 617-272-9222
Fax: 617-272-5124

B11-17

BOOKKEEPER

Property management group seeks a full charge Bookkeeper. Knowledge of Excel, Lotus and QuickBooks preferable. Organizational and administrative skills essential. Two plus years experience required.

Excellent salary and benefits

Send resumes to: Dept. BK

P.O. Box 90, Reading, MA 01867

P16-18

BUSINESS

Admin. Assistants

If you've got good Microsoft Word, Excel, Powerpoint and solid secretarial skills, we've got great opportunities for you! We have full time temporary and "temp to perm" positions available now.

We are a national staffing service renowned for quality, and we're looking to add quality people to our team. We offer great assignments, top pay, health care benefits and more! And to start your off right, we'll give you a \$100.00 BONUS (new applicants only) after you work 80 hours!

Call Volt today—we'll have you working tomorrow!

VOLT SERVICES GROUP
400 W. Cummings Pk.,
Woburn, MA 01801
(617) 938-6969

EOE/Bring proof of right to work in the U.S./Never a fee



B14-16

PART TIME HELP WANTED OFFICE SUPPORT

Part time position available in Burlington. Qualified candidate should possess excellent phone skills, PC literate with experience in MS Word. Schedule: 2-5:30 M-F (some flexibility).

Call Annette at:

Peoples Technical Resources, Inc.
(617) 272-8787

B14-18

JR. SECRETARY Up to \$10/Hour

Local Burlington Insurance company seeks a full-time, dynamic, professional individual to provide administrative support, customer contact in person and via phone. Experience with MS Word a must.

Call or come in today for an interview. TAC/TEMPS offers referral bonuses, direct deposit, health insurance and credit union programs.



265 Winn Street
Burlington, MA 01803
617-273-2500

B14-18

SALES Position for Health Club. Must be motivated and eager to make money. Call Lee 617-229-9999.

Sanita Needs Help!
Digital Photo Staff
Experienced Cashiers
Greeters/Photogs FT/PT
800-229-7147, ext. 190

SECRETARY / Recep. part time for Pediatric office in Melrose. Mon. - Thurs., 2 to close & Sat. am. Call 508-664-8688.

SELLTHRU INC. a national retail merchandising company seeking merchandisers for various retail outlets in your area. Experience pref. Not nec. Please call 1-888-785-6715.

SHEET METAL Mechanic. Experienced. Own tools necessary. Call 617-396-5279

RESIDENT AIDE (CNA pref.) for per diem shift work (7-3, 11-11, 11-7) in small retirement home in Woburn. Call The Tidd Home, Mon. thru Fri. 9 am - 3 pm, 617-933-0248.

RESTAURANT equipment. Refrig., stainless steel table, gas & elec. grills, burners, shelving. Call 508-664-8533.

SALES PERSON NEEDED to operate push cart at North Shore Mall. Full & Part Time avail. Days, evenings, weekends. Please call 508-664-5804

tfn

GIBBS ASST. MANAGER/SALES ASSOCIATES

Join our rapidly growing company. This year we have added over 55 new locations throughout New England and we are still growing! We have immediate opportunities for an Assistant Manager and Sales Associates in the Woburn and Burlington areas. We have fulltime flexible hours available. Our people are #1 with us. Our training program includes classroom, field and on-the-job education. We operate Gibbs Oil, Charter Food Stores and Circle K locations throughout New England.

To start your career with us today, please stop by the Woburn location at 107 Winn Street or call (617) 935-5699, or the Burlington location at 110 Cambridge Street or call (617) 272-8747.

Gibbs Oil Company is an equal opportunity employer.

B11-17

CALLING ALL RECEPTIONISTS!

Several local companies seek experienced phone operators. Must have professional phone manner and presentation. No typing necessary! Clerical duties: filing and faxing.

If you like to talk - we'd like to speak with you! Call today or stop by our office for an interview.

Some positions are temp to direct hire! Great pay, health insurance and bonuses!

617-273-2500



265 Winn Street
Burlington, MA 01803

B14-18

EXECUTIVE SECRETARY

Local client companies are looking for top notch candidates for their EXECUTIVE SECRETARIES to work on long term and temp to direct hire position!

MS Word/Windows...Excel/Lotus
Powerpoint...IBM/MAC...Many more!!
Please call or fax resumes TODAY!!

TAD
STAFFING SERVICES

TAD STAFFING SERVICES
5 Burlington Woods Dr., Burlington, MA 01803
Phone: 617-272-9222 Fax: 617-272-5124

B16-22

POSTAL JOBS Start \$12.08/hr. For exam and application info. call (219) 769-8301 ext. MA502, 9AM-9PM, Sun-Fri.

QUALITY CUTS of Burlington, Middlesex Mall needs Working Manager, with Class I license. Must be proficient in chemicals. \$7 per hr. to start. 508-927-7912 for interview.

R.N. needed part time for Pediatrician in Melrose. Mon-Thurs. Sat. AM & some Sundays AM. For interview: 508-664-6868.

PRE-SCHOOL TEACHER OFC qualified degree in ECE work experience a must. Call Kathy (508)664-6844. 10/16N

BUSINESS

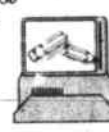
The Dunamis Corporation is a progressive software developer and publisher specializing in professional income tax preparation software. We offer an exciting participatory business environment, with competitive compensation and benefits. Our distinctive approach to business translates into much more than great products. It means personal achievement, job satisfaction and professional growth for our employees. The following employment opportunity is available:

Receptionist

Responsibilities include the handling of all calls, messages, and other related tasks coming through a busy, multi-line switchboard and greeting and assisting all visitors to the company. Candidate will perform all office work when needed which includes various copying projects, verification of attendance, sorting mail and providing back-up assistance to the shipping and production staff for company mailings. Requirements include previous receptionist/switchboard experience, excellent communication skills, pleasant telephone manner, ability to work in a fast-paced environment, computer skills and a high school diploma. Overtime is also required during the months of December and February.

Submit resumes indicating department and salary history to: Pencil Pushers, 10 New England Executive Park, Burlington, MA 01803. Principals only. Call (617)273-4556 FAX (617)273-0575 or visit our World Wide Web Site at <http://www.pencilpushers.com>

Pencil Pushers
TAX SOFTWARE



B14-11

WANTED TO LEASE CLIENT SERVICES SPACE IN WOBURN, MA

On behalf of Middlesex Community College, the Massachusetts Division of Capital Planning and Operations is requesting proposals to lease approximately 10,000 net usable square feet of client services space in the above location on a year to year lease basis for a term of up to 10 years.

Proposals must be submitted to:

Middlesex Community College
Attention: John Lyons
Springs Road
Bedford, MA 01730

Proposals must be submitted before the deadline of November 1, 1996 at 2:00 p.m. Proposals will be opened at that time.

To obtain a Request for Proposals (RFP), which includes instructions, specifications and a Proposal Form, please call (617) 280-3528 during business hours or send a request to Middlesex Community College at the address above. Please include your name, address, telephone and fax number or a business card. Please reference the name of the agency seeking space, Middlesex Community College, and the RFP Project Number: APL 960410.1.

For further information, please call during business hours:

(617) 280-3528

JOBS FROM S-15

PART TIME JOB

Personal helper to assist & accompany intelligent blind women in Lexington area with errands, groceries, etc. Tues & Fri., 3-4 hrs. ea. day. Must have own car. Privately paid, start immed. If interested please call 617-944-2823 for info.

PART Time Admin. Asst. needed ASAP 8:30 - 2 Mon. thru Fri. IMB PC knowledge - Quickbooks & WP a plus. A/R, A/P, payroll, sales reporting & invoicing. Will train. Call Lauren 617-938-5566 btwn. 8-12.

PRE-SCHOOL TEACHER OFC qualified degree in ECE work experience a must. Call Kathy (508)664-6844. 10/16N

BUSINESS

LOOKING FOR THE PERFECT PART-TIME JOB?

BURLINGTON LOCATION

Metropolitan Credit Union has a solid 70 year record of providing financial services to our members. We offer a pleasant work environment and a competitive salary and benefits package. If you take pride in your work and have a "knack" for dealing with people, one of these two positions may be just the opportunity you are looking for!

Receptionist

Greet our members in person and over the phone. Perform clerical work. Great schedule! Mon-Thurs. 9:00-2:00 and Fri. 8:30-2:00.

Teller

Excellent opportunity for you if you like people and cash. You must have previous experience dealing with the public and handling money. Must be highly accurate. Banking experience a plus. 3 day schedule: Mon. 8:45-5:40; Thurs. 10:45-7:45 and Fri. 8:30-5:30.

To apply, call our job line or pick up an application at any of our branches.

Metropolitan Credit Union
P.O. Box 509001
200 Revere Beach Parkway
Chelsea, MA 02150-9001
617-889-7779

METRO

Metropolitan Credit Union
WE ARE AN EQUAL OPPORTUNITY EMPLOYER

B16-16

Part-Time Receptionist/Assistant

Transpective Business Consulting, has an opportunity available for an experienced, articulate, outgoing individual to join our consulting company Monday through Friday from 10:00 a.m. to 3:00 p.m. Responsibilities include managing a small switchboard, greeting visitors, providing clerical support and other general office duties including assisting the Operations and Human Resource Manager. Occasional local travel required. Qualified candidates will have reception experience as well as a professional appearance, reliable transportation and the ability to handle multiple tasks. Microsoft Word experience a plus.

If you are hard working, dependable and enjoy a smoke free environment, contact the Human Resource Department at (617) 932-0902.

B16-19

BOOKKEEPER/ALL-AROUND SECRETARY

30 to 35 hours, 5 days, including Saturdays. Long term. Must be dependable and have discretion. Typing and bookkeeping experience a must. Hours arranged.

STARTING AT \$10.00 PER HOUR

KING REALTY

95 Montvale Ave.

Stoneham, MA 02180

617-438-7190

B16-22

TELESALES Rep. req'd to handle inbound calls. Exciting high energy environment. \$8 hr. + comm. & incentives. 4 & 6 hrs. shifts avail. If interested telephone Tom at 617-932-6245 ext. 202.

TELEMARKETER Great oppy. for new state of the art fitness ctr. Full or part time. Ask for Mark. 617-229-9999.

WANTED RECEPTIONIST Full Time for busy Exciting Doctors office. Skills are required. No exp. nec. This a career opportunity call 438-4278

YARD MAN In need of a person, to help me with yard work. Call 508-658-5626. 10/16S

WILDLIFE Conservation Jobs. Now hiring Game Wardens, Security, Maintenance, Park Rangers, etc. No experience necessary. For application and info call 407-338-6100 ext. MA-149C, 8 am - 9 pm, 7 days. 10/16S

Job Mart

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UP TO 140,000 READERS

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- * loaders and unloaders.
- * \$8/hour & receive great benefits
- * medical, dental, vision, prescription
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- * Monday - Friday...weekends off!
- 12:30 - 5:30 p.m., 6:00 - 11:00 p.m.
- 11 p.m. to 4 a.m., 3:30 to 8:30 a.m.
- * transportation available

APPLY IN PERSON at United Parcel Service
Monday through Wednesday 1:00 to 3:00 p.m.
90 BRICK KILN RD. CHELMSFORD, MA 01824

CALL FOR DETAILS (508) 441-3400

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SECURITY OFFICERS!

New growth creates over 10 job openings!

Up to \$320/week, full time

WILMINGTON - BEDFORD
DANVERS - BEVERLY

Choose from several dynamic, professional companies! Career opportunities on all shifts.

OPEN HOUSE

Monday, October 14
10:00am-2:00pm

80 Main Street, Reading

You can also apply at the above address, Monday through Thursday, 8:30am-6pm and Friday, 8:30am-4pm or call TOLLFREE (800) 577-7646.

Equal Opportunity Employer M/F



Olsten Staffing Services™

OLSTEN HAS IMMEDIATE OPENINGS

- ADMIN. ASSISTANTS (with Microsoft Office)
- CLERICAL/DATA ENTRY (Full time and part time afternoons)
- RECEPTIONISTS
- SOLDERERS
- PRODUCTION/DISTRIBUTION/ASSEMBLY

Come in or call today and you could be working tomorrow!

Olsten Staffing Services
20 Mall Road, Suite 251
Burlington, MA 01803
Phone: (617) 270-9490

Job Fair
Woburn Crowne Plaza
10 a.m.-7 p.m.
Tuesday, October 15



Senior Health Partnership™

COMPANIONS

We're looking for people who care. We offer flexible hours while you work close to home. Respite Care Companions provide supervision, motivation and directly assist with daily activities. We currently have needs for all shifts! (Weekdays, weekends, and sleeping overnight care). Sensitivity to elders and own transportation required. Training is provided.

Please contact
Donna Murray @
(617) 756-4756 or
Kevin Fitzgerald @
(617) 756-4751.
We are an equal
opportunity employer.



G14-18

GENERAL HELP

TEAMWORK

The Foundation Of Our Success

New England Rehabilitation Hospital, now part of the HEALTHSOUTH network and located in Woburn, has the following opportunity available:

Switchboard Operators

Full-Time, Part-Time & Per Diem

Duties include answering and directing calls on an NEAX 2400 system. To qualify, you need to possess telecommunication systems experience and exceptional communication skills. Ability to work evenings, weekends, and holiday rotations required.

We offer a competitive salary, a comprehensive benefits package for full-time employment, and all the opportunities a leader in healthcare has to offer. For immediate consideration, please call Ann Marie Soares at (617) 935-5050, Ext. 0, or send resume or letter of interest to Human Resources:

NEW ENGLAND REHABILITATION HOSPITAL

2 Rehabilitation Way
Woburn, MA 01801

An Equal Opportunity Employer.

G14-17

GENERAL HELP



As a respected leader in the healthcare field, Winchester Hospital is recognized for adhering to the highest standards in our health-care network.

WEEKEND VOLUNTEER COORDINATOR

Part-time, 9a-3p, every other Sat and Sun position available in our Volunteer Department. Must have experience working with teenagers, good organizational skills and ability to work independently. JOB CODE: JAD

TRANSCRIPTION CLERK

Full-time, Mon-Fri, 8am-4pm position. Must be able to coordinate multiple tasks, handle telephone requests, filing and other related clerical duties. JOB CODE: JAD

CUSTOMER SERVICE SECURITY OFFICER

Full-time, Mon-Fri, 6:30a-3p position. AS or BS Degree in Criminal Justice or 1 year security experience. Hospital experience a plus. Must have excellent customer service skills. JOB CODE: JAD

FLOAT POOL MEDICAL SECRETARIES

Temporary, on-call assignment. Must have knowledge of WP 6.1 and Lotus 1-2-3. Excellent customer service skills and medical terminology. JOB CODE: JAD

SUPPORT ASSOCIATES

Part-time, day/eve positions. Must have cleaning experience, excellent communication skills and basic math skills. JOB CODE: JAD

ADMINISTRATIVE ASSOCIATE

Part-time, days with weekend rotation position. Medical terminology along with excellent customer service, computer and telephone skills. JOB CODE: MJR

Please send resume to proper Job Code JAD at: Human Resources, Winchester Hospital, 41 Highland Avenue, Winchester, MA 01890; or Fax: (617) 756-2908. We are an Equal Opportunity Employer. G15-17

Accepting Applications Labor World

24-year-old Temporary Staffing company, new to the Woburn area, has long and short term assignments available:

Electro-Mechanical Assemblers	\$8.75/Hr.
Warehousing	\$8.00/Hr.
Electronic Assembly	\$7.25/Hr.
Electronic Soldering	\$7.15/Hr.
Material Handler	\$7.25/Hr.
Bindery	\$6.25/Hr.
Machine Operators	\$6.00/Hr.
Construction	\$6.00/Hr.
Light Industrial	\$6.00/Hr.
Janitorial	\$6.00/Hr.

No delay in pay. Day or weekly pay Positions in Woburn area.

Transportation provided. People with own cars get additional pay.

Positions are for Woburn area.
397 Main St., Woburn, MA 01801
617-939-0550

If interested please apply:

LABOR WORLD Office
Monday-Friday from 8:30 a.m. to 4:00 p.m.

G14-18

Open your eyes to the best in temporary services.

Open House
Volt Services Group
Thursday, October 17, 1996
4pm - 7pm

\$50.00 Sign-On Bonus!

Respected nationally, Volt Services Group is a temporary staffing services company. We have the assignments you want. Stop by our Open House. Share refreshments. Meet with representatives. See what Volt can do for you.

- Light Industrial
- Machine Operators
- Shipper/Receivers
- Hand Collators
- Picker/Packers
- Assemblers

VOLT SERVICES GROUP
400 W. Cummings Park
Woburn, MA 01801
(617) 938-6969

Never a Fee
Proof of U.S. Working Rights Required

*After working 80 hours. New applicants only.

G14-16

ELECTRONIC TECHNICIAN

We are a rapidly-growing Electro-Optical Manufacturing Company seeking to fill a key position. The successful candidate will have a minimum of three years experience with high voltage discharge circuits.

High voltage flashlamp (strobe) power supply and UL experience is a plus.

Xenon is a smoke-free environment.

Please fax or send your resume to:

Ken McKennan

XENON

CORPORATION

20 Commerce Way
Woburn, MA 01801
Fax Number (617) 938-8012

An Equal Opportunity Employer

G15-21

Production Workers

Volt Services Group, a national temporary service, has job openings for production workers. Come in and apply today, receive a \$50.00 bonus after working 80 hours.

Call today for an appointment!

VOLT SERVICES GROUP
400 W. Cummings Pl.,
Woburn, MA 01801
(617) 938-6969

EOE/Bring proof of right to work in the U.S./Never a fee

G14-13

DRIVERS WANTED

Acura International, Inc.

MEDICAL TRANSPORTATION
Full Time Shifts

Part-Time (6am-10am) (6am-12pm)
(12pm-6pm) (1pm-5pm)
Great working environment

942-2101

G15-21

Wakefield Public Schools

1.0 Systemwide Technology Support Specialist

Provide hardware and software support help to install workstations and LANs provides general maintenance performs minimum repairs Reports to Director of Information Technology Send Resumes by Friday, Nov. 1, 1996 to:

Dr. Herbert W. Levine
Deputy Superintendent of Schools
60 Farin Street
Wakefield, MA 01880

G15-17

FACILITIES MECHANIC

Busy Andover-based company seeks a self-motivated Facilities Mechanic to maintain the internal and external facility of historic mill building. Ideal candidates will have a minimum of 3 years experience (hotel background a plus); a general working knowledge of building systems, including electric, plumbing, and HVAC; be reliable and able to exercise good judgment; and flexible to the needs of the facility. The ability to work with light machinery (snow blower, hedge trimmer, etc.) required. Responsibilities include upkeep of building structure and related equipment; purchasing supplies; seasonal maintenance of grounds and exterior common areas; and various projects as they arise. Pleasant working environment; competitive health benefits.

Please send resume to the attention of the HR Department or call (508) 470-3870 ext. 168. DCI, 204 Andover St., Andover, MA 01810.

G14-18

Holiday Cash

Americom is seeking highly motivated individuals with exceptional customer service and sales skills for the holiday season. These individuals will work at one of the exciting Bell Atlantic/NYNEX Mobile locations throughout New England. Dress is proper business attire with a smile. If you fit the bill, we want to hear FROM YOU!!! This could lead to full time employment for the right individuals. Backgrounds considered are retail sales, customer service and public relations. Salary is \$8.00 hr. plus, depending on experience. Please contact Warren Hart @ (800) 543-6622

G15-17

FULL TIME HARDWARE STORE/WAREHOUSE

Forklift operation, stocking, receiving, customer service, paint mixture in retail operation.

Call Ken Spicer at 617-944-8500

FULL TIME OR PART TIME GATE GUARD

Call Jeff Lord at 617-944-8500

MOYNIHAN LUMBER

164 Chestnut Street, North Reading, MA

G11-17

DELI CLERKS

Must be 18 or older. All shifts available.

Call:

D'Agostino's Deli

11 Waterfield Rd.

Winchester

617-729-7984

G14-17

DRIVERS TRACTOR TRAILER

Experienced drivers (1+ yr. OTR exp.) A.T.P. Drivers (2-11 mo. OTR exp.) - all welcome! You'll get top pay, loaded or empty! Twice weekly payroll! All conventional! Top bonus! \$1000 sign-on bonus! National/ regional! O/O lease/purchase avail!

Call TRL 9a-1p Sun. or 9a-5p M-F 1-800-876-8754, ext. 744.

*Conditions apply

G14-18

STOCK CLERK

Individual needed to stock shelves and receive inventory. Moderate lifting and aptitude for figures. This is a full time position with full benefits.

Apply in person

E.G. BARKER LUMBER CO.

36 Prospect St., Woburn, MA

G14-18

PART TIME TECHNICIAN

Light assembly work and wiring for industrial automation company.

Contact Carrie Tozza: (508) 664-0355

Ext. 28

G14-18

WAREHOUSE PERSON/ CASHIER

3 a.m. - 9 a.m. \$10.00 per hour to start. Some heavy lifting.

Apply in person.

NO PHONE CALLS

Joseph's Industrial Catering

30 Torrice Drive
Woburn, MA 01801
(behind Imperial Jade Restaurant)

G15-21

There's a lot to like about Papa Razzi!

Starting with a great work environment. Friendly people. Great pay. And the freedom to do what you do best - provide our guests with a great experience, which is why we were voted as one of the "hot concepts" of the 90's by *Nations Restaurant News*.

- BARTENDERS
- WAIT STAFF
- COOKS: Sauté, Pizza, Grill, Pantry
- HOST/STESSES
- SOUS CHEFS
- MANAGEMENT
- FOOD RUNNERS

Apply in person at Papa Razzi:

BURLINGTON
Two Wall Street

PAPA RAZZI
TRATTORIA • BAR

G15-21

CROWN lift trucks

RECEPTIONIST

Crown Lift Trucks, a leader in the material handling equipment industry, is seeking a receptionist for our Woburn, MA facility. The responsibilities include handling phone calls, voice mail and typing/data entry.

Applicants should have excellent typing and telephone skills. Knowledge of Ami Pro and Lotus 1-2-3 a plus.

This position offers excellent wages, working conditions and benefits. Send resume to:

Crown Lift Trucks

2 Presidential Way, Woburn, MA 01888

Attn: Don Herman

G15-21

Get in with On The Border and let the fun begin! Opening Soon in WOBURN

Life is better on the border and so are our opportunities. We have lots to offer: great pay even while you train, top benefits including a tuition assistance program, vacation pay, insurance, training, and flexible full & part time scheduling.

NOW HIRING ALL POSITIONS
SERVERS - earn up to \$15 per hour (paid salary & tip)

HURRY IN TRAINING
STARTS SOON!

APPLY IN PERSON
Mon-Fri 9am-4pm & Sat 9am-3pm
19 Commerce Way in Woburn



G11-17

Job Mart

10 CITIES AND TOWNS EVERY WEEK

Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham

UP TO 140,000 READERS

GENERAL HELP



The future is here...Come Grow with us!

HOME HEALTH AIDES/ NURSING STUDENTS

- Medical & Dental Insurance!
- Paid Vacation!
- \$100.00 sign-on bonus!

Part-time benefited and per diem positions including day, evening and weekend time. Mileage and weekend differential offered. Competitive pay rates. Training is available. For info, call 756-4700.

We also have 8 and 12 hour shifts available in an ASSISTED LIVING FACILITY. In this type of housing, residents receive assistance care in the comfort of their own beautifully decorated rooms.

Please call or send/fax resume to: Shannon Chan, Winchester Home Care, 7 McKay Avenue, 2nd Floor, Winchester, MA 01890; Phone: (617)756-2497; Fax: (617)756-2489. We are an Equal Opportunity Employer.

HOME HEALTH AIDE TRAINING PROGRAM

Train to work in the fast growing industry of Home Care. Learn to tend to patients' personal care needs in their own homes. Have your own needs tended to through a nurturing environment that supports learning and opportunity. Day and evening classes available. Next class is scheduled for Nov. 4 - Nov. 27, Mon. - Fri., 5:15 - 9:30. \$135.00 course fee will be refunded to those who successfully complete the program and are hired and complete 3 months of employment with Winchester Home Care.

For more information or to register, please call the Community Health Institute at (617)756-4700.

DATA ENTRY

Come join our growing team as a full time, benefited Data Entry Operator. Our ideal candidate will have 1-3 years experience in data entry. Medical terminology a plus. Home Care experience strongly preferred.

Please call or send/fax resume to: Shannon Chan, Winchester Home Care, 7 McKay Avenue, 2nd Floor, Winchester, MA 01890; Phone: (617)756-2497; Fax: (617)756-2489. We are an Equal Opportunity Employer.

GENERAL HELP



The premier seafood processing company located in Gloucester, MA will be recruiting applicants for its Premium Products manufacturing operation. Successful candidates will be involved with the actual processing, packaging, and assurance of quality seafood items.

PRODUCTION WORKERS

Qualified candidates must be High School graduates (or equivalent) and available for shift work, including overtime. Preference will be given to candidates with a stable work history, previous manufacturing/production experience and the ability to work in a team environment. Initial wage rate for these full-time positions will be \$8.00 per hour.

Gorton's also offers a competitive benefits package, including Tufts Premium medical, pension plan, 401K, 11 paid holidays and paid vacation.

If you are interested in pursuing an employment opportunity with Gorton's, please stop by at the time and location below to complete an application and speak directly with company representatives.

Monday, October 21, 1996

1 PM - 7 PM

King's Grant Inn

Rt. 128, Danvers, MA

Can't make our Open Interviews at the King's Grant? Stop by our Human Resources Office at 127 Rogers St., Gloucester, after Oct. 21.

Equal Opportunity Employer

GENERAL HELP

CASHIERS USHERS CONCESSION ATTENDANTS (Weekend and Closing Shifts)

Part time positions available at Showcase Cinemas in Woburn. You can work in the exciting world of the movies. Take advantage of our flexible schedules, competitive starting wages and movie passes for you and your immediate family.

Apply in person
daily, noon-9 p.m.

SHOWCASE CINEMAS

25 Middlesex Canal
Park Road
Woburn

G15-21

BUSINESS

Automotive Office Accountant

New Car Dealership seeks experienced office help. Schedule Reconciliation, Accounts Receivable and Accounts Payable. Blue Cross HMO Blue.

If you meet the qualifications above and have a "do-what-it-takes" attitude and commitment, please contact Philip Leonard, Cambridge Motorcar Company, Inc., 275 Fresh Pond Parkway, Cambridge, MA 02138, (617) 246-1919 to schedule an interview.



Computer Operator

Responsible person needed for part time evening position in alarm company's Central Station. The successful applicants must be familiar with Microsoft Word* and Excel* Must exhibit superior skills in oral and written communications and attention to detail. Applicants selected will be subject to a security investigation and must meet eligibility requirements for access to classified information. Great working environment in a growing company, training provided.

Please call Ron Dills or Pat Moriarty weekdays.

American Alarm

617-641-2000

B15-17

BUSINESS

Assistant Teacher

Winchester Early Intervention Program

Deaconess-Waltham Hospital

We currently have a flexible 20 hour position available. Responsibilities include assisting staff with infants, toddlers and their families plus set up and clean up of classroom. Experience with young children, preferably with special needs required.

Please send resume to:
Maryann O'Brien, Program Director,

Early Intervention

15A High Street

Winchester, MA 01890

B14-16

MEDICAL OFFICE RECEPTIONIST

Atlantic Health Group is seeking a poised and experienced receptionist to provide 30 hours coverage per week at its busy Stoneham facility. Successful candidates will possess a minimum of 3 years hands-on experience with computerized patient scheduling and recordkeeping and will demonstrate the skills necessary to handle in-person inquiries, telephone calls and related clerical activities effectively while managing patient flow.

Qualified individuals are invited to fax or mail their resumes to: Mary Huse, R.N.

Atlantic Health Group

61 Main St., Stoneham, MA 02180

Fax: 617-438-9603

B11-17

GENERAL HELP

WAITSTAFF

Insurance, vacation pay, employee meals, corporate discounts, flexible scheduling are all available. \$10/\$20 with hourly wage and tips.

We will work around your schedule. Centrally located near Burlington Mall.



Apply in person to:

DANDELION

GREEN

RESTAURANT

90 Mall Road

Burlington

G16-22

FULL-TIME BANK TELLER

Seeking an individual to work full-time in a pleasant banking atmosphere. Requirements include: Ability to work up to a 40-hour work week with some Saturday hours required. Teller experience preferred, but will train. Excellent benefits package available.

Please send resume to

Asst. Vice President / Human Resources

P.O. Box #330, Reading, MA 01867

for consideration

B15-21

Receptionist

A nationally recognized management consulting firm has an opening for a full-time receptionist (9:00 a.m.-6:00 p.m.). Responsibilities include managing a seven-line telephone switchboard, greeting visitors and clients, light clerical support and providing back-up to the Office Assistant. We seek a professional individual with one to two years' related experience, and excellent interpersonal communication and organizational skills. We offer a competitive compensation and benefits package.

Please fax or mail your resume to Ms. Kate Penn

ECC Management Consultants, Inc.

401 Edgewater Place, Suite 640

Wakefield, Massachusetts 01880-6210

Fax: (617) 246-2016 EOE

B11-17

Assemblers Needed Immediately

All shifts available! Mechanical, electronic and entry level assemblers, solderers, wire and machine operators for temporary assignments at local companies. Great pay and benefits. \$50.00 SIGN UP BONUS after working 80 hours (new applicants only).

Call today for an appointment!

VOLT SERVICES GROUP

400 W. Cummings Pl.,

Woburn, MA 01801

(617) 938-6969

EOE/Bring proof of right to work

in the U.S./Never a fee



B14-16

ASSISTANT MANAGER

The brand new Boston Tile of Middleton seeks a positive, energetic individual who can lead and motivate. Some knowledge of the tile industry required, warehouse skills a plus. Salary, commission, and benefits.

Send resume to:

BOSTON TILE CO.

25 McNeil Way

Dedham, MA 02026

Attn: Allison

B14-16

PART-TIME EXECUTIVE DIRECTOR

For Reading Chamber of Commerce. Must have a knowledge of the Town of Reading, organizational skills, Knowledge of computers and able to work with people. Requires 7-10 hours per week.

Call 617-944-8824 or

fax resume 617-944-2612

B14-16

Tired of just a job? Want a career?

Service Associate

Northern New England's largest pest control firm is looking for a responsible person who wants to learn a trade and who wants a career. Experience is not necessary. We're willing to train. Our employees will give you on-the-job training. We offer health care coverage, paid holidays, vacations, and even a 401K retirement plan. We also provide uniforms, company vehicles and the opportunity to work independently. We're Modern Pest Control, and we're growing.

So, if you're dependable, reliable, willing to learn and looking for a career

Call 617-938-7378 for an appointment.

128-B New Boston St.
Woburn, MA
01801



G16-23

MAINTENANCE PERSON

Full Time/Line-in. Must have own tools.

CLEANER

Full Time

Call:

WESTGATE OFFICE/MODEL

6 Westgate Drive

Apartment T-4 (Rental Office)

Woburn

617-933-1247

G14-18

SCHOOL HOURS

Monday through Friday from 10 a.m.-1 p.m. make a difference in the life of an older person. Deliver meals to homebound older people. You should have map reading skills, flexibility in covering a variety of routes, and a sense of direction. Private transportation is necessary, mileage reimbursed. Starting rate of \$6.25/hour.

For further information, call

Kathie Wiseman at

Mystic Valley Elder Services

(617) 324-7705 • TDD (617) 321-8880

An Alternative Action/Equal Opportunity Employer

G15-17

MAINTENANCE CLEANING

FULL TIME DAYS

Cleaner: To assist in parking lot and grounds cleanup and maintenance throughout the year. Valid driver's license necessary. Good starting wage. Full company paid benefits package. Apply in person:

BURLINGTON MALL MANAGEMENT OFFICE

Lower Level - Food Court Wing

Monday-Friday 10:00 a.m. - 4:00 p.m.

An equal opportunity employer

G16-18

GENERAL HELP

QUALITY INSPECTOR

Mechanical Q.C. Inspector needed for progressive job shop. Must have knowledge of all hand tools, i.e. MICs, verniers. Experience with comparators, profilometers, CMM, and a machining background a plus. We offer competitive wages and a quality benefit package including full paid medical. C.R. Machine is a clean, 1st class facility with state-of-the-art equipment.

CALL TO SET UP AN INTERVIEW:

C. R. MACHINE

13 Alexander Road, Billerica, MA

(508) 663-3989 EXT. 10

G11-16

CUSTOMER SERVICE

J.N. Phillips Glass Co., has an opening at its Wakefield distribution center for full time Customer Service help. Qualified applicants will have a strong telephone personality, be computer literate, and have good organizational skills.

If you enjoy working in a fast paced, challenging atmosphere, drop by our office to fill out an application or mail/fax your resume to 617-245-7147.

JN Phillips Glass Co.

346 North Avenue, Wakefield

G15-21

DRIVERS

We are a new, rapidly growing provider of senior day health care, intent on improving the lives of seniors. If you are a responsible, compassionate, energetic, self-motivated individual with great communication skills and an interest in achieving our team's mission, you may find a new career with Deerfield.

For more information call

617-224-2800



Senior Services at Wakefield

607 North Avenue

Wakefield, MA 01880

B15-17

Experienced Carpenters & Laborers

Tools and truck a must. Good starting pay with ability to grow.

Please call

(617)

938-9099

G16-22

Beauty Supplies Retail Sales

Full time sales associates needed for Wakefield, and Burlington management position for the right person. Benefits and incentive programs offered. Experience in hair care industry or cosmetic field a plus.

For interview call

Rhonda or Arthur at:

508-744-7017

G16-22

CASHIERS

Cashiers needed for nights and weekends. We offer competitive wages, an employee discount and a great working environment.

Please see the

manager at:

Spartan Paint & Supply

444 Main Street

Stoneham

or call 617-438-5555

G16-23

RETAIL

DEPT. MANAGER

One of America's fast growing gift & service companies has immediate opening for a Dept. Mgr. at our BURLINGTON MALL location.

If you believe in great customer service and are looking to grow with a company that offers great discounts and benefits, call Jacques at 800-874-2653, ext. 9807, to leave a message. EOE

G16-19

Assistant Manager/Cashier

Full and Part Time

Join our small, but ever growing network of convenient stores and gas locations focusing on customer service. Competitive salary, vacation, health insurance, 401K. If you enjoy working with people call Jim Hacker.

1-800-221-1927

PUMP 'N PANTKY

G16-21

IMMEDIATE OPENINGS

Full and part time housekeeping positions available for dependable individuals. Great pay and benefits.

Interested applicants please contact Phil Lyett,

Housekeeping Supervisor

Dear Hill Nursing Center

11 North Street

Stoneham, MA 02180

617-438-9516

EOE/DFW

G16-22

PLUMBING & HEATING

Must be licensed. Great pay for good work.

(617)

935-1562

G16-22

CUSTOMER SERVICE/ BILLING CLERK

Small, well-established and growing company in Malden needs full time person with good customer service and clerical skills. Some computer experience preferred. Benefits package.

Respond to:

ACE CORP.

P.O. Box 4245

Peabody, MA 01961-4245

or Fax resume to: 617-322-4863

B14-16

TRUCK DRIVER

Wanted: A responsible person w/good driving record for local deliveries in the NE area. Will be driving a 24' straight job & van. \$11.02 to start w/60 day review - fully pd. hgh. insurance - holidays, vacation & some overtime possible.

Call Mike @

935-5200, ext. 201

G16-14

ORDER ASSEMBLING

Job Mart

• 10 CITIES AND TOWNS EVERY WEEK •
Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham
UP TO 140,000 READERS

MEDICAL

MEDICAL

MEDICAL

MEDICAL

You Comparison Shop for Most Things. Why Not Comparison Shop for a Job?



RNs & CNAs

Take something as simple as coffee. Chances are, you compare prices and brands and flavors and aromas before you make a purchase.

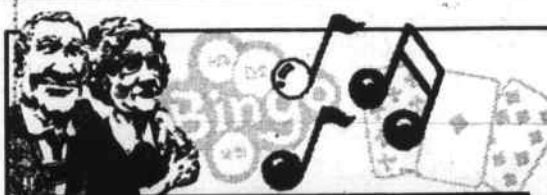
With something as important as a job, the same rule applies. At **Salter Healthcare Services** we believe that great nursing and caregiving deserve recognition. That's why we offer benefits at 32 hours:

- health care, dental, life insurance
- quarterly bonus package
- 6 sick days with buy-back
- in-house CEU programs
- free parking
- 401(k) plan
- 2 week paid vacation
- paid lunch breaks
- free meals
- and more!

Shop around and you'll find that **Salter Healthcare Services** offer the best value for skilled nursing professionals looking for a quality opportunity and compensation for longevity in long term care.

We also have Per Diem positions available.

To help you compare notes, please accept our invitation to have a cup of coffee with us.
Call **Florence Metcalfe, RN**, at 617-729-9370.
An equal opportunity employer
A Salter Healthcare Facility



ACTIVITY ASSISTANT

We are looking for an enthusiastic flexible person with the ability to communicate well with our geriatric residents, their families and our staff. Previous experience in this field a plus but we will train the right person.

Please call for appointment: **Florence Metcalfe, RN/Human Resources**
(617) 729-9370
223 Swanton St., Winchester, MA 01890
Fax: (617) 729-3817 EOE

Winchester Nursing Center

BUSINESS

SECRETARY

Metcalfe & Eddy is a leading professional services and environmental consulting firm with offices throughout the nation and the world. This opening currently exists at our Wakefield, MA, office.

We seek a reliable individual with an AS in Secretarial Science (or equivalent work experience) and 4+ years of secretarial work experience. Skills should include WordPerfect 6.1, Lotus 123/Excel, dBase IV, and AMS Scheduling. This position requires strong communication skills, attention to detail, ability to function effectively as a team member, and ability to work within strict deadlines. Overtime of approximately 5 hours per month may occasionally be required.

Metcalfe & Eddy offers a competitive salary and a comprehensive benefits package. For consideration, please forward your resume and salary history to: **DEPT. LP, Metcalfe & Eddy**, 30 Harvard Mill Square, Wakefield, MA 01880. No telephone calls, please.

An Equal Opportunity Employer M/F/D/V
M&E Metcalfe & Eddy

B14-16



Career Opportunities

CERTIFIED HOME HEALTH AIDES (CHHA)
PERSONAL CARE AIDES (PCA/PCNA)
CERTIFIED NURSING ASSISTANTS (CNA)

Elite Health Care is recruiting qualified individuals with a strong commitment to quality patient care at home. Must be caring, dependable, flexible. Car/Travel required.

- \$400 Sign-on Bonus (Certified Applicants)
- 75 Hour CHHA Training (Approved Applicants)
- 20 Hour CHHA Conversion Training (Approved CNAs)

Training Application Deadline October 25

Full/Part Time • Evenings/Weekends
Travel Pay • Specialized Training

Serving Gloucester, Newburyport, Haverhill, No. Andover, Danvers, Reading, Lynn, Woburn, Lowell, Cambridge and surrounding areas.

Join our professional health care team today!
Call (617) 933-0778 or (508) 774-8866 for information. EOE/AA

Deerfield Senior Services is a new, quality provider of senior day services. At present we have openings for a

PROGRAM ASSISTANT

Compassionate, energetic, creative and responsible individual needed to assist in daily program activities with our elderly members. Part time position with potential for full time. Weekend and evening hours available. Please call:



DEERFIELD

Senior Services at Wakefield
(617) 224-2800
for more information
Equal opportunity employer

MEDICAL

DENTAL OFFICE

Busy office looking for part Dental Assistant and part time Front Desk Person. Evenings and some Saturdays a must. Computer and dental office experience necessary. Call:

617-944-0072

M11-17

Executive Secretary

SEEM Collaborative, an educational collaborative serving seven local school districts, seeks an Executive Secretary. Must have excellent organizational, interpersonal skills, an associates degree and/or progressive secretarial experience, computer literate (WordPerfect, Lotus, MSWorks etc.). Full-time position (8:00 a.m. - 4:00 p.m.) with complete benefits package of health insurance and state retirement.

Please submit letter and resume to:
SEEM Collaborative
Personnel Department
525 Salem St., Lynnfield, MA 01940

B15-17

PART TIME

Challenging entry level position in fast-paced, growing company for a detail-oriented person with experience in data entry. Computer experience a plus. Starting salary is \$7.50.

Fax resume to
Dolores or Lisa:
617-246-2078

B3-16

OFFICE ASSISTANT

Needed in small medical sales company. Customer service skills helpful but not necessary.

Call:
(617)
935-0004

B14-18

DENTAL HYGIENIST

Hygienist needed
Wednesday nights 4:30 to 7:30 and 2 to 3 Saturdays per month. Competitive pay. Call:

(617)
944-0072

M11-17

LAHEY HITCHCOCK CLINIC

Opportunities in Our Nursing Department

• RN's

To work in Emergency Room. Will circulate to all areas of Emergency Department including fast-track and trauma. Orientation program to begin Nov. 18. We are looking for **Emergency Room Nurses** with at least 1 year experience in Emergency Department, preferably with trauma. Full and part-time all shifts, including weekends. Please call (617) 273-8126 for more information.

• Surgical Technologists

Provide safe and efficient care during surgical procedures under supervision of RN. Must have AMA approved certification or be graduate of O.R. Tech program. Full or part-time all shifts, including weekends. Please call (617) 273-8126 for more information.

• Nursing Assistants

Work under the direction of a Nurse Manager on all units, including Emergency Department. Must have acute care experience. EMT experience helpful in Emergency Department. Full and part-time, all shifts, including weekends.

Patient Service Techs

Part-time, 20 hour, benefits eligible positions available, includes weekends. Work under the direction of an RN on patient units. Maintain clean environment and interact with patients. Qualifications include some cleaning experience and the ability to read, write and speak English.

Please mail/fax your resume or come in to fill out an application, Human Resources, Lahey Hitchcock Clinic, 31 Mall Road, Burlington, MA 01805; FAX: (617) 273-8920. An Equal Opportunity Employer.

LAHEY HITCHCOCK CLINIC

M14-13

NURSING ASSISTANTS Training Provided

We currently have full time openings 7 a.m.-3 p.m. And Per Diem shifts available. We will provide training and send you to a certified nursing program at no cost to you. apply now!

Tuell Nursing Home

92 Franklin Street, Melrose, MA
or call **Connie Moran, R.N.** for appointment:
617-665-0764

M14-18

VISITING NURSES

We Have A Better Way For You To Spend Your Day...

At Community Health Network you can break away from routine nursing. Work when and where you want as a per diem in our network of over 40 Visiting Nurse Agencies.

Earn \$27/visit weekdays, \$28/visit weekends/holidays and \$45/admission.

If you are an experienced visiting nurse with a current MA RN license, use your expertise to boost your budget. Join the best nursing network by calling:
(617) 547-3239.

Community Health Network, Inc.
P.O. Box 381658
5 JFK Street, Suite 205
Cambridge, MA 02238

M14-18

MEDICAL ASSISTANT

We are seeking a qualified candidate to work as a medical assistant/secretary in a busy family practice in Melrose. The successful individual must be available for a flexible schedule which will include Mondays and Thursdays, Noon-5 p.m. and Tuesday, 8:30 a.m. - 5 p.m.

For more information or to apply, please call **Laura** at (617) 879-4040

M15-17

CNA

8 to 1, 7 to 3, 3 to 10 shifts available on weekends. We are a small private 22 bed home.

PLEASE CALL

(617)

438-1116

M16-22

DENTAL HYGIENIST

Tuesday afternoon and evening. Pleasant family practice.

Call:
(617)
935-1829

M16-22

To Place Your Job Mart Ad Here and Get the Help You Need...

Call
933-3700
Daily Times
Chronicle

OFFICE HELP

NO EXPERIENCE NECESSARY

Kirby of Woburn is hiring for full time and part time positions. Scheduling appointments, filing, and telephone work. \$6 per hour plus weekly bonuses to start. Hours: 9 a.m.-1 p.m. or 4:30-8:30 p.m., Monday thru Friday. Weekend hours also available.

For immediate interview call Mr. Howard from 9 a.m.-5 p.m. at:

617-932-8666

B10-16

AMERICAN HOME CARE



Open House

Wednesday, October 16, 1-6 p.m.
American Home Care
One Corporation Way
Peabody, MA

You're invited ... to grow with us!

We're opening our doors to dedicated caregivers like you, for an exciting, informative afternoon with the staff of American Home Care. Join us for refreshments, and find out why we're the best place to be for career opportunities in your area. Full-time, part-time, and per-diem positions are now available.

Supplemental Staffing / Private Duty

- Registered Nurses
- Licensed Practical Nurses
- Certified Home Health Aides
- Certified Nursing Assistants
- Homemakers/Companions
- Live-ins (overnight cases available)

Need help with directions or more information, call 1-800-246-2449.

If you can't attend, please FAX/MAIL your resume to American Home Care, One Corporation Way, Peabody, MA 01960; FAX 1-888-531-4813 EOE

M14-16

NURSING ASSISTANT COURSE

Begins Monday, October 21, 1996

New England Rehabilitation Hospital, now part of the **HEALTHSOUTH** network and located in Woburn, is seeking individuals who want to become Nursing Assistants. We are offering a 4-week training program, approved by the Massachusetts Department of Public Health, for certification.

Interviews will be held in the New England Room at New England Rehabilitation Hospital on Tuesday, October 15, 1996, from Noon-2pm and Wednesday, October 16, 1996, from 11am-1pm. No appointment is necessary.

For more information, please call **Carolyn Flaherty** at (617) 935-5050, Ext. 2313.

NEW ENGLAND REHABILITATION HOSPITAL
2 Rehabilitation Way
Woburn, MA 01801

An Equal Opportunity Employer.

M11-17

RN's

Challenging full time day position available for experienced long term care professional to act as unit coordinator on our 41-bed sub-acute rehab unit. Must have proven track record.

PT POSITION

Available on our 11 p.m.-7 a.m. shift for experienced long term care nursing supervisor. Both positions offer excellent pay and benefits.

Interested applicants please contact
Peg Archidiacono, RN, DNS
Bear Hill Nursing Center
11 North Street
Stoneham, MA 02180
617-438-8515

M16-22

BUSINESS

COMMERCIAL CREDIT SPECIALIST

GRAINGER, the recognized leader in the distribution of industrial equipment and supplies, is looking

for a person with previous commercial credit experience for our Woburn credit office.

The ability to maintain a courteous, helpful demeanor while persuading customers to pay delinquent accounts is essential. The ideal candidate will have strong telephone and communication skills, previous customer service experience and the ability to maintain a friendly, courteous manner during the collection process.

If you want to join a winning team, send your resume to: **GRAINGER**, Attn: A.C.N., 75 Maxim Rd., Hartford, CT 06114. NO PHONE CALLS PLEASE. We offer an excellent starting salary and benefits. Grainger supports diversity in the work-force and promotes a drug-free work environment. EOE

GRAINGER

B14-16

TAD Staffing Services, an international temporary employment service, is adding a key position in its Burlington office.

STAFFING SUPERVISOR

TAD's Staffing Supervisors are responsible for recruiting, interviewing, assessing and placing temporary applicants with our clients. Must have the ability to juggle multiple tasks and have a strong customer service background. Qualified candidate will have a minimum of 2 years post college business experience. Competitive salary/benefits.

Mail or fax resume and cover letter with salary requirements to **H. Morris-Kyer**, TAD Staffing Services, 5 Burlington Wood Drive, Burlington, MA 01803

TAD STAFFING SERVICES

Phone: (617) 272-8222
Fax: (617) 272-5124

B16-22

Job Mart

10 CITIES AND TOWNS EVERY WEEK

Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham

UP TO 140,000 READERS

GENERAL HELP

ASSISTANT MANAGER

- Excellent benefits
- Must have pressing & drycleaning experience

Call Ed Butler

Days:

508-475-1564

Evenings:

508-475-1253

G4-18

Job Assistance Center for Older Workers

Part time job opportunities, job clubs, resume writing and computer training. 55 or over. Employers encouraged to list opportunities.

Call:

617-246-5307

G1-12

Woburn Day Care & Learning Center

WANTED

OFC Certified

Infant, Toddler & Preschool Teachers

Excellent wages and benefits.

Call:

937-9933

G11-17

GAY'S FLOWER SHOP

Has the following positions available:

- Flower Designer
- Floral Assistant
- Telephone Sales (Typing/Computer skills helpful)

• Part Time Delivery People

Please call:

617-438-0217

Ask for Jim or Merryl

G10-16

SHIPPER

Part time, 2 p.m.-6 p.m. daily. No experience necessary.

Apply in person at:

CYBERMATION

112 Cummings Park

Woburn, MA

617-938-5555

G14-18

CUSTOMER SERVICE

24 Openings

Waltham

Busy cellular phone service co. wants you. Paid training. PC skills & type 30 wpm. 11 a.m. to 7:30 p.m.

REMEDY

Intelligent Staffing

617-270-4444

Fax: 617-270-4445

G14-16

A/R MACHINIST

Minimum 3-5 years experience. Must make own set-ups. CNC lathe and milling experience helpful. Excellent future.

EASTERN

MICROWAVE CORP.

10 Lowell Ave.

Winchester, MA 01890

617-721-9888

G14-25

RELIEF DRIVERS

EMI, serving developmentally disabled adults in the Reading area, has IMMEDIATE OPENINGS for Relief Drivers to transport consumers in our vans. Morning and afternoon hours available. \$7.50 per hour.

For interview call Brad or Michael at:

944-5655

G14-18

CABINET MAKER

Needed in Woburn based laminate cabinet shop - yr. round employment/located @ 128-93 interchange - \$11.30 to start w/60 day review - fully pd. hth. insurance - holidays, vacation and some overtime possible.

Call Paul @

935-5200, ext. 203

G16-18

GENERAL HELP

GENERAL HELP

GENERAL HELP

GENERAL HELP

BURLINGTON MALL® Is Hiring

Looking for an exciting career in retail management or a position to supplement your income? Look no longer ... there are over 700 positions available at BURLINGTON MALL® and are conveniently listed below. Be sure to go directly to the store for more information regarding the position.

MANAGEMENT POSITIONS

Aldo Shoes
Alpen Pantry
Ann Taylor
Au Bon Pain
A&W Hot Dogs & More
Britches Great Outdoor
Building Blocks
Cache'
Champs Sports
Charter Club
Command Performance
Styling Salon
Country Road Australia
Dap
Dyer Leather 'n Boot
Express
Expressly Portraits
Filenes
Footlocker
Gap Kids
Gymboree
Johnny Rockets Restaurant

Kay Jewelers
Lady Footlocker
Lane Bryant
Lids
Macy's
Mimi Maternity
Nationalities, pushcart
Naturalizer
The Nature Company
Olympia Sports
Overland Trading Co.
Pacific Sunwear
Petite Sophisticate
Pizzeria Regina at
The Food Court
Radio Shack
San Francisco Music Box
Sarku Japan
Sunglass Hut
Weatherlane
Wentworth Gallery
Williams-Sonoma

FULL TIME SALES ASSOCIATES

Aldo Shoes
Alpen Pantry
Ann Taylor
August Max Woman
Au Bon Pain
Britches Great Outdoor
Building Blocks
Cache'
Cambridge Soundworks
Champs Sports
Charter Club
The Coach Store
Cobbie Shop
Command Performance
Styling Salon - hairstylist
Country Road Australia
Dap
Deck The Walls
Dyer Leather 'n Boot
Eddie Bauer
Filenes
Florsheim-Thayer McNeil

Footlocker
Godiva Chocolatier
Insight Optical
Jil Jordan, pushcart
Johnny Rockets Restaurant
Kay Jewelers
Lids
Lord & Taylor
Macy's
Mimi Maternity
Naturalizer
Overland Trading Co.
Radio Shack
The Remington Store
Ritz Camera One Hour Photo
San Francisco Music Box
Sarku Japan
Sears Roebuck & Co.
Sunglass Hut
This End Up Furniture
Uno's Chicago Bar & Grill
Wentworth Gallery

STOCK HELP

Aldo Shoes
Alpen Pantry
Ann Taylor
August Max Woman
Britches Great Outdoors
Casual Corner
Dap
The Disney Store
Eddie Bauer
Express
Filenes
The Franklin Mint
The Game Keeper
Gap Kids
Godiva Chocolatier
Gymboree

Kay-Bee Toys Store
Lane Bryant
Lord & Taylor
Macy's
The Museum Company
Naturalizer
The Nature Company
Petite Sophisticate
Radio Shack
Sears Roebuck & Co.
Things Remembered
Uno's Chicago Bar & Grill
Victoria's Secret
Wentworth Gallery
Wicks N Sticks
Williams-Sonoma

SEASONAL HELP

Alpen Pantry
Amy's Hallmark
Ann Taylor
August Max Woman
Au Bon Pain
A&W Hot Dogs & More
Britches Great Outdoors
Building Blocks
Cache'
Casual Corner
Champs Sports
Charter Club
The Coach Store
Dap
Deck The Walls
The Disney Store
Dyer Leather 'n Boot
Eddie Bauer
Express
Expressly Portraits
Filenes
The Franklin Mint
The Game Keeper
Gap Kids
Godiva Chocolatier
The Goldsmith
Gymboree
Haagen-Dazs
I Natural Cosmetics
Kay-Bee Toys Store
Kay Jewelers

Lane Bryant
Lauriat's Books
Lids
Long's Jewelers
Lord & Taylor
Macy's
The Museum Company
Nationalities, pushcart
The Nature Company
Pacific Sunwear
Petite Sophisticate
Pizzeria Regina in
The Food Court
The Pretzel Twister
Prints Plus
Radio Shack
The Remington Store
The Right Start
Ritz Camera One Hour Photo
San Francisco Music Box
Sears Roebuck & Co.
Suncoast Motion Picture
Company
Talbot's Petites
Things Remembered
Uno's Chicago Bar & Grill
Victoria's Secret
The Wall
Weatherlane
Wicks N Sticks
Williams-Sonoma

PART-TIME SALES ASSOCIATES

Aldo Shoes
Alpen Pantry
Amy's Hallmark
Ann Taylor
August Max Woman
Au Bon Pain
A&W Hot Dogs & More
Britches Great Outdoors
Brookstone
Building Blocks
Cache'
Cambridge Soundworks
Casual Corner
Champs Sports
Charter Club
The Coach Store
Command Performance
Styling Salon - stylist
Country Road Australia
Dap
Deck The Walls
The Disney Store
Dyer Leather 'n Boot
Eddie Bauer
Express
Expressly Portraits
Fanny FarmerFilenes
Florsheim-Thayer McNeil
Footlocker
The Franklin Mint
The Game Keeper
Gap Kids
Godiva Chocolatier
Haagen-Dazs
I Natural Cosmetics

Jill Jordan, pushcart
Johnny Rockets Restaurant
Kay Jewelers
Lady Footlocker
Lane Bryant
Lids
Lord & Taylor
Macy's
Mimi Maternity
The Museum Company
Nationalities, pushcart
Naturalizer
The Nature Company
Olympia Sports
Overland Trading Co.
Pacific Sunwear
Petite Sophisticate
Prints Plus
Radio Shack
Red Sox Clubhouse
The Remington Store
The Right Start
San Francisco Music Box
Sarku Japan
Sears Roebuck & Co.
Suncoast Motion Picture
Company
Sunglass Hut
Talbot's Petites
Things Remembered
This End Up Furniture
Uno's Chicago Bar & Grill
Victoria's Secret
Wentworth Gallery
Williams-Sonoma

BURLINGTON MALL®

Filene's, Macy's, Lord & Taylor, Sears, The Food Court plus over 170 specialty stores and restaurants.

Open daily 10 a.m. to 10 p.m., Sunday 11 a.m. to 6 pm. Follow exit 32B off Route 128 in Burlington.

Burlington Mall is an equal opportunity employer.

CABINET MAKER

Needed in Woburn based laminate cabinet shop - yr. round employment/located @ 128-93 interchange - \$11.30 to start w/60 day review - fully pd. hth. insurance - holidays, vacation and some overtime possible.

Call Paul @

935-5200, ext. 203

G16-18

BODY SHOP HELPER

Driver's license and good driving record required.

Call:

(617)

944-8277

G14-18

DELIVERY DRIVER

Full or Part Time Driver for local deliveries. Must have clean driving record.

Apply in person:

READING

AUTO SUPPLY

31 Harden St., Reading

G15-21

Cashier

Saturday and one evening Start Immediately

Call Frank or Gary

944-1348

G16-18

CARPENTRY HELPERS/LABORERS

We are seeking independent contractors for occasional short term jobs. Top rate for experienced help.

CALL NOW

617-938-9352

G16-18

Landscaper

Experience Preferred Full Time Immediate Opening

Call:

(617)

279-2090

G16-18

Counter Help

Part Time 3:00 pm-8:00 pm

IMMEDIATE OPENING

Call Ed Butler

House of Clean

77 Main St., Andover

508-475-1564

CAB DRIVERS WANTED

Full & Part Time Great pay. No experience necessary.

Apply at:

Woburn Cab Co.

605 Main Street

Woburn

617-933-8474

G11-24

GROUP LEADER

Active, creative person needed for After School Program. M-F afternoons, 20 hrs. per week.

Wakefield YMCA

617-245-9622

Ask for Anne

G16-18